

BREAKFAST PASTRIES

Banana Bread: wheat flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, cinnamon, salt, sugar, eggs, vegetable oil blend ({may contain one or more of the following: soybean, canola, corn, sunflower}), pure olive oil, beta-carotene), banana, crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), walnuts, pan spray (soybean oil, soy lecithin, propellant)

Sour Cream Coffee Cake: cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, sugar, butter (cream, natural flavoring), eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), brown sugar, pecans, cinnamon, ground ginger, ground cloves, confectioners sugar (sugar, cornstarch), water, pan spray (soybean oil, soy lecithin, propellant)

***WHOLEflour Apple Spice Snacking Cake:** wheat flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, cinnamon, ground ginger, ground cloves, butter (cream, natural flavorings), sugar, eggs, apples, raisins (raisins, soybean oil, cottonseed oil), pecans, confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Chocolate Ginger Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, vanilla sugar (sugar, organic vanilla beans), butter (cream, natural flavorings), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), ground ginger, candied ginger (ginger, cane sugar, sulfur dioxide, citric acid), Dark Chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, fresh ginger

Cranberry Orange Scone: all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, sugar, butter (cream, natural flavoring), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, orange zest, cranberries *glaze:* confectioner's sugar (sugar, cornstarch), orange juice, orange zest

Currant, Spelt & Oat Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), white spelt flour, rolled oats, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, sugar, butter (cream, natural flavorings), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, dried currants (currants, vegetable oil)

Lemon Ginger Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, sugar, ground ginger, crystallized ginger (ginger, cane sugar, sulfur dioxide, citric acid), lemon zest, butter (cream,

natural flavorings), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, fresh ginger, lemon juice, confectioners sugar (sugar, cornstarch)

Low Fat Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, golden raisins, raisins (raisins, soybean oil, cottonseed oil), dried cranberries (cranberries, sugar, sunflower oil), dried apples, dried apricots (apricots, sulfur dioxide), crystallized ginger (ginger, cane sugar, sulfur dioxide, citric acid), blueberries, cranberries, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), yogurt (cultured pasteurized whole milk, pectin, vitamin D3), eggs, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene)
glaze: confectioners sugar (sugar, cornstarch), water, orange juice, orange zest

Irish Soda Bread: rye flour, baking powder (Monocalcium Phosphate, Bicarbonate Of Soda, Cornstarch), baking soda, salt, sugar, butter (cream, natural flavorings), buttermilk, crème fraîche (creme fraiche (heavy cream: cream, carrageenan, mono and diglycerides, polysorbate 80, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, caraway seeds, raisins, dried currants (currants, vegetable oil)

Jam'n Butter Biscuit (apple): all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, vanilla sugar (sugar, organic vanilla beans), butter (cream, natural flavorings), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, vanilla bean, vanilla extract (organic alcohol, organic vanilla bean extractives)
Granny smith apples

Oatmeal Maple Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), rolled oats, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, pecans, golden raisins (raisins, soybean oil, cottonseed oil), butter (cream, natural flavorings), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), maple syrup, eggs

Parmesan Chive Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), butter (cream, natural flavoring), parmesan cheese (cow's milk, salt, rennet), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, chives, black pepper, egg

Ricotta Cherry Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, sugar, butter (cream, natural flavorings), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), ricotta (sweet whey, whole milk, sweet cream, culture, vinegar, salt), lemon zest, vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, cherries, dried cherries (cherries, sugar, sunflower oil)

Vanilla Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, vanilla sugar (sugar, organic vanilla beans), butter (cream, natural flavorings), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, vanilla bean, vanilla extract (organic alcohol, organic vanilla bean extractives)

Strawberry Jam: frozen strawberries, granulated sugar, apple pectin (dextrose, citric acid (assists gel) fruit pectin), citric acid, lemon juice.

Rhubarb Strawberry Jam: rhubarb, strawberries, vanilla sugar (sugar, organic vanilla beans), lemon juice, salt, vanilla bean, pectin (dextrose, citric acid (assists gel) fruit pectin)

Whole Wheat Apple Walnut Scone: walnuts, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, brown sugar, dried apples, butter (cream, natural flavorings), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), yolks, granny smith apple, pan spray (soybean oil, soy lecithin, propellant)

Whole Wheat Blueberry Apricot Scone: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, sugar, butter (cream, natural flavorings), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, dried apricots (apricots, sulfur dioxide), blueberries, blackberries, lemon zest

Blueberry Muffin: wheat flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch {from non-genetically modified corn}), salt, sugar, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), blueberries, pan spray (soybean oil, soy lecithin, propellant)

Bran Muffin: bran, creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), whole milk (milk, vitamin D3), eggs, molasses, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, brown sugar, pan spray (soybean oil, soy lecithin, propellant)

Orange Marmalade: oranges, lemon zest, lemon juice, water, sugar, vanilla beans

Corn Muffin: cornmeal, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), brown sugar, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, baking soda, creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), milk (milk, vitamin D3), eggs, oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), butter (cream, natural flavorings), corn, pan spray (soybean oil, soy lecithin, propellant)

Red Pepper Jelly: red bell pepper, jalapeno, white vinegar, pectin (dextrose, citric acid (assists gel) fruit pectin), sugar, salt

Ginger Muffin (with fruit): all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), ground ginger, candied ginger (ginger, cane sugar, sulfur dioxide, citric acid), pan spray (soybean oil, soy lecithin, propellant) **(Plus fresh fruit!)**

Gingerbread Muffin with Coffee Glaze: *cake:* butter (cream, natural flavorings), brown sugar, fresh ginger, eggs, wheat flour, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, clove, cinnamon, ground ginger, ground pepper, molasses, water, baking soda. *glaze:* water, coffee, espresso powder, confectioner's sugar (sugar, cornstarch), candied ginger (ginger, cane sugar, sulfur dioxide, citric acid), pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Apple Streusel Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, egg yolks, milk (milk, vitamin D3), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), granny smith apples, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Blueberry Maple Muffin: butter (cream, natural flavorings), sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), Cup4Cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), maple syrup, confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Chocolate Chip Coconut Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), shredded coconut (coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Ginger Pear Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), ground ginger, candied ginger, ginger, cane sugar, sulfur dioxide, citric acid, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Lemon Blackberry Chia Muffin: cup for cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), lemon zest, chia seeds, blackberry

Gluten Free Lemon Blueberry Muffin: cup for cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), lemon zest, lemon juice, blueberries, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Lemon Coconut Pineapple Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk (whole milk, vitamin D), coconut milk (coconut extract, water, citric acid, sodium metabisulfite), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), coconut (Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), lemon zest, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), lemon juice, confectioners sugar (sugar, cornstarch), crushed pineapple, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Olive Oil with Grapes Muffin: greek yogurt (pasteurized grade A cow's and goat's milk, skim milk, cream, active bacterial cultures {bifidobacterium lactis, L. acidophilus), olive oil, eggs, lemon juice, lemon zest, almond extract (water, alcohol, bitter almond oil), sugar, cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) almond flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, green grapes, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Peach Raspberry Muffin: cup for cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), peaches, raspberries, pan spray (soybean oil, soy lecithin, propellant)

Good Morning Muffin: eggs, brown sugar, vegetable oil (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vanilla extract (organic alcohol, organic vanilla bean extractives), whole wheat flour, rolled oats, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, cinnamon, zucchini, raisins (raisins, soybean oil, cottonseed oil), pecans, coconut, granny smith apples, pan spray (soybean oil, soy lecithin, propellant)

Maple cranberry pecan muffin: all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin (a B vitamin), reduced iron thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid (a B vitamin), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from nongenetically modified corn), baking soda, salt, eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), butter (cream, natural

flavorings), sugar, cranberries, pecans, maple syrup. *glaze*: maple syrup, water, confectioners sugar [sugar, cornstarch], pan spray (soybean oil, soy lecithin, propellant)

WHOLE FLOUR Pumpkin Muffin with Candied Pepitas: butter (cream, natural flavorings), molasses, sugar, eggs, orange juice, pumpkin puree, wheat flour, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, cinnamon, clove, pepitas, pan spray (soybean oil, soy lecithin, propellant)

Raspberry Rhubarb Muffin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), salt, sugar, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), raspberries, rhubarb, confectioner's sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Strawberry Mascarpone Muffin: butter (cream, natural flavorings), sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), ap flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch [from non-genetically modified corn]), salt, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), mascarpone cheese (pasteurized milk and cream, citric acid), honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), strawberry jam (strawberries, sugar, lemon juice, low methoxyl citrus pectin, monocalcium phosphate)

Vegan Apple Cinnamon Muffin: wheat flour, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, soy milk (Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor), vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vinegar, cinnamon, apples, pan spray (soybean oil, soy lecithin, propellant), unsweetened applesauce (apples, water, erythorbic acid)

