

sandwiches

spring specials

grilled cauliflower melt 11.5

(veg, w/o nuts) oaxaca cheese, smoked poblano relish, pumpkin seed butter

mozzarella sandwich 11.5

(veg) pea-pistachio pesto, cherry pepper crema, tomato, salsa verde, arugula, multigrain toast

smoked turkey sandwich 10.5

(df, w/o nuts) avocado, sprouts, green goddess mayo, multigrain

homemade hummus 10

(v, w/o nuts) pickled daikon, cucumber, vegan sriracha aioli, cilantro, focaccia

roast chicken 10.5

(df, w/o nuts) mashed avocado, jicama, focaccia

chicken + broccoli rabe panini 11

(w/o nuts) herbed brie, roasted red peppers

roast beef 10.5

(w/o nuts) horseradish mayo, crispy onions, tomato, focaccia

applewood-smoked bacon 10.5

(df, w/o nuts) arugula, tomato, mayo, focaccia toast

avocado toast 10.5

(veg, w/o nuts) poached egg, pickled fresno chili, cotija cheese, salsa verde, cilantro, multigrain toast

breakfast egg sandwich 8.5

(w/o nuts) ham/bacon, cheddar, arugula, tomato, dijonaise

kid's sandwiches

pb+j or grilled cheese 5

egg sandwich 7

salads

spring specials

arugula + farro 12

(veg) pickled rhubarb, roasted asparagus, peas, multigrain croutons, spiced almonds, parmesan-garlic vinaigrette

smoked salmon + bok choy salad 15

(df, w/o nuts) gai lan, honey-roasted radish, glass noodles, sesame crackers, orange-sesame dressing

chopped greek + roasted chicken 11

(gf, w/o nuts) feta, chickpeas, kalamata olives, banana pepper, green goddess dressing

everything-spiced tuna + citrus 13

(df, gf, w/o nuts) red gem lettuce, fennel, caper berry, mixed seed brittle, lemon-tahini vinaigrette

simple mixed green salad 5/6 (vegetables +1)

pastries

spring specials

vegan vanilla berry muffin top 4.5

gluten-free blueberry buttermilk maple muffin 4.5

raspberry rhubarb muffin 4

whole wheat blueberry apricot scone 4

lemon strawberry cupcake 4

strawberry rhubarb slab pie 4/slice

raspberry pop tart 4

assorted scones 4

brioche au chocolat 4

banana bread 4/slice

sour cream coffee cake 4/slice

cinnamon pecan snacking cake 4/slice

sticky sticky bun 4.5

croissant 4

ham + cheese croissant 5.5

brown butter cinnamon roll 4.5

chocolate cupcake 4

bittersweet chocolate brownie 4.5

brown butter pecan blondie 4.5

raspberry crumb bar 4

assorted cookies 3

+ cakes and pies and more treats!

drinks

spring specials

lemon limeade 3/3.5

arnold palmer 3/3.5

lemon limeade + black tea

matcha dream soda 3.5/4

matcha, lemon limeade, seltzer

fazenda coffee & mem tea (hot or iced)

specialty espresso drinks

hot chocolate 3.75/4.25

matcha latte 4.75/5.25

housemade raspberry seltzer 3/3.5

order ahead with the flour app

*Consumption of raw or undercooked egg, dairy or meat products may result in food-borne illness.

Before placing your order, please inform your server if a person in your party has a food allergy. Please note that not all ingredients are listed above.

Please note prices do not include 7% state/local tax.