

## sandwiches

### fall specials

**roasted sweet potato** 11.5 (veg)  
great hill blue cheese, walnut pesto, green apple, mustard greens, multigrain toast

**smoked turkey** 10.5 (w/o nuts)  
cherry + cranberry chutney, sage mayo, aged cheddar, mixed greens, multigrain)

**homemade hummus** 10 (v, w/o nuts)  
pickled daikon, cucumber, vegan sriracha aioli, cilantro, focaccia

**grilled cauliflower melt** 11.5 (veg, w/o nuts)  
oaxaca cheese, smoked poblano relish, pumpkin seed butter

**roast chicken** 10.5 (df, w/o nuts)  
mashed avocado, jicama, focaccia

**chicken + broccoli rabe panini** 11 (w/o nuts)  
herbed brie, roasted red peppers

**roast beef\*** 11.5 (w/o nuts)  
horseradish mayo, crispy onions, tomato, ciabatta

**north country applewood-smoked bacon** 10.5 (w/o nuts)  
arugula, balsamic vinaigrette, sundried tomato aioli, tomato, mayo, focaccia toast

**avocado toast\*** 10.5 (veg, w/o nuts)  
poached egg, pickled fresno chili, cotija cheese, salsa verde, cilantro, multigrain toast

**breakfast egg sandwich** 8.5 (w/o nuts)  
ham/bacon, cheddar, arugula, tomato, dijonaise

**kid's sandwiches**  
pb+j or grilled cheese 6  
egg sandwich 7

## salads

### fall specials

**heirloom carrot + farro** 12 (veg)  
mustard greens, pickled giardiniera, dried fruit, multigrain croutons, spiced almonds, parmesan-garlic vinaigrette

**hickory smoked salmon + spinach** 15 (df, gf)  
french lentils, golden beets, watercress, pickled cauliflower, date + pistachio crumble, sumac vinaigrette

**chopped greek + roasted chicken** 11 (gf, w/o nuts)  
feta, chickpeas, kalamata olives, banana pepper, green goddess dressing

**everything-spiced tuna + citrus** 13 (df, gf, w/o nuts)  
red gem lettuce, fennel, caper berry, mixed seed brittle, lemon-tahini vinaigrette

**simple mixed green salad** 5/6  
(vegetables + 1)

## paStries

### fall specials

vegan carrot ginger muffin top 4.5  
gluten-free chocolate chip coconut muffin 4.5  
muffin of the month 4 (oct: pumpkin | nov: maple cranberry | dec: gingerbread)  
whole wheat apple walnut scone 4  
nutmeg spice cupcake, brown sugar frosting 4.5  
apple cinnamon pop tart 4  
apple snacking spice cake 4  
pie of the month (oct: apple | nov: pumpkin | dec: pear + cranberry crostata)

assorted scones + muffins 4  
brioche au chocolat 4  
sugar brioche bun 4  
banana bread 4  
sour cream coffee cake 4  
sticky sticky bun 4.5  
croissant 4  
ham + cheese croissant 5.5  
brown butter cinnamon roll 4.5  
chocolate cupcake 4  
bittersweet chocolate brownie 4.5  
brown butter pecan blondie 4.5  
raspberry crumb bar 4  
assorted cookies 3  
+ cakes, pies, and more treats!

## drinks

### fall specials

mulled apple cider (hot or iced) 3.5/4  
pumpkin spice latte (october + november) 4.5/5  
white chocolate mocha (december) 4.5/5

coffee + tea (hot or iced; decaf available)  
cold brew  
latte, cappuccino, americano, mocha  
hot chocolate 3.75/4.25  
matcha latte 4.75/5.25  
housemade raspberry seltzer 3/3.5  
spindrift seltzer 2.75

\*Consumption of raw or undercooked egg, dairy or meat products may result in food-borne illness.

Before placing your order, please inform your server if a person in your party has a food allergy. Please note that not all ingredients are listed above.

Please note prices do not include 7% state/local tax.

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