

BREAKFAST PASTRIES

Banana Bread: wheat flour, baking soda, cinnamon, salt, sugar, eggs, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower}, pure olive oil, beta-carotene), banana, crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), walnuts, pan spray (soybean oil, soy lecithin, propellant)

Sour Cream Coffee Cake: cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, sugar, butter⁶, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), crème fraîche¹¹, brown sugar, pecans, cinnamon, ground ginger, ground clove, confectioners sugar⁴, water, pan spray (soybean oil, soy lecithin, propellant)

WHOLEflour Apple Spice Snacking Cake: wheat flour, baking soda, salt, cinnamon, ground ginger, ground clove, butter (cream, natural flavorings), sugar, eggs, apples, raisins (raisins, soybean oil, cottonseed oil), pecans, confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Chocolate Ginger Scone: all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, vanilla sugar²⁵, butter⁶, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), ground ginger, candied ginger⁵⁴, fruity drops¹⁹, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, fresh ginger

Currant, Spelt & Oat Scone: all-purpose flour¹, white spelt flour, rolled oats, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, sugar, butter⁶, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), creme fraiche¹¹, eggs, dried currants⁵⁶

Lemon Ginger Scone: all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, sugar, ground ginger, crystallized ginger⁵⁴, lemon zest, butter⁶, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, fresh ginger, lemon juice, confectioners sugar⁴

Low Fat Scone: all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, golden raisins⁶⁸, raisins⁶⁸, dried cranberries⁵¹, dried apples⁵², dried apricots⁵³, crystallized ginger⁵⁴, blueberries, cranberries, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), yogurt¹⁵, eggs, vegetable oil blend⁵ glaze: confectioners sugar⁴, water, orange juice, orange zest

Irish Soda Bread: rye flour, baking powder (Monocalcium Phosphate, Bicarbonate Of Soda, Cornstarch), baking soda, salt, sugar, butter (cream, natural flavorings), buttermilk, crème fraîche (creme fraiche (heavy cream: cream, carrageenan, mono and diglycerides, polysorbate 80, buttermilk: grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, caraway seeds, raisins, dried currants (currants, vegetable oil)

Oatmeal Maple Scone: all-purpose flour unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), rolled oats, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, pecans, golden raisins (raisins, soybean oil, cottonseed oil), butter (cream, natural flavorings), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), maple syrup,

eggs

Parmesan Chive Scone: all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, parmesan cheese⁴¹, butter⁶, chives, black pepper, creme fraiche¹¹, egg

Ricotta Cherry Scone: all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, sugar, butter⁶, buttermilk¹⁰, creme fraiche¹¹, ricotta⁷⁴, lemon zest, vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, cherries, dried cherries⁵⁵

Vanilla Scone: all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, vanilla sugar²⁵, butter⁶, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), creme fraiche¹¹, eggs, vanilla bean, vanilla extract (organic alcohol, organic vanilla bean extractives)

Strawberry Jam: frozen strawberries, granulated sugar, apple pectin (dextrose, citric acid (assists gel) fruit pectin), citric acid, lemon juice.

Rhubarb Strawberry Jam: rhubarb, strawberries, vanilla sugar²⁵, lemon juice, salt, vanilla bean, pectin (dextrose, citric acid (assists gel) fruit pectin)

Whole Wheat Apple Walnut Scone: walnuts, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, brown sugar, dried apples, butter (cream, natural flavorings), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), yolks, granny smith apple, pan spray (soybean oil, soy lecithin, propellant)

Whole Wheat Blueberry Apricot Scone: all-purpose flour unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, sugar, butter (cream, natural flavorings), creme fraiche, (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, dried apricots (apricots, sulfur dioxide), blueberries, blackberries, lemon zest

Blueberry Muffin: wheat flour, baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch {from non-genetically modified corn}), salt, sugar, butter (cream, natural flavorings), eggs, milk (milk, vitamin D3), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), blueberries, pan spray (soybean oil, soy lecithin, propellant)