Vegan Banana & Chocolate Muffin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, soy milk (Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor), vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vinegar, vanilla extract (organic alcohol, organic vanilla bean extractives), banana, semisweet chocolate (unsweetened chocolate, sugar, cocoa butter, soy lecithin, natural vanilla flavor), pan spray (soybean oil, soy lecithin, propellant)

Vegan Blueberry Corn Muffin: flax seed meal, water, soy milk (Organic Soymilk (filtered water, whole organic soybeans), vinegar, maple syrup, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), unsweetened apple sauce (apples, water, erythorbic acid), blueberries, baking soda, sugar, salt, almond flour, cornmeal, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), pan spray (soybean oil, soy lecithin, propellant)

Vegan Chai Muffin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, cinnamon, cardamom, ginger, chai tea, soy milk (Organic Soymilk (filtered water, whole organic soybeans), vegetable oil blend

([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), vinegar, bosc pears, ginger, crystalized ginger (ginger, cane sugar, sulfur dioxide, citric acid), vanilla sugar (sugar, organic vanilla beans), pan spray (soybean oil, soy lecithin, propellant)

Vegan Cranberry Orange Muffin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, soy milk (Organic Soymilk (filtered water, whole organic soybeans), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), vinegar, orange zest, vanilla extract (organic alcohol, organic vanilla bean extractives), fresh cranberries, pan spray (soybean oil, soy lecithin, propellant)

Vegan Jalapeno Corn Muffin w/ Red Pepper Jelly: flax seed meal, water, soy milk (Organic Soymilk (filtered water, whole organic soybeans), vinegar, maple syrup, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), unsweetened apple sauce (apples, water, erythorbic acid), jalapeno, baking soda, sugar, salt, almond flour, cornmeal, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), pan spray (soybean oil, soy lecithin, propellant)

Vegan Vanilla Bean Muffin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, soy milk (Organic Soymilk (filtered water, whole organic soybeans), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), vinegar, vanilla bean, vanilla extract (organic alcohol, organic vanilla bean extractives), pan spray (soybean oil, soy lecithin, propellant)

Lowfat Vegan Chocolate Cake: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, cocoa powder (high fat cocoa processed with alkali), espresso powder, baking soda, salt, semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), vanilla extract (organic alcohol, organic vanilla bean extractives), molasses, confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant). *** full size cake glaze: semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), oat milk (water, oats, organic canola oil, contains 1% or less of dipotassium phosphate, sea salt, sodium citrate, tricalcium phosphate)

WHOLEFLOUR Vegan Carrot Ginger Muffin: khorasan wheat flour (organic khorasan, malted barley), baking soda, salt, cinnamon, ground ginger, sugar, crystallized ginger (ginger, cane sugar, sulfur dioxide, citric acid), soy milk (Organic Soymilk (filtered water, whole organic soybeans), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), vinegar, golden raisins (raisins, soybean oil, cottonseed oil), walnuts, carrots, pan spray (soybean oil, soy lecithin, propellant)

Almond Croissant: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, yeast, butter (cream, natural flavoring), milk (milk, vitamin D3), ascorbic acid powder, egg, almond extract (water, alcohol, bitter almond oil), almond flour, almonds, confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Apple Cinnamon Cream Brioche: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavoring), crème fraîche (cream, carrageenan, mono and

diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), milk (milk, vitamin D3), vanilla beans, apples, cinnamon, cornstarch pan spray (soybean oil, soy lecithin, propellant)

Apple Pie Donuts: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), salt, sugar, eggs, milk (milk, vitamin D3), yeast, butter (cream, natural flavoring), vanilla sugar (sugar, organic vanilla beans), blueberries, vanilla sugar (sugar, organic vanilla beans), cornstarch, lemon zest, salt, confectioners sugar (sugar, cornstarch), (fried in soy bean oil), apples, brown sugar, apple cider, cinnamon, pan spray (soybean oil, soy lecithin, propellant), brown sugar, cinnamon, cake flour(bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid)

Baked French Toast: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, vegetable oil blend ({may contain one or more of the following: soybean, canola, corn, sunflower}, pure olive oil, beta-carotene), salt, vanilla sugar (sugar, organic vanilla beans), whole milk (milk, vitamin D3), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), nutmeg, cinnamon, eggs, confectioners sugar (sugar, cornstarch), butter (cream, natural flavoring)

Blueberry Donuts: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), salt, sugar, eggs, milk (milk, vitamin D3), yeast, butter (cream, natural flavoring), vanilla sugar (sugar, organic vanilla beans), blueberries, vanilla sugar (sugar, organic vanilla beans), cornstarch, lemon zest, salt, confectioners sugar (sugar, cornstarch), (fried in soy bean oil), pan spray (soybean oil, soy lecithin, propellant)

Brioche au Sucre: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavor), pan spray (soybean oil, soy lecithin, propellant)

Brioche Loaves, Sugar Brioche: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavoring) , pan spray (soybean oil, soy lecithin, propellant)

Brown Butter Cinnamon Roll: high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavorings), vanilla bean, brown sugar, cinnamon. *Frosting:* cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate)

Butter Breton Cakes: high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, salt, butter (cream, natural flavoring), sugar, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), pan spray (soybean oil, soy lecithin, propellant)

Chocolate Brioche: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavoring), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy

lecithin, natural vanilla flavor), milk (milk, vitamin D3), vanilla beans, cornstarch, pan spray (soybean oil, soy lecithin, propellant)

Cinnamon Cream Brioche: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavoring), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), milk (milk, vitamin D3), vanilla beans, cinnamon, cornstarch pan spray (soybean oil, soy lecithin, propellant)

Croissant: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, yeast, butter (cream, natural flavoring), milk (milk, vitamin D3), ascorbic acid powder, egg, pan spray (soybean oil, soy lecithin, propellant)

Dirty Dirty Bread: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, yeast, butter (cream, natural flavoring), milk (milk, vitamin D3), ascorbic acid powder, egg, pan spray (soybean oil, soy lecithin, propellant), semisweet chocolate ((unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), salt, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), cocoa powder (high fat cocoa processed with alkali)

Dulce de Leche Brioche: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavor), pan spray (soybean oil, soy lecithin, propellant), cinnamon, sweetened condensed milk (milk, sugar)

Granola: rolled oats, honey, wheat germ, vegetable oil blend ({may contain one or more of the following: soybean, canola, corn, sunflower}), pure olive oil, beta-carotene), dried cranberries (cranberries, sugar, sunflower oil), shredded coconut (coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), almonds, sunflower seeds, walnuts, sesame seeds, vanilla extract (organic alcohol, organic vanilla bean extractives), cinnamon, salt, pan spray (soybean oil, soy lecithin, propellant)

Ham and Cheese Croissant: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, yeast, butter (cream, natural flavorings), milk (whole milk, vitamin D) ascorbic acid powder, egg, pan spray (soybean oil, soy lecithin, propellant), ham (ham, salt, corn syrup, sugar, sodium phosphate, dextrose, sodium erythorbate, sodium nitrite), cheddar cheese (fresh pasteurized milk, cheese cultures, salt, enzymes), black and white sesame seeds

Mushroom Brioche: garlic, cremini mushroom, red onion, thyme, butter (cream, natural flavoring), white wine vinegar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), salt, pepper, parmesan cheese (raw cow's milk, salt, rennet), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, granulated sugar, eggs, fontina cheese (pasteurized milk, cheese cultures, salt, enzymes)

Pain aux Raisin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted

barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavoring), milk (milk, vitamin D3), vanilla beans, golden raisins (raisins, soybean oil, cottenseed oil), confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Pop Tarts (apple): all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavoring), egg yolks, milk (milk, vitamin D3), apples, brown sugar, apple cider, cinnamon, pan spray (soybean oil, soy lecithin, propellant)

Pop Tarts (blueberry): all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavoring), egg yolks, milk (milk, vitamin D3), blueberries, vanilla sugar (sugar, organic vanilla beans), cornstarch, lemon zest, salt, confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Pop Tarts (raspberry): all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavoring), egg yolks, milk (milk, vitamin D3), raspberry jam (sugar, raspberries, water, pectin, citric acid, sodium citrate), confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Pop Tarts (rhubarb strawberry): rhubarb, strawberries, vanilla sugar (sugar, organic vanilla beans), lemon juice, salt, vanilla bean, pectin (dextrose, citric acid (assists gel) fruit pectin), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavoring), egg yolks, milk (milk, vitamin D3), confectioners sugar, molasses, water, vanilla extract (organic alcohol, organic vanilla bean extractives), strawberry powder (organic strawberry, organic rice hulls), pan spray (soybean oil, soy lecithin, propellant)