Bran Muffin: bran, creme fraiche¹¹, milk⁷, eggs, molasses, all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, brown sugar, pan spray (soybean oil, soy lecithin, propellant)

Orange Marmalade: oranges, lemon zest, lemon juice, water, sugar, vanilla beans

Corn Muffin: cornmeal, all-purpose flour¹, brown sugar, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, baking soda, creme fraiche¹¹, milk⁷, eggs, oil⁵, butter⁶, corn, pan spray (soybean oil, soy lecithin, propellant)

Red Pepper Jelly: red bell pepper, jalapeno, white vinegar, pectin, sugar, salt

Ginger Muffin (with fruit): all-purpose flour¹, baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter⁶, eggs, milk⁷, creme fraiche¹¹, vanilla extract (organic alcohol, organic vanilla bean extractives), ground ginger, candied ginger⁵⁴, pan spray (soybean oil, soy lecithin, propellant) **(Plus fresh fruit!)**

Gingerbread Muffin with Coffee Glaze: *cake:* butter (cream, natural flavorings), brown sugar, fresh ginger, eggs, wheat flour, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, clove, cinnamon, ground ginger, ground pepper, molasses, water, baking soda. *glaze:* water, coffee, espresso powder, confectioner's sugar (sugar, cornstarch), candied ginger, candied ginger (ginger, cane sugar, sulfur dioxide, citric acid), pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Apple Streusel Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter⁶, eggs, egg yolks, milk⁷, creme fraiche¹¹, vanilla extract (organic alcohol, organic vanilla bean extractives), granny smith apples, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Blueberry Maple Muffin: butter⁶, sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), Cup4Cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,), baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), maple syrup, confectioners sugar⁴, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Chocolate Chip Coconut Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), shredded coconut (coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Ginger Pear Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), ground ginger, candied ginger, ginger, cane sugar, sulfur dioxide, citric acid, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Lemon Blackberry Chia Muffin: cup for cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter⁶, eggs, milk⁷, crème fraîche¹¹, vanilla extract (organic alcohol, organic vanilla bean extractives), lemon zest, chia seeds, blackberry

Gluten Free Lemon Blueberry Muffin: cup for cup (cornstarch, white rice flour, brown rice flour, milk

powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter⁶, eggs, milk⁷, creme fraiche¹¹, vanilla extract (organic alcohol, organic vanilla bean extractives), lemon zest, lemon juice, blueberries, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Lemon Coconut Pineapple Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk (whole milk, vitamin D), coconut milk (coconut extract, water, citric acid, sodium metabisulfite), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), coconut (Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), lemon zest, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), lemon juice, confectioners sugar (sugar, cornstarch), crushed pineapple, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Olive Oil with Grapes Muffin: greek yogurt⁷⁸, olive oil, eggs, lemon juice, lemon zest, almond extract¹⁶, sugar, cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) almond flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, green grapes, pan spray (soybean oil, soy lecithin, propellant)

Gluten Free Peach Raspberry Muffin: cup for cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter⁶, eggs, milk⁷, creme fraiche¹¹, vanilla extract (organic alcohol, organic vanilla bean extractives), peaches, raspberries, pan spray (soybean oil, soy lecithin, propellant)

Good Morning Muffin: eggs, brown sugar, vegetable oil (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vanilla extract (organic alcohol, organic vanilla bean extractives), whole wheat flour, rolled oats, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, cinnamon, zucchini, raisins (raisins, soybean oil, cottonseed oil), pecans, coconut, granny smith apples, pan spray (soybean oil, soy lecithin, propellant)

Maple cranberry pecan muffin: all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin (a B vitamin), reduced iron thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid (a B vitamin), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from nongenetically modified corn), baking soda, salt, eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), butter (cream, natural flavorings), sugar, cranberries, pecans, maple syrup. *glaze:* maple syrup, water, confectioners sugar, pan spray (soybean oil, soy lecithin, propellant)

Pumpkin Muffin with Candied Pepitas: butter (cream, natural flavorings), molasses, sugar, eggs, orange juice, pumpkin puree, wheat flour, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, clove, pepitas, pan spray (soybean oil, soy lecithin, propellant)

Raspberry Rhubarb Muffin: all-purpose flour¹, baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter⁶, eggs, milk⁷, crème fraîche¹¹, vanilla extract (organic alcohol, organic vanilla bean extractives), raspberries, rhubarb, confectioner's sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Vegan Apple Cinnamon Muffin: wheat flour, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, soy milk (Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor), vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vinegar, cinnamon, apples, pan spray (soybean oil, soy lecithin, propellant), unsweetened applesauce (apples, water, erythorbic acid)

Vegan Banana & Chocolate Muffin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, soy milk (Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor), vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vinegar, vanilla extract (organic alcohol, organic vanilla bean extractives), banana, semisweet chocolate (unsweetened chocolate, sugar, cocoa butter, soy lecithin, natural vanilla flavor), pan spray (soybean oil, soy lecithin, propellant)

Vegan Blueberry Corn Muffin: flax seed meal, water, soy milk¹², vinegar, maple syrup, vegetable oil blend⁵, unsweetened apple sauce (apples, water, erythorbic acid), blueberries, baking soda, sugar, salt, almond flour, cornmeal, all purpose flour¹, pan spray (soybean oil, soy lecithin, propellant)

Vegan Chai Muffin: all-purpose flour¹, baking soda, salt, sugar, cinnamon, cardamom, ginger, chai tea, soy milk¹², vegetable oil blend⁵, vinegar, bosc pears, ginger, crystalized ginger⁵⁴, vanilla sugar, pan spray⁶²

Vegan Cranberry Orange: all-purpose flour¹, baking soda, salt, sugar, soy milk¹², vegetable oil blend⁵, vinegar, orange zest, vanilla extract (organic alcohol, organic vanilla bean extractives), fresh cranberries, pan spray (soybean oil, soy lecithin, propellant)

Vegan Jalapeno Corn Muffin w/ Red Pepper Jelly: flax seed meal, water, soy milk¹², vinegar, maple syrup, vegetable oil blend⁵, unsweetened apple sauce (apples, water, erythorbic acid), jalapeno, baking soda, sugar, salt, almond flour, cornmeal, all purpose flour¹, pan spray (soybean oil, soy lecithin, propellant)

Vegan Vanilla Bean Muffin: all-purpose flour¹, baking soda, salt, sugar, soy milk¹², vegetable oil blend⁵, vinegar, vanilla bean, vanilla extract (organic alcohol, organic vanilla bean extractives), pan spray (soybean oil, soy lecithin, propellant)

Lowfat Vegan Chocolate Cake: all-purpose flour¹, sugar, cocoa powder⁵⁷, espresso powder, baking soda, salt, semisweet chocolate¹⁸, vegetable oil blend⁵, vanilla extract (organic alcohol, organic vanilla bean extractives), molasses, confectioners sugar⁴, pan spray (soybean oil, soy lecithin, propellant). *** full size cake glaze: semisweet chocolate¹⁸, oat milk⁸⁹

WHOLEFLOUR Vegan Carrot Ginger Muffin: khorasan wheat flour, baking soda, salt, cinnamon, ground ginger, sugar, crystallized ginger⁵⁴, soy milk¹², vegetable oil blend⁵, vinegar, golden raisins⁶⁸, walnuts, carrots, pan spray (soybean oil, soy lecithin, propellant)

Almond Croissant : all-purpose flour¹, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, yeast, butter⁶, milk⁷, ascorbic acid powder, egg, almond extract¹⁶, almond flour, almonds, confectioners sugar⁴, pan spray (soybean oil, soy lecithin, propellant)

Baked French Toast: all-purpose flour¹, high gluten flour², yeast, vegetable oil blend⁵, salt, vanilla sugar²⁵, whole milk⁷, heavy cream⁸, nutmeg, cinnamon, eggs, confectioners sugar⁴, butter⁶