Raspberry Donuts: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), salt, sugar, eggs, milk (milk, vitamin D3), yeast, butter (cream, natural flavoring), vanilla sugar (sugar, organic vanilla beans), rhubarb, strawberries, lemon juice, salt, vanilla bean, pectin (dextrose, citric acid (assists gel) fruit pectin) (fried in soy bean oil), pan spray (soybean oil, soy lecithin, propellant), brown sugar, cinnamon, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid)

Rhubarb Strawberry Donuts: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), salt, sugar, eggs, milk (milk, vitamin D3), yeast, butter (cream, natural flavoring), vanilla sugar (sugar, organic vanilla beans), rhubarb, strawberries, lemon juice, salt, vanilla bean, pectin (dextrose, citric acid (assists gel) fruit pectin) (fried in soy bean oil), pan spray (soybean oil, soy lecithin, propellant), brown sugar, cinnamon, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid)

Spinach Artichoke Brioche: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavor), pan spray (soybean oil, soy lecithin, propellant), cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), marinated artichoke hearts (artichoke, sunflower seed oil, white wine vinegar, salt, citric acid, ascorbic acid), spinach, gruyere cheese, onion, garlic, pepper, parmesan cheese (raw cow's milk, salt, rennet), feta cheese, mayonnaise (dijon mustard (water, mustard seeds, vinegar, salt), cayenne pepper, ricotta cheese (sweet whey, whole milk, sweet cream, culture, vinegar, salt), capers (capers, salt, vinegar), lemon zest, mozzarella cheese (pasteurized milk, cheese cultures, salt, enzymes, cellulose), mayonnaise (soybean oil, whole eggs, vinegar, water, egg yolks, salt,

dextrose, sugar, lemon juice, calcium disodium edta, natural flavor), blended oil (may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene)

Sticky Bun: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, egg, butter (cream, natural flavoring), brown sugar, honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pecans, cinnamon, pan spray (soybean oil, soy lecithin, propellant)

Sticky Bun Crisp: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, egg, butter (cream, natural flavoring), brown sugar, honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pecans, cinnamon, pan spray (soybean oil, soy lecithin, propellant)

Twice Baked Brioche: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavoring), almond extract (water, alcohol, bitter almond oil), almond flour, almonds, confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Vanilla Cream Donuts: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), salt, sugar, eggs, milk (milk, vitamin D3), yeast, butter (cream, natural flavoring), vanilla sugar (sugar, organic vanilla beans), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), egg yolks, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vanilla beans (fried in soy bean oil), pan spray (soybean oil, soy lecithin, propellant)

WHOLEflour breakfast cookie: butter (cream, natural flavorings), granulated sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), maple syrup, banana, whole wheat flour, oats, baking soda, salt, nutmeg, cinnamon, dried cranberries (cranberries, sugar, sunflower oil), toasted walnut, pepitas, dried cherries (cherries, sugar, sunflower oil), flake coconut, sunflower seed, flax seeds, millet

WHOLEflour commuter mix: cashews, almonds, dried cherries (cherries, sugar, sunflower oil), pepitas, coconut (cane sugar, sulfur dioxide), organic white mulberries, goji berries, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans)

CASE ITEMS

Boston Cream Pie: eggs, sugar, lemon juice, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), whole milk (milk, vitamin D3), vanilla beans, semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), coffee, pan spray (soybean oil, soy lecithin, propellant), white chocolate (sugar, cocoa butter, whole milk powder, cornstarch, soy lecithin (emulsifier), natural vanilla)

Berry Bread Pudding: half and half (milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate), eggs, sugar, vanilla sugar (sugar, organic vanilla beans), salt, raspberries, blueberries, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast,

vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower}, pure olive oil, beta-carotene), cornmeal, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), confectioner's sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Sticky Bun Bread Pudding: half and half (milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate), eggs, sugar, vanilla beans, salt, pecans, goo (butter cream, natural flavorings), brown sugar, honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), salt), sticky bun (all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavorings), brown sugar, honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pecans, cinnamon) yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid) and/or whole wheat flour, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower}, pure olive oil, beta-carotene), cornmeal, honey, whole milk (milk, vitamin D3), confectioner's sugar (sugar, cornstarch) pan spray (soybean oil, soy lecithin, propellant)

Birthday Cake: sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking power (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, butter (cream, natural flavorings), vanilla beans, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant), vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), pistoles (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla), whole milk (milk, vitamin D3). Sprinkles: confectioners sugar (sugar, cornstarch), salt, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), food coloring (water, propylene glycol, FD&C colors (may contains one or more of the following: red #40, red #3, yellow #6, yellow #5, blue #1, blue #1), xantham gum, glycerine, corn syrup, high fructose corn syrup, sugar, sorbitol, food starch-modified (corn), carrageenan, agar gum, sodium benzoate, potassium sorbate, citric acid, salt)

Carrot Cake: eggs, brown sugar, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, ground ginger, carrots, raisins (raisins, soybean oil, cottonseed oil), walnuts, cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xantham and/or carob bean and/or guar gums), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant). Full size cake decorated with semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor) grade A cultured pasteurized fat free milk, salt, sodium citrate, pistachios, candied carrots [carrots and sugar])

Dacquoise: eggs, sugar, almond flour, hazelnut flour, confectioners sugar (sugar, cornstarch), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), butter (cream, natural flavoring), espresso, espresso powder, vanilla extract (organic alcohol, organic vanilla bean extractives), almonds, hazelnuts, honey, pan spray (soybean oil, soy lecithin, propellant)

Lemon Raspberry Cake: cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, butter (cream, natural flavorings), heavy cream (cream, carrageenan, mono

and diglycerides, polysorbate 80), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, eggs, lemon zest, lemon juice, raspberries, vanilla extract (organic alcohol, organic vanilla bean extractives), vanilla beans, pan spray (soybean oil, soy lecithin, propellant) (Decorated with white chocolate [sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla] and fresh fruit)

Midnight Chocolate Cake: cocoa powder (high fat cocoa processed with alkali), unsweetened chocolate (100% cocoa mass), vanilla extract (organic alcohol, organic vanilla bean extractives), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, baking soda, brown sugar, butter (cream, natural flavorings), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, sugar, milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), coffee, pan spray (soybean oil, soy lecithin, propellant) (Decorated with white chocolate sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla and fresh fruit)

Strawberries & Cream Cake: cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, baking soda, salt, water, lemon juice, oil ([may contain one or more of the following: soybean, canola, corn, sunflower], pure olive oil, beta-carotene), egg, vanilla extract (organic alcohol, organic vanilla bean extractives), cream of tartar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), cream cheese (pasteurized milk and cream, cheese culture, salt, carob bean gum), strawberry powder (organic strawberry, organic rice hulls), strawberry, apple blossoms

Tart Shells (Indiv, 5", 8", 10"): butter (cream, natural flavorings), sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), egg yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), almond flour, vanilla extract (organic alcohol, organic vanilla bean extractives), Frangipane Cream (butter, sugar, almond flour, eggs, flour, salt, vanilla)

- **Fruit Tart:** fresh fruit, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), eggs, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vanilla beans, sugar, salt, cornstarch, milk (milk, vitamin D3)

Tartlette Shells: butter (cream, natural flavorings), sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), egg yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80)

- **Lemon Lust/Meringue:** heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), butter (cream, natural flavorings), lemon juice, sugar, egg, salt, vanilla extract (organic alcohol, organic vanilla bean extractives)

- **Fruit Tart:** fresh fruit, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), eggs, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vanilla beans, sugar, salt, milk (milk, vitamin D3)

- **Chocolate Cream:** heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), half and half (milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate), egg yolks, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), vanilla sugar (sugar, organic vanilla beans), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, confectioner's sugar (sugar, cornstarch), cornstarch

- **Coconut Cream:** coconut milk (coconut extract, water, citric acid, sodium metabisulfite), milk (milk, vitamin D3), sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, salt, vanilla extract (organic alcohol, organic vanilla bean extractives), toasted coconut (Coconut, sugar, water, propylene glycol and salt [may contain milk, tree nuts, soy]), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), confectioner's sugar (sugar, cornstarch),

cornstarch

Triple Chocolate Mousse Cake: eggs, semisweet chocolate ((unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), coffee, salt, sugar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans) (Full size cake decorated with white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla) and fresh fruit)

Chocolate Pudding Cup: heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), half and half (milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate), egg yolks, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), vanilla sugar (sugar, organic vanilla beans), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, confectioner's sugar (sugar, cornstarch), cornstarch, cocoa powder

Chocolate Raspberry Trifle: eggs, semisweet chocolate ((unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), coffee, salt, sugar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), confectioner's sugar (sugar, cornstarch), raspberries, cocoa powder

Espresso Trifle: heavy cream (carrageenan, mono+diglycerides, polysorbate 80), confectioner's sugar (sugar, cornstarch), eggs, sugar, lemon juice, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, whole milk (milk, vitamin D3), vanilla beans, semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), coffee, pan spray (soybean oil, soy lecithin, propellant), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla), espresso powder

Eton Mess: brown sugar, egg whites, sugar, almonds, salt, cinnamon, organic vanilla bean, raspberries, confectioner's sugar (cornstarch), heavy cream (cream, carrageenan, mono+diglycerides, polysorbate 80)

Grab n Go Goo: butter (cream, natural flavorings), brown sugar, honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), salt, pecans

Oatmeal: steel cut oats, whole milk (milk, vitamin D3), water, cinnamon, nutmeg, salt

Cranberry Compote: cranberries, sugar, orange juice, vanilla bean, lemon, cinnamon, salt

Overnight Muesli: gluten free oats, pepitas, almonds, sunflower seeds, coconut, quinoa, salt, cinnamon, olive oil, maple syrup, vanilla extract (organic alcohol, organic vanilla bean extractives), oat milk (water, oats, organic canola oil, contains 1% or less of: dipotassium phosphate, sea salt, sodium citrate, tricalcium phosphate), apple, chia seeds, blueberries

WHOLEflour Chia Pudding: whole milk (milk, vitamin D3), chia seeds, maple syrup, salt, vanilla extract (organic alcohol, organic vanilla bean extractives)

WHOLEflour Yogurt Granola Parfait: labne (cultured pasteurized grade A milk, cream, skim milk, whey protein concentrate, pectin, salt), raspberries or blueberries, oats, wheat germ, coconut (sugar, water, propylene glycol (may contain milk, tree nuts, soy), sesame seeds, sunflower seeds, walnuts, almonds, cinnamon, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene), honey, vanilla extract (organic alcohol, organic vanilla bean extractives), dried cranberries (cranberries, sugar, sunflower oil)

COOKIES + BARS

Vegan Almond Macaroon: almonds, sugar, aquafaba (chickpea cooking liquid, salt), almond extract (water, alcohol, bitter almond oil), salt, pan spray (soybean oil, soy lecithin, propellant)

Mixed Nut Biscotti: eggs, honey, vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), almond flour, ground anise, salt, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), whole almonds, walnuts, pistachios

WHOLEflour Blondies: pecans, AP flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), One Mighty Mill flour (whole wheat flour), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch [from non-genetically modified corn]), salt, butter (cream, natural flavorings), brown sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), 68% dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), Pan Spray (soybean oil, soy lecithin, propellant)

WHOLEflour Brownies: butter (cream, natural flavorings), 68% tcho (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), unsweetened chocolate (100% cocoa mass), sugar, brown sugar, salt, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), espresso powder, One Mighty Mill flour (whole wheat flour), cocoa powder (high fat cocoa processed with alkali) pan spray (soybean oil, soy lecithin, propellant)

Ginger Molasses Cookie: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), brown sugar, butter (cream, natural flavorings), molasses, eggs, baking soda, ground ginger, cinnamon, ground cloves, fresh ginger, salt, vanilla sugar (sugar, organic vanilla beans)

Macaroon: coconut (coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), milk (milk, vitamin D3), sugar, eggs, cornstarch (from non-genetically modified corn), salt, vanilla beans, pan spray (soybean oil, soy lecithin, propellant)

Brown Sugar Almond Meringue: egg whites, brown sugar, sugar, almonds, salt, cinnamon

Raspberry Meringue Cloud: vanilla sugar (sugar, organic vanilla beans), raspberries, granulated sugar, egg whites, confectioner's sugar (sugar, cornstarch), salt, unsweetened chocolate (100% cocoa mass), lemon juice

Raspberry Crumb Bar: butter (cream, natural flavorings), sugar, confectioners sugar (sugar, cornstarch), vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), egg yolks, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), salt, raspberry jam (sugar, raspberries, water, pectin, citric acid, sodium citrate)

Chocolate Chip Cookie: butter (cream, natural flavorings), sugar, brown sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), baking soda, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans)

WHOLEflour Double Chocolate Cookie: sugar, eggs, butter (cream, natural flavorings), walnuts, rye flour, vanilla extract (organic alcohol, organic vanilla bean extractives), espresso powder, salt, baking soda, cream of tartar, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans, cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), unsweetened chocolate (100% cocoa mass)

WHOLEflour Oatmeal Raisin Cookie: butter (cream, natural flavorings), brown sugar, raisins (raisins, soybean oil, cottenseed oil), sugar, oatmeal, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), oat flour, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), salt, baking soda, cinnamon, ground nutmeg

Low Sugar Oatmeal Cranberry Raisin: walnuts, butter (cream, natural flavorings), sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), rolled oats, baking soda, salt, grated nutmeg, cinnamon, raisin (raisins, soybean oil, cottenseed oil), cranberries (cranberries, sugar, sunflower oil)

Peanut Butter Cookie: peanut butter (peanuts, salt), butter (cream, natural flavorings), brown sugar, sugar, honey, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), crushed peanuts, eggs, baking soda, salt, vanilla extract (organic alcohol, organic vanilla bean extractives), maldon salt

Chunky Lola: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid) butter (cream, natural flavorings), brown sugar, sugar, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), eggs, oatmeal, pecans, coconut (Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), baking soda, salt, vanilla extract (organic alcohol, organic vanilla bean extractives)

WHOLEflour Milk Chocolate Hazelnut Cookie: butter (cream, natural flavorings), brown sugar, sugar, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), white whole wheat flour, hazelnut flour, hazelnuts, milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), baking soda, salt

Oreo: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), butter (cream, natural flavorings), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), sugar, cocoa powder (high fat cocoa processed with alkali), eggs, salt, baking soda, vanilla extract (organic alcohol, organic vanilla bean extractives). **Oreo Filling:** confectioners sugar (sugar, cornstarch), butter (cream, natural flavorings), whole milk (milk, vitamin D3), vanilla extract (organic alcohol, organic vanilla bean extractives)

Gluten Free Oreo: butter (cream, natural flavorings), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), sugar, cocoa powder (high fat cocoa processed with alkali), vanilla, eggs, salt, baking soda, cornstarch (from non-genetically modified corn), white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum. **Caramel Filling:** sugar, confectioners sugar (sugar, cornstarch), butter (cream, natural flavorings), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, cocoa nibs. **Strawberry Filling:** confectioners sugar (sugar, cornstarch), butter (cream, natural flavorings), whole milk (milk, vitamin D3), vanilla extract (organic alcohol, organic vanilla bean extractives), strawberry drops (sugar, cocoa butter, strawberry powder, dried glucose syrup, emulsifier (soya lecithin), milk)

Tahini & Black Sesame Cookies: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), butter (cream, natural flavorings), tahini (toasted sesame seed puree), black sesame seeds, sugar, eggs, salt, vanilla extract (organic alcohol, organic vanilla bean extractives)

WHOLEflour Granola Bar: oats, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), brown sugar, honey, salt, butter (cream, natural flavorings), coconut (Coconut, sugar, water, propylene glycol and salt [may contain milk, tree nuts, soy]), walnuts, cinnamon, dried apples, dried cranberries (cranberries, sugar, sunflower oil), dried apricots (apricots, sulfur dioxide), sugar, millet, sunflower seeds, flax seeds, lemon zest

Dog Biscuit: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, rye flour, cornmeal, rolled oats, salt, yeast

WHOLEflour Power Bar: cashews, gluten free rolled oats, cinnamon, salt, dates, maple syrup, cacao nibs, dried cherries (cherries, sugar, sunflower oil), chia seeds, sunflower seeds

Pecan Sandies: toasted pecans, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn))

Rice Krispy Treat: butter (cream, natural flavorings), marshmallow (corn syrup, sugar, dextrose, modified food starch (corn), water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate), vanilla bean, salt, rice krispies (rice, sugar, contains 2% or less of salt, malt flavor. BHT added to packaging for freshness. Vitamins and Minerals: Iron, vitamin C (ascorbic acid), vitamin E (alpha tocopherol acetate), niacinamide, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin B12, vitamin D), pan spray (soybean oil, soy lecithin, propellant) (*NOT Gluten free!*)

Honey Nougat: sugar, confectioners sugar (sugar, cornstarch), glucose syrup, honey, egg whites, salt, almonds, pistachios, dried cherries (cherries, sugar, sunflower oil), cocoa butter (may contain milk), almond extract (water, alcohol, bitter almond oil), rice paper (rice flour, tapioca flour, salt, water), pan spray (soybean oil, soy lecithin, propellant)

Oatmeal Cream Pie: all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), oats, salt, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, cinnamon, nutmeg, butter (cream, natural flavorings), sugar, brown sugar, molasses, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), milk (milk, vitamin D3), confectioners sugar (sugar, cornstarch)

CUPCAKES

Chocolate Cupcake: sugar, unsweetened chocolate (100% cocoa mass), butter (cream, natural flavorings), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cocoa powder (high fat cocoa processed with alkali), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, milk (whole milk, vitamin D), eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), pan spray (soybean oil, soy lecithin, propellant)

Crispy Magic Frosting: egg whites, sugar, butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, milk (whole milk, vitamin D), confectioners sugar (sugar, cornstarch)

Vanilla Bean Cupcake: sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, butter (cream, natural flavorings), vanilla beans, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), vanilla extract (organic alcohol, organic vanilla bean extractives), egg, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), pan spray (soybean oil, soy lecithin, propellant)

Chocolate Crispy Magic Frosting: egg whites, sugar, butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, milk (milk, vitamin D3), confectioners sugar (sugar, cornstarch), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor)

Coconut Cupcake: cake flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), butter (cream, natural flavorings), egg, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), coconut (Coconut, sugar, water, propylene glycol and salt [may contain milk, tree nuts, soy]), pan spray (soybean oil, soy lecithin, propellant)

Crispy Magic Frosting: egg whites, sugar, butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, milk (milk, vitamin D3), confectioners sugar (sugar, cornstarch)

Lemon Strawberry Cupcake: sugar, cake flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, butter (cream, natural flavorings), lemon zest, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), milk (milk, vitamin D3), confectioner's sugar (sugar, cornstarch), strawberry puree, pan spray (soybean oil, soy lecithin, propellant)

Lemon Meringue Cupcake: sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), soda, salt, butter (cream, natural flavorings), lemon zest, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate)

Hummingbird Cupcake: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), cinnamon, salt, sugar, eggs, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), banana, creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), toasted pecans, pineapple

Magical Sally Frosting: cream cheese (pasteurized cultured milk and cream, salt, stabilizers [xanthan and/or carob bean and/or guar gums]), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch),

salt, sugar, egg whites, vanilla extract (organic alcohol, organic vanilla bean extractives)
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Carrot Cake: eggs, brown sugar, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, ground ginger, carrots, raisins (raisins, soybean oil, cottonseed oil), walnuts.

Magic Sally Frosting: cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant). Full size cake decorated with semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor) grade A cultured pasteurized fat free milk, salt, sodium citrate

Orange Almond Cake: orange, eggs, sugar, vanilla extract (organic alcohol, organic vanilla bean extractives), almond flour, salt, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch [from non-genetically modified corn]), pistoles (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), honey, butter (cream, natural flavorings), almonds

Stout + Bailey's Cupcake: Guinness (barley, roast malt extract, hops, and brewer's yeast), butter (cream, natural flavorings), cocoa powder (high fat cocoa processed with alkali), sugar, eggs, vanilla extract (organic alcohol (35%), organic vanilla bean extractives), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), salt, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking soda, whiskey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pistoles (unsweetened chocolate, sugar, cocoa butter, soy lecithin (emulsifier), natural vanilla flavor), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), Bailey's Irish Cream (aged Irish whiskey, Irish dairy cream, cocoa and vanilla), mascarpone (pasteurized milk and cream, citric acid)

Trick or Treat Cupcake: sugar, unsweetened chocolate (100% cocoa mass), butter (cream, natural flavorings), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cocoa powder (high fat cocoa processed with alkali), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, milk (whole milk, vitamin D), eggs, vanilla extract (organic alcohol (35%), organic vanilla bean extractives), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pan spray (soybean oil, soy lecithin, propellant), confectioners sugar (sugar, cornstarch), pistoles (unsweetened chocolate, sugar, cocoa butter, soy lecithin (emulsifier), natural vanilla flavor), peanuts

Nutmeg Spice Cupcake: sugar, vanilla (organic alcohol (35%), organic vanilla bean extractives), eggs, oil (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, nutmeg, cinnamon, ground ginger, clove, salt, pan spray (soybean oil, soy lecithin, propellant)

Brown Sugar Magic Sally Frosting: cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), butter (cream, natural flavorings), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), salt, brown sugar, cream of tartar, egg whites, vanilla extract (organic alcohol (35%), organic vanilla bean extractives)

PIES

Blueberry Pie: blueberries, cornstarch, vanilla sugar (sugar, organic vanilla beans), salt, lemon zest. *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3) *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3)

Double Crust Apple Pie: macintosh apples, granny smith apples, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), brown sugar, sugar, cinnamon, salt. *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavorings) eggs, milk (whole milk, vitamin D)

Pumpkin Pie: pumpkin puree, brown sugar, ginger, cinnamon, nutmeg, clove, salt, condensed milk (milk, sugar), evaporated milk (milk, dipotassium phosphate, carrageenan, vitamin D3), eggs, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives). *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3)

Pecan Pie: sugar, corn syrup (light corn syrup, salt, vanilla), eggs, salt, butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives), lemon juice, pecans. *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavorings), milk (whole milk, vitamin D), egg yolks

Banana Cream Pie: milk (milk, vitamin D3), banana, vanilla bean, sugar, corn starch (from non-genetically modified corn), salt, eggs, butter (cream, natural flavorings), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla), orange juice (orange juice from concentrate [filtered water and orange juice concentrate], natural flavors), mascarpone cheese (pasteurized milk & cream, citric acid), brown sugar, vanilla extract (organic alcohol, organic vanilla bean extractives)

Cherry Crumb Pie: cherries, sugar, cornstarch (from non-genetically modified corn), salt, vanilla extract (organic alcohol, organic vanilla bean extractives), butter (cream, natural flavorings), sugar, salt, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), brown sugar, cinnamon, ginger

Whole Pies/Sliced Pies

Pie Crust: butter (cream, natural flavorings), sugar, salt, all purpose flour (unbleached hard wheat enriched flour, malted barley flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate)

Gluten Free Pie Crust: Cup 4 Cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum), butter (cream, natural flavoring), sugar, eggs, salt

Chocolate Cream: heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), half and half (milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate), egg yolks, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), vanilla sugar (sugar, organic vanilla beans), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, confectioner's sugar (sugar, cornstarch), cornstarch, milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans)

Coconut Cream: coconut milk (coconut extract, water, citric acid, sodium metabisulfite), milk (milk, vitamin D), sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, salt, vanilla, toasted coconut (coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), confectioner's sugar (sugar, cornstarch), cornstarch (from non-genetically modified corn), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla)

Lemon Meringue: heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), butter (cream, natural flavorings), lemon juice, sugar, egg, salt, vanilla extract (organic alcohol, organic vanilla bean extractives), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla)

King Cake: butter (cream, natural flavorings), sugar, almond flour, eggs, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), salt, vanilla extract (organic alcohol, organic vanilla bean extractives), almond extract (water, alcohol, bitter almond oil), orange zest

Lime Cream Pie: sweetened condensed milk (milk, sugar), lime juice, eggs, lime zest, salt, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), confectioner's sugar (sugar, cornstarch), cornstarch (from non-genetically modified corn).

Roasted Pear Cranberry Crostata: bosc pears, fresh cranberries, ginger, sugar, butter (cream, natural flavorings), salt, frangipane cream (butter, sugar, almond flour, eggs, flour, salt, vanilla). *crust:* all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin (a B vitamin), reduced iron thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid (a B vitamin), sugar, salt, butter (cream, natural flavorings), milk (milk, vitamin D), egg yolks

Strawberry Rhubarb Pie (and slab): butter (cream, natural flavorings), rhubarb, strawberries, cornstarch (from non-genetically modified corn), orange juice, sugar, salt, all purpose flour (unbleached hard wheat enriched flour, malted barley flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate)

Blueberry Peach Cobbler: *Biscuit:* AP (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, egg, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), milk (milk, vitamin D3), butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives)

Filling: blueberries, peaches (erythorhic acid, citric acid, and malic acid), cornstarch (from non-genetically modified corn), vanilla sugar (sugar, organic vanilla beans), salt, lemon zest

BREAD

Focaccia: yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene), cornmeal, pan spray (soybean oil, soy lecithin, propellant)

Rye Bread: high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), rye flour, whole wheat flour, cornmeal, cocoa powder (high fat cocoa processed with alkali), molasses, blended oil (may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene), salt, fresh yeast, water, caraway seeds

Multigrain: whole wheat flour, spelt flour (organic spelt, malted barley), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal pan spray (soybean oil, soy lecithin, propellant)

Country Bread: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, **sponge**, water, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

Raisin Pecan Bread: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, salt, honey, pecans, golden raisins (raisins, soybean oil, cottonseed oil), cornmeal

Cranberry Pecan Bread: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, salt, honey, pecans, dried cranberries (cranberries, sugar, sunflower oil), fresh cranberries, cornmeal

Gluten Free Bread: yeast, eggs, sugar, salt, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene), salt, pepper, extra virgin olive oil, cornstarch (from non-genetically modified corn), white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum pan spray (soybean oil, soy lecithin, propellant)

Onion Focaccia: yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil (may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene), cornmeal, pan spray (soybean oil, soy lecithin, propellant) extra virgin olive oil, dried onion

SANDWICHES

Mozzarella: mozzarella (pasteurized milk, cream, vinegar, enzymes) tomatoes, arugula, **pesto trapanese** [basil, mint, garlic, almonds, tomatoes, pecorino, olive oil, blended oil, red pepper flake, sun dried tomatoes, sherry vinegar, salt, pepper] lemon zest, lemon juice, garlic, extra virgin olive oil, salt, pepper)
cherry pepper crema (pickled cherry peppers (hot peppers, water, vinegar, salt, calcium chloride, benzoate of soda, fd&c yellow #5) sour cream (cultured pasteurized light cream, non fat milk, enzymes) mayo (soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium

disodium edta, natural flavor) honey, garlic, salt, pepper. Multigrain Bread: **whole wheat flour, spelt flour**, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal, pan spray (soybean oil, soy lecithin, propellant) **CONTAINS: SOY, DAIRY, NUTS, EGG, UNPASTEURIZED CHEESE, GLUTEN**

Hummus: hummus (chickpeas, garlic, cumin seeds, tahini [organic golden sesame seeds], lemon juice, salt, black pepper, extra virgin olive oil), pickled daikon (carrots, fresno chile, distilled vinegar, sugar, salt), vegan sriracha aioli (chickpeas, aquafaba (chickpea cooking liquid, salt), sriracha {chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum}, vegetable oil blend ({may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}), cilantro, thai basil, mint, cucumber, served on focaccia: yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), cornmeal **Served on White Focaccia:** yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), cornmeal. pan spray (soybean oil, soy lecithin, propellant)

Smoked Turkey: turkey [turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate], pecorino (pasteurized sheep's milk, cultures, enzymes, salt), mayonnaise [soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor], sour cream [cultured pasteurized light cream, non fat milk, enzymes] black pepper, roasted garlic, extra virgin olive oil, whole grain mustard, lemon juice, zucchini relish (zucchini, onions, red pepper, white wine vinegar, mustard powder, sugar, salt, red pepper flake, celery seed, basil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}), cornmeal, pan spray (soybean oil, soy lecithin, propellant) Multigrain Bread: whole wheat flour, spelt flour (organic spelt, malted barley), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal, pan spray (soybean oil, soy lecithin, propellant) **CONTAINS: SOY, DAIRY, EGG, GLUTEN**

Ham Sandwich: ham (pork, salt, corn syrup, sugar, sodium phosphate, dextrose, sodium erythorbate, sodium nitrite) pickled green tomato (green tomatoes, salt, apple cider vinegar, brown sugar, turmeric, black pepper) cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums) heavy cream, dijon mustard, whole grain mustard, red pepper jelly (red bell pepper, jalapeno, chipotle peppers (water, tomato paste, onion, sugar, vinegar, sunflower oil, paprika, garlic, corn, salt) sugar, raw cider vinegar, apple pectin) arugula, onion focaccia - minced dried onion, yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), cornmeal, pan spray (soybean oil, soy lecithin, propellant) **CONTAINS: SOY, DAIRY, NITRATES, GLUTEN**

Cauliflower: Cauliflower (olive oil, red chili flake, garlic, salt) smoked poblano relish [poblano pepper, jalapeno, onion, garlic, white wine vinegar, lime, sugar, cumin, mustard powder, red pepper flake, lime juice, salt] Pumpkin seed butter [pepitas, roasted garlic, cilantro, lime juice, extra virgin olive oil, salt, pepper] Oaxaca cheese (pasteurized whole milk, salt, vinegar, titanium dioxide, hennilase) Focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour, vegetable oil blend, cornmeal, pan spray [soybean oil, soy

lecithin, propellant]), or served on Multigrain bread (whole wheat flour, spelt flour (organic spelt, malted barley), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal)

Salmon: smoked salmon (atlantic salmon, salt, evaporated cane juice, spices, fruit wood and hardwood smoke), herb cream cheese (cream cheese (pasteurized cultured milk and cream, salt, stabilizers [xanthan and/or carob bean and/or guar gums]), rosemary, thyme, parsley, lemon zest, capers (capers, salt, vinegar), salt, pepper), red onion, arugula. **On Multigrain Bread:** whole wheat flour, spelt flour (organic spelt, malted barley), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

BLT: applewood smoked bacon (bacon, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite), tomato, mayonnaise (soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor), arugula, balsamic vinaigrette (balsamic vinegar (wine vinegar, concentrated grape must, caramel, antioxidant. contains sulfites), raw egg yolks, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), dijon mustard (water, mustard seeds, vinegar, salt), salt, black pepper). **On White Focaccia:** yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), cornmeal, pan spray (soybean oil, soy lecithin, propellant)

Roasted Chicken: marinated achiote chicken (annatto seed, spices, vinegar, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene)), marinated jicama (jicama, honey, lime juice, lime zest), mashed avocado (avocado, chipotle peppers (chipotle peppers, water, tomato paste, onion, sugar, vinegar, sunflower oil, paprika, garlic, corn, salt), lime juice, red onion, cilantro, salt). **Served on White Focaccia:** yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), cornmeal.

Roast Beef: roast beef (beef, salt, black pepper), tomato, crispy onions (onions, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), soybean oil), horseradish mayonnaise (mayonnaise [soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor], horseradish (horseradish, vinegar, water, soybean oil, salt, artificial flavor), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), grain and dijon mustard [water, mustard seeds, vinegar, salt]

***Country Bread:** all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, **sponge**, water, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

Lamb: abf lamb shoulder (ras el hanout, spices, salt, pepper) lemon goat cheese [pasteurized goat milk, lemon juice, lemon zest, cheese culture, vegetable rennet, salt, heavy cream [carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate] tomato-ginger chutney [tomatoes, ginger, olive olive oil, red wine vinegar, brown sugar, golden raisins, currants, chili flake,

salt, pepper] roasted green beans [olive oil, salt, pepper] focaccia - yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), cornmeal **CONTAINS: SOY, DAIRY, GLUTEN**

Chicken + Broccoli Rabe Panini: marinated roasted chicken (thyme, salt, lemon juice, lemon zest, fennel seed, garlic, pepper, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene)), brie cheese (pasteurized cultured milk and cream, salt, enzymes, sodium phosphate, milk protein concentrate, lactic acid, beta carotene, guar and/or carob bean gums) (mixed with thyme), broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), roasted red peppers (fresh red peppers, parsley, sherry vinegar, salt, honey), arugula. **If on White Focaccia:** yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), cornmeal **OR If on Multigrain:** whole wheat flour, spelt flour (organic spelt, malted barley), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

Egg Sandwich: egg patty (eggs, half and half (milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate), milk (milk, vitamin D3), salt, black pepper), cheddar cheese pasteurized (milk, cheese cultures, salt, enzymes), dijonnaise (mayonnaise (soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor), thyme, dijon mustard [water, mustard seeds, vinegar, salt]), arugula, tomato, applewood smoked bacon (bacon, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite) or ham (pork, water, sea salt, turbinado sugar, natural flavorings, maple syrup)**On White Focaccia:** yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), cornmeal, pan spray (soybean oil, soy lecithin, propellant)

Strata: egg custard (eggs, milk (milk, vitamin D3), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), salt, black pepper), focaccia (yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend([may contain one or more of the following: soybean, canola, corn, sunflower]pure olive oil, beta-carotene), cornmeal), cheddar cheese (milk, cheese cultures, salt, enzymes) , applewood smoked bacon (bacon, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite) or ham (pork, water, sea salt, turbinado sugar, natural flavorings, maple syrup)or italian sausage (Pork, Water, Salt, Spices, Monosodium Glutamate, Sugar, Paprika, BHA, BHT, Citric Acid), spinach, sage, thyme, garlic, onion, salt and pepper, pan spray (soybean oil, soy lecithin, propellant)

SALADS + GRAIN BOWLS

Arugula & Farro: arugula, farro, fresh corn, mixed medley tomatoes, basil, mint, multigrain croutons (whole wheat flour, spelt flour, all-purpose flour, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal, extra virgin olive oil, onion powder, garlic powder) ricotta salata [pasteurized whey, pasteurized milk,

vinegar, salt] cucumber, lemon vinaigrette [lemon juice, chickpeas, sugar, red pepper flake, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), salt, pepper] **CONTAINS: SOY, DAIRY, GLUTEN**

Chopped Greek Salad: romaine, cucumber, kalamata olive (olives, water, salt, vinegar), red onion, feta (cultured pasteurized milk, salt, enzymes), tomato, garbanzo beans, pickled banana peppers (peppers, white vinegar, salt, calcium chloride, sodium benzoate, yellow #5, sodium bisulfite), marinated roasted chicken (thyme, salt, lemon juice, fennel seed, garlic, pepper, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene)), green goddess dressing (parsley, chives, tarragon, garlic, lemon juice, mayonnaise [soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor], salt, black pepper, white wine vinegar)

Salmon & Heirloom Bean: smoked salmon [salt, sugar, brown sugar, onion powder, garlic powder, cayenne pepper, everything spice (sesame seed, minced garlic, minced onion, poppy seed) lemon juice, natural smoke flavor] heirloom beans [marfax beans, roasted garlic, red onion, mint, parsley, basil, chives, white wine vinegar, lemon juice, extra virgin olive oil, red pepper flake, salt, pepper] black quinoa, roasted green beans [extra virgin olive oil, salt, pepper] pickled wax bean [salt, rice wine vinegar, sugar, salt] hard boiled egg, arugula, carrots, Raw Cider Vinaigrette (raw apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt] extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene} sugar, salt, pepper) **CONTAINS: SOY, SESAME**

“Everything” Tuna Salad: tuna salad (orange zest, chives, extra virgin olive oil, dried onion, dried garlic, poppy seed, sesame seed, lemon juice, sherry vinegar, salt, pepper) orange, grapefruit, pomegranate seed, caperberry, tarragon, parsley, radicchio, red gem lettuce, lemon-tahini dressing (tahini, lemon juice, apple cider vinegar, dijon mustard³⁴, extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene} red pepper flake, sugar, salt, pepper) mixed seed brittle (corn syrup, sugar, pumpkin seeds, sunflower seeds, white sesame seeds, black sesame seeds, salt)

Simple Green Salad: mixed greens, balsamic vinaigrette (balsamic vinegar (wine vinegar, concentrated grape must, caramel, antioxidant. contains sulfites), raw egg yolks, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), dijon mustard [water, mustard seeds, vinegar, salt] salt

Simple Green Salad with Veg: mixed greens, balsamic vinaigrette (balsamic vinegar (wine vinegar, concentrated grape must, caramel, antioxidant. contains sulfites), raw egg yolks, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), dijon mustard [water, mustard seeds, vinegar, salt], salt, carrot, cucumber, tomato*

Raw Cider Vinaigrette (raw apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt] extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene} sugar, salt, pepper)

Lemon Vinaigrette [lemon juice, chickpeas, sugar, red pepper flake, blended oil, salt, pepper]

Lemon-Tahini Dressing (tahini, lemon juice, apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt], extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant) red pepper flake, sugar, salt, pepper)

Balsamic Vinaigrette: (balsamic vinegar (wine vinegar, concentrated grape must, caramel, antioxidant.

contains sulfites), pasteurized egg yolks, vegetable oil blend ([may contain one or more of the following: soybean, canola, corn, sunflower] pure olive oil, beta-carotene), dijon mustard [water, mustard seeds, vinegar, salt], black pepper, salt)

Grains: (brown rice, millet, black quinoa, onion, scallion, garlic, celery, coriander seed, mustard seed, extra virgin olive oil, white wine vinegar, salt, pepper)

Parmesan Vinaigrette chickpeas, garlic, dijon mustard, lemon juice, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, parmesan cheese {cow's milk, salt, rennet}, salt, pepper

SAVORY CATERING

QUICHE

ham, roasted tomato, broccoli rabe, cheddar ham (pork, salt, corn syrup, sugar, sodium phosphate, dextrose, sodium erythorbate, sodium nitrite), tomato, extra virgin olive oil, broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), cheddar cheese (fresh pasteurized milk, cheese cultures, salt, enzymes) pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour (niacin, reduced iron thiamin mononitrate, riboflavin, folic acid)] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg), pan spray (soybean oil, soy lecithin, propellant)

bacon, caramelized onions, herbed goat cheese bacon (pork, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite), onions, extra virgin olive oil, broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), goat cheese (pasteurized goat milk, cheese culture, vegetable rennet, salt) parsley, rosemary, thyme, pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg), pan spray (soybean oil, soy lecithin, propellant)

spinach, feta, roasted red pepper baby spinach, feta cheese (cultured pasteurized milk, salt, enzymes) roasted red pepper (red peppers, parsley, sherry vinegar, salt, honey), extra virgin olive oil, pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg), pan spray (soybean oil, soy lecithin, propellant)

CATERING MINI STUFFED BREAD

roasted mushroom, spinach, cheddar, tomato

baby spinach, tomato, extra virgin olive oil, cheddar cheese (fresh pasteurized milk, cheese cultures, salt, enzymes) focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant) **CONTAINS: SOY**

smoked turkey, caramelized onions, mozzarella

smoked turkey [turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate], onions, extra virgin olive oil, mozzarella cheese (pasteurized milk, cheese cultures, salt, enzymes, cellulose) focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

chicken, broccoli rabe, fontina, red pepper

marinated roasted chicken (thyme, salt, lemon juice, lemon zest, fennel seed, garlic, pepper, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}), broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), fontina cheese [pasteurized milk, cheese cultures, salt, enzymes] focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

CHEESE BALL

goat cheese (pasteurized goat milk, cheese culture, vegetable rennet, salt) everything spice (dried garlic, dried onion, white sesame seed, poppy seed) honey, chives, black pepper, pistachios, mixed greens, crisps (all-purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid], high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, **sponge**, water, cornmeal) extra virgin olive oil, salt

HUMMUS PLATTER

baby rainbow carrots, cucumbers, candied striped beets, watermelon radish, bibb lettuce, cauliflower, cauliflower, hummus (chickpeas, garlic, cumin seed, tahini [organic golden sesame seeds], lemon juice, salt, black pepper, extra virgin olive oil)

SOUPS

curried lentil, chickpea + coconut: chickpeas, red lentils, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), crushed tomatoes, vegetable stock (carrots, celery, onion) carrots, onions, curry powder, garlic, ginger, cumin, parsley, sherry vinegar, lemon juice, extra virgin olive oil, salt, pepper

sausage, kale + white bean: white beans, italian sausage (Pork, Water, Salt, Spices, Monosodium Glutamate, Sugar, Paprika, BHA, BHT, Citric Acid), onions, carrots, celery, parmesan (raw cow's milk, salt, rennet), olive oil, garlic, salt, red pepper flake, chicken stock (carrots, celery, onion, chicken bones), rosemary, lemon juice, kale.

roasted fennel + tomato: tomatoes, fennel, onions, garlic, butter (cream, natural flavorings), extra virgin olive oil, tarragon, salt, pepper

beef + black bean chili: ground beef, onions, carrots, garlic, cumin, dark chili powder, roasted jalapeno, ancho chili paste, roasted red peppers, chicken stock, chipotle, lime juice, brown sugar, oregano, dry black beans, salt, pepper

creamy tomato + parmesan: crushed tomatoes, onions, garlic, honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pecorino, parmesan stock (parmesan rinds (raw cow's milk, salt, rennet), celery, onion, bay leaf), extra virgin olive oil, red pepper flake, salt, pepper

farro, escarole + potato: carrots, celery, onion, garlic, farro, tomatoes, russet potatoes, escarole, parsley, parmesan broth (raw cow's milk, salt, rennet) pecorino (pasteurized sheep's milk, cultures, enzymes, salt) sherry vinegar, lemon juice, extra virgin olive oil, red pepper flake, salt

smoked chicken pozole: chicken thighs, onions, garlic, hominy (white corn, water, salt, sodium bisulfite), black beans, chicken stock (chicken bones, carrots, celery, onion) guajillo chili, ancho chili, lime juice, cilantro, oregano, chicken fat, tomato paste, coriander, cumin, extra virgin olive oil, salt

creamy potato + leek: yukon potatoes, vegetable stock (carrots, celery, onion, herbs) garlic, leeks, whole milk (milk, vitamin D3), butter (cream, natural flavorings), salt, pepper

SUB INGREDIENTS

*¹ **King Arthur All-Purpose Flour:** unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid

*² **All Trumps High Gluten Flour:** bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid

*³ **American Beauty High Ratio Cake Flour:** bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid

*⁴ **Confectioner's Sugar:** sugar, cornstarch

*⁵ **Vegetable Oil Blend:** (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene

*⁶ **Cabot Unsalted Butter:** cream, natural flavorings

*⁷ **Whole Milk:** milk, vitamin D3

*⁸ **Heavy Cream:** cream, carrageenan, mono and diglycerides, polysorbate 80

*⁹ **Half and Half:** milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate

*¹⁰ **Buttermilk:** grade A cultured pasteurized fat free milk, salt, sodium citrate

*¹¹ **Crème Fraîche:** cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate

- *12 Silk Unsweetened Soy Milk:** Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor
- *13 Smithfield Cream Cheese:** pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums)
- *14 Cheddar Cheese:** pasteurized milk, cheese cultures, salt, enzymes
- *15 Whole Milk Plain Yogurt:** cultured pasteurized whole milk, pectin, vitamin D3
- *16 Almond Extract:** water, alcohol, bitter almond oil
- *17 Vanilla Extract:** organic alcohol, organic vanilla bean extractives
- *18 Callebaut 815 Semisweet Chocolate:** unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor
- *19 TCHO 68% Dark Couverture Chocolate:** cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans
- *21 TCHO “Serious Milk” Chocolate:** cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans
- *23 Callebaut White Chocolate:** sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla
- *24 Callebaut Unsweetened Chocolate:** 100% cocoa mass
- *25 Vanilla Sugar:** sugar, organic vanilla beans
- *26 Smoked Turkey Breast:** turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate
- *27 Smoked Salmon:** atlantic salmon, salt, evaporated cane juice, spices, fruit wood and hardwood smoke
- *28 Applewood Smoked Bacon:** bacon, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite
- *29 Ham:** pork, water, sea salt, turbinado sugar, natural flavorings, maple syrup
- *30 Fresh Mozzarella:** pasteurized milk, starter, vegetable rennet
- *31 Shredded Mozzarella:** pasteurized milk, cheese cultures, salt, enzymes, cellulose
- *32 Brie Cheese:** pasteurized cultured milk and cream, salt, enzymes, sodium phosphate, milk protein concentrate, lactic acid, beta carotene, guar and/or carob bean gums

- ^{*33} **Mayonnaise:** soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor
- ^{*34} **Dijon Mustard:** water, mustard seeds, vinegar, salt
- ^{*35} **Chipotle Peppers:** chipotle peppers, water, tomato paste, onion, sugar, vinegar, sunflower oil, paprika, garlic, corn, salt
- ^{*36} **Curry Powder:** spices, turmeric, celery
- ^{*37} **Horseradish:** horseradish, vinegar, water, soybean oil, salt, artificial flavor
- ^{*38} **Gluten-free Tamari:** water, soybeans, salt, alcohol
- ^{*39} **Sriracha:** chili, sugar, salt, garlic, vinegar, potassium sorbate, sodium bisulfite, xanthan gum
- ^{*40} **Pickled Banana Peppers:** peppers, white vinegar, salt, calcium chloride, sodium benzoate, yellow #5, sodium bisulfite
- ^{*41} **Parmesan Cheese:** raw cow's milk, salt, rennet
- ^{*42} **Capers:** capers, salt, vinegar
- ^{*43} **Raspberry Jam:** sugar, raspberries, water, pectin, citric acid, sodium citrate
- ^{*44} **Baking Powder:** monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)
- ^{*45} **Rice Krispies Cereal:** rice, sugar, contains 2% or less of salt, malt flavor. BHT added to packaging for freshness. Vitamins and Minerals: Iron, vitamin C (ascorbic acid), vitamin E (alpha tocopherol acetate), niacinamide, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin B12, vitamin D.
- ^{*46} **Marshmallows:** corn syrup, sugar, dextrose, modified food starch (corn), water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate
- ^{*47} **Corn Syrup:** light corn syrup, salt, vanilla
- ^{*49} **Bountiful Harvest Shredded Coconut:** Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy)
- ^{*50} **Coconut Milk:** coconut extract, water, citric acid, sodium metabisulfite
- ^{*51} **Dried Cranberries:** cranberries, sugar, sunflower oil
- ^{*52} **Dried, Diced, Unsulphured Apples:** apples

- ^{*53} **Dried Apricots, #4 Turkish:** apricots, sulfur dioxide
- ^{*54} **Crystallized Thai Ginger:** ginger, cane sugar, sulfur dioxide, citric acid
- ^{*55} **Dried Tart Cherries:** cherries, sugar, sunflower oil
- ^{*56} **Dried Currants:** currants, vegetable oil
- ^{*57} **Cocoa Powder:** high fat cocoa processed with alkali
- ^{*58} **Feta:** cultured pasteurized milk, salt, enzymes
- ^{*59} **Goat Cheese:** pasteurized goat milk, cheese culture, vegetable rennet, salt
- ^{*60} **Kalamata Olives:** olives, water, salt, vinegar
- ^{*61} **Frangipane Cream:** butter, sugar, almond flour, eggs, flour, salt, vanilla
- ^{*62} **Pan Spray (Wesson Brand):** soybean oil, soy lecithin, propellant
- ^{*64} **Graham Crackers:** unbleached enriched flour (wheat Flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), sugar, graham flour (whole grain wheat flour), soybean oil, high fructose corn syrup, partially hydrogenated cottonseed oil, honey, leavening (baking soda and/or calcium phosphate), salt, artificial flavor
- ^{*65} **Evaporated milk:** milk, dipotassium phosphate, carrageenan, vitamin D3
- ^{*66} **Condensed milk:** milk, sugar
- ^{*67} **Fat Free Vanilla Yogurt:** cultured pasteurized nonfat milk, sugar, whey protein concentrate, nonfat milk solids, whey, vanilla extract
- ^{*68} **golden raisins:** raisins, soybean oil, cottonseed oil
- ^{*69} **Great Hill Blue Cheese:** raw cows milk, salt, enzymes, cheese cultures, penicillium roqueforti
- ^{*70} **Sour Cream:** cultured pasteurized light cream, non fat milk, enzymes
- ^{*71} **Pectin:** dextrose, citric acid (assists gel) fruit pectin
- ^{*72} **Grilled Artichoke with Stem:** artichoke, sunflower seed oil, white wine vinegar, salt, citric acid, ascorbic acid
- ^{*72} **Fontina Cheese:** pasteurized cow's milk, salt, rennet, cheese cultures, preservatives, lysozyme (eggs)
- ^{*73} **Cherry Peppers:** hot peppers, water, vinegar, salt, calcium chloride, 1/10 of 1% benzoate of soda (a preservative), FD&C yellow #5

- *74 **Ricotta Cheese:** sweet whey, whole milk, sweet cream, culture, vinegar, salt
- *75 **Ricotta Salata:** pasteurized sheep's milk, salt
- *76 **Aged Cheddar:** fresh pasteurized milk, cheese cultures, salt, enzymes
- *77 **Mascarpone:** pasteurized milk and cream, citric acid
- *78 **greek yogurt:** (pasteurized grade A cow's and goat's milk, skim milk, cream, active bacterial cultures {bifidobacterium lactis, L. acidophilus})
- *79 **sriracha:** chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum
- *80 **aquafaba:** chickpea cooking liquid, salt
- *80 **Great Hill Blue Cheese:** raw cows milk, salt, enzymes, cheese cultures, penicillium roqueforti
- *81 **Italian Sausage:** Pork, Water, Salt, Spices, Monosodium Glutamate, Sugar, Paprika, BHA, BHT, Citric Acid.
- 82 NEC Ham:** (pork shoulder, water, salt, dextrose, sodium erythorbate, sodium nitrite)
- 83 Pecorino** (pasteurized sheep's milk, cultures, enzymes, salt)
- 84 Provolone** (pasteurized cow's milk, rennet, salt)
- 85 Tofu** (water, organic soybeans, nigari {seed water extract} calcium sulfate)
- 86 Ras el Hanout:** (coriander, cumin, chili flake, cinnamon, paprika, cardamom, ginger, and turmeric)
- 87 Tahini:** toasted sesame seed puree
- *88 **Balsamic Vinegar:** wine vinegar, concentrated grape must, caramel, antioxidant. contains sulfites
- 89 Pacific Oat Milk:** water, oats, organic canola oil, contains 1% or less of dipotassium phosphate, sea salt, sodium citrate, tricalcium phosphate.
- 90 Spelt Flour:** organic spelt, malted barley
- 91 Khorasan Flour:** organic khorasan, malted barley
- 92 One Mighty Mill:** whole wheat flour