Brioche au Sucre: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, pan spray⁶²

Brioche Loaves, Sugar Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, pan spray (soybean oil, soy lecithin, propellant)

Brown butter cinnamon roll: high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavorings), vanilla bean, brown sugar, cinnamon. *Frosting:* cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate)

Butter Breton Cakes: high gluten flour², yeast, salt, butter⁶, sugar, all-purpose flour¹, pan spray (soybean oil, soy lecithin, propellant)

Chocolate Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, semisweet chocolate¹⁸, milk⁷, vanilla beans, pan spray (soybean oil, soy lecithin, propellant)

Cinnamon Cream Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, crème fraîche¹¹, milk⁷, vanilla beans, cinnamon, pan spray (soybean oil, soy lecithin, propellant)

Croissant: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, yeast, butter (cream, natural flavoring), milk⁷, ascorbic acid powder, egg, pan spray (soybean oil, soy lecithin, propellant)

Granola: oatmeal, wheat germ, shredded coconut⁴⁹, sesame seeds, sunflower seeds, walnuts, almonds, salt, cinnamon, oil⁵, honey, vanilla extract (organic alcohol, organic vanilla bean extractives), dried cranberries⁵¹, pan spray (soybean oil, soy lecithin, propellant)

Ham and Cheese Croissant: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, yeast, butter (cream, natural flavorings), milk (whole milk, vitamin D) ascorbic acid powder, egg, pan spray (soybean oil, soy lecithin, propellant), ham (ham, salt, corn syrup, sugar, sodium phosphate, dextrose, sodium erythorbate, sodium nitrite), cheddar cheese (fresh pasteurized milk, cheese cultures, salt, enzymes), black and white sesame seeds

Museli: oats, pepitas, almonds, sunflower seeds, coconut, quinoa, salt, cinnamon, coconut oil, maple syrup, vanilla extract (organic alcohol, organic vanilla bean extractives)

Mushroom Brioche: garlic, cremini mushroom, red onion, thyme, butter⁶, white wine vinegar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), salt, pepper, parmesan cheese (raw cow's milk, salt, rennet), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, granulated sugar, eggs, fontina cheese⁷²

Pain aux Raisin: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, milk⁷, vanilla beans, golden raisins⁶⁸, confectioners sugar⁴, pan spray (soybean oil, soy lecithin, propellant)

Pop Tarts (raspberry): all-purpose flour¹, sugar, salt, butter⁶, egg yolks, milk⁷, raspberry jam (sugar, raspberries, water, pectin, citric acid, sodium citrate), confectioners sugar⁴, pan spray (soybean oil, soy lecithin, propellant)

Raspberry Donuts: all-purpose flour¹, salt, sugar, eggs, milk⁷, yeast, butter⁶, vanilla sugar²⁵, raspberry jam (sugar, raspberries, water, pectin, citric acid, sodium citrate) (fried in soy bean oil), pan spray (soybean oil, soy lecithin, propellant)

Sticky Bun: all-purpose flour(unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour(bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, egg, butter (cream, natural flavoring), brown sugar, honey, heavy cream(cream, carrageenan, mono and diglycerides, polysorbate 80), people s, cinnamon, pan spray (soybean oil, soy lecithin, propellant)

Twice Baked Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, almond extract¹⁶, almond flour, almonds, confectioners sugar⁴, pan spray (soybean oil, soy lecithin, propellant)

Vanilla Cream Donuts: all-purpose flour¹, salt, sugar, eggs, milk⁷, yeast, butter⁶, vanilla sugar²⁵, heavy cream⁸, egg yolks, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vanilla beans (fried in soy bean oil), pan spray (soybean oil, soy lecithin, propellant)

WHOLEflour breakfast cookie:butter (cream, natural flavorings), granulated sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), maple syrup, banana, whole wheat flour, oats, baking soda, salt, nutmeg, cinnamon, dried cranberries (cranberries, sugar sunflower oil), toasted walnut, pepitas, dried cherries (cherries, sugar, sunflower oil), flake coconut, sunflower seed, flax seeds, millet

WHOLEflour commuter mix: cashews, almonds, dried cherries (cherries, sugar, sunflower oil), pepitas, coconut (cane sugar, sulfur dioxide), organic white mulberries, goji berries, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans)

CASE ITEMS

Boston Cream Pie: eggs, sugar, lemon juice, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), whole milk (milk, vitamin D3), vanilla beans, semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), coffee, pan spray (soybean oil, soy lecithin, propellant), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla)

Berry Bread Pudding: half and half (milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate), eggs, sugar, vanilla sugar (sugar, organic vanilla beans), salt, raspberries, blueberries, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, vegetable oil blend ({may contain one or more of the following: soybean, canola, corn, sunflower}, pure olive oil, beta-carotene), cornmeal, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), confectioner's sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Sticky Bun Bread Pudding: half and half (milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate), eggs, sugar, vanilla beans, salt, pecans, goo (butter cream, natural flavorings), brown sugar, honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), salt), sticky bun (all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid),

yeast, sugar, salt, eggs, butter (cream, natural flavorings), brown sugar, honey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pecans, cinnamon) yeast, sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid) and/or whole wheat flour, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower}, pure olive oil, beta-carotene), cornmeal, honey, whole milk (milk, vitamin D3), confectioner's sugar (sugar, cornstarch) pan spray (soybean oil, soy lecithin, propellant)

Birthday Cake: sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking power (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, butter (cream, natural flavorings), vanilla beans, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant), vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), pistoles (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), confectioner's sugar (sugar, cornstarch), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans). Sprinkles: confectioners sugar (sugar, cornstarch), salt, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), food coloring (water, propylene glycol, FD&C colors (may contains one or more of the following: red #40, red #3, yellow #6, yellow #5, blue #1, blue #1), xantham gum, glycerine, corn syrup, high fructose corn syrup, sugar, sorbitol, food starch-modified (corn), carrageenan, agar gum, sodium benzoate, potassium sorbate, citric acid, salt)

Carrot Cake: eggs, brown sugar, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, ground ginger, carrots, raisins (raisins, soybean oil, cottenseed oil), walnuts, cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xantham and/or carob bean and/or guar gums), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant). Full size cake decorated with semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor) grade A cultured pasteurized fat free milk, salt, sodium citrate chocolate¹⁸ and candied carrots [carrots and sugar])

Dacquoise: eggs, sugar, almond flour, hazelnut flour, confectioners sugar⁴, heavy cream⁸, semisweet chocolate¹⁸, butter⁶, espresso, espresso powder, vanilla extract (organic alcohol, organic vanilla bean extractives), almonds, hazelnuts, pan spray (soybean oil, soy lecithin, propellant)

Lemon Raspberry Cake: cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, butter⁶, heavy cream⁸, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, eggs, lemon zest, lemon juice, raspberries, vanilla extract (organic alcohol, organic vanilla bean extractives), vanilla beans, pan spray (soybean oil, soy lecithin, propellant) (Decorated with white chocolate²³ and fresh fruit)

Midnight Chocolate Cake: cocoa powder⁵⁷, unsweetened chocolate²⁴, vanilla extract (organic alcohol, organic vanilla bean extractives), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, baking soda, brown sugar, butter⁶, vegetable oil blend⁵, crème fraîche¹¹, eggs, sugar, milk chocolate²¹, semisweet chocolate¹⁸, heavy cream⁸, coffee, pan spray (soybean oil, soy lecithin, propellant) (Decorated with white chocolate²³ and fresh fruit)

St. Tropez: all-purpose flour¹, high gluten flour², sugar, salt, yeast, butter⁶, eggs, almond extract¹⁶, heavy cream⁸, milk⁷, vanilla beans, confectioners sugar⁴, pan spray (soybean oil, soy lecithin, propellant)

Tart Shells (Indiv, 5", 8", 10"): butter⁶, sugar, salt, all-purpose flour¹, egg yolks, heavy cream⁸, almond flour, vanilla extract (organic alcohol, organic vanilla bean extractives), Frangipane Cream⁶¹

- **Fruit Tart:** fresh fruit, heavy cream⁸, eggs, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vanilla beans, sugar, salt, milk⁷

Tartlette Shells: butter⁶, sugar, salt, all-purpose flour¹, egg yolks, heavy cream⁸

- **Lemon Lust/Meringue:** heavy cream⁸, butter⁶, lemon juice, sugar, egg, salt, vanilla extract (organic alcohol, organic vanilla bean extractives)

- **Fruit Tart:** fresh fruit, heavy cream⁸, eggs, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vanilla beans, sugar, salt, milk⁷

- **Chocolate Cream:** heavy cream⁸, half and half⁹, egg yolks, dark chocolate¹⁹, vanilla sugar²⁵, vanilla extract (organic alcohol, organic vanilla bean extractives), salt, confectioner's sugar (sugar, cornstarch), cornstarch

- **Coconut Cream:** coconut milk⁵⁰, milk⁷, sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, salt, vanilla, toasted coconut⁴⁹, heavy cream, confectioner's sugar (sugar, cornstarch), cornstarch

Triple Chocolate Mousse Cake: eggs, semisweet chocolate ((unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), coffee, salt, sugar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), white chocolate 9 sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans) (Full size cake decorated with white chocolate²³ and fresh fruit)

Oatmeal: steel cut oats, whole milk⁷, water, cinnamon, nutmeg, salt

WHOLEflour Chia Pudding: whole milk (milk, vitamin D3), chia seeds, maple syrup, salt, vanilla extract (organic alcohol, organic vanilla bean extractives)

WHOLEflour yogurt granola parfait: labne (cultured pasteurized grade A milk, cream, skim milk, whey protein concentrate, pectin, salt), raspberries or blueberries, oats, wheat germ, coconut (sugar, water, propylene glycol (may contain milk, tree nuts, soy), sesame seeds, sunflower seeds, walnuts, almonds, cinnamon, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene), honey, vanilla extract (organic alcohol, organic vanilla bean extractives), dried cranberries (cranberries, sugar, sunflower oil)

COOKIES + BARS

Vegan Almond Macaroon: almonds, sugar, aquafaba⁸⁰, almond extract¹⁶, salt, pan spray (soybean oil, soy lecithin, propellant)

Mixed Nut Biscotti: eggs, honey, vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour¹, almond flour, ground anise, salt, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), whole almonds, walnuts, pistachios

WHOLEflour Brownies: unsweetened chocolate(100% cocoa mass), semisweet chocolate(unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), butter(cream, natural flavorings), sugar, salt, eggs, spelt flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), pan spray(soybean oil, soy lecithin, propellant)

Ginger Molasses Cookie: all-purpose flour¹, brown sugar, butter⁶, molasses, eggs, baking soda, ground ginger, cinnamon, ground cloves, fresh ginger, salt, vanilla sugar²⁵

Macaroon: coconut(Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy)), milk(milk, vitamin D3), sugar, eggs, salt, vanilla beans, cake flour(bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), pan spray(soybean oil, soy lecithin, propellant)

Brown Sugar Almond Meringue: egg whites, brown sugar, sugar, almonds, salt, cinnamon

Raspberry Meringue Cloud: vanilla sugar(sugar, organic vanilla beans), raspberries, granulated sugar, egg whites, confectioner's sugar(sugar, cornstarch), salt, unsweetened chocolate (100% cocoa mass), lemon juice

Raspberry Crumb Bar: butter⁶, sugar, confectioners sugar⁴, vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour¹, egg yolks, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, raspberry jam (sugar, raspberries, water, pectin, citric acid, sodium citrate)

Chocolate Chip Cookie: butter (cream, natural flavorings), sugar, brown sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), baking soda, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans)

WHOLEflour Double Chocolate Cookie: sugar, eggs, butter (cream, natural flavorings), walnuts, rye flour, vanilla extract (organic alcohol, organic vanilla bean extractives), espresso powder, salt, baking soda, cream of tartar, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans, cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), unsweetened chocolate (100% cocoa mass)

WHOLEflour Oatmeal Raisin Cookie: butter⁶, brown sugar, raisins⁶⁸, sugar, oatmeal, all-purpose flour¹, oat flour, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), salt, baking soda, cinnamon, ground nutmeg

Low Sugar Oatmeal Cranberry Raisin: walnuts, butter⁶, sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour¹, rolled oats, baking soda, salt, grated nutmeg, cinnamon, raisin⁶⁸, cranberries⁵¹

Peanut Butter Cookie: peanut butter (peanuts, salt), butter (cream, natural flavorings), brown sugar, sugar, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), crushed peanuts, eggs, baking soda, salt, vanilla extract (organic alcohol, organic vanilla bean extractives), maldon salt

Chunky Lola: butter(cream, natural flavorings), brown sugar, sugar, dark chocolate(cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), eggs, oatmeal, pecans, coconut(Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), baking soda, salt, vanilla extract(organic alcohol, organic vanilla bean extractives)

WHOLEflourMilk Chocolate Hazelnut Cookie: butter⁶, brown sugar, sugar, high gluten flour², eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), white whole wheat flour, hazelnut flour, hazelnuts, milk chocolate²¹, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans), baking soda, salt

Oreo: all-purpose flour¹, butter⁶, semisweet chocolate¹⁸, sugar, cocoa powder⁵⁷, eggs, salt, baking soda, vanilla extract (organic alcohol, organic vanilla bean extractives). **Oreo Filling:** confectioners sugar⁴, butter⁶, whole milk⁷, vanilla extract (organic alcohol, organic vanilla bean extractives)

Gluten Free Oreo: butter (cream, natural flavorings), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), sugar, cocoa powder (high fat cocoa processed with alkali), vanilla, eggs, salt, baking soda, cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum. **Caramel Filling:** sugar, confectioners sugar (sugar, cornstarch), butter (cream, natural flavorings), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, cocoa nibs

Tahini & Black Sesame Cookies: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), butter (cream, natural flavorings), tahini (toasted sesame seed puree), black sesame seeds, sugar, eggs, salt, vanilla extract (organic alcohol, organic vanilla bean extractives)

WHOLEflour Granola Bar: oats, all-purpose flour¹, brown sugar, honey, salt, butter⁶, coconut⁴⁹, walnuts, cinnamon, dried apples⁵², dried cranberries⁵¹, dried apricots⁵³, sugar, millet, sunflower seeds, flax seeds, lemon zest

Dog Biscuit: all-purpose flour¹, whole wheat flour, rye flour, cornmeal, bulgar, salt, yeast, chicken stock (chicken scrap, onion, celery, carrots, parsley, thyme), bacon fat, rolled oats

WHOLEflour Power Bar: cashews, gluten free rolled oats, cinnamon, salt, dates, maple syrup, cacao nibs, dried cherries⁵⁵, chia seeds, sunflower seeds

Pecan Sandies: toasted pecans, all-purpose flour¹, butter⁶, confectioners sugar⁴, vanilla extract (organic alcohol, organic vanilla bean extractives), salt, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn))

Rice Krispy Treat: butter⁶, marshmallow⁴⁶, vanilla bean, salt, rice krispies⁴⁵, pan spray (soybean oil, soy lecithin, propellant) (*NOT Gluten free!*)

Honey Nougat: sugar, confectioners sugar⁴, glucose syrup, honey, egg whites, salt, almonds, pistachios, dried cherries⁵⁵, cocoa butter (may contain milk), almond extract¹⁶, rice paper (rice flour, tapioca flour, salt, water), pan spray (soybean oil, soy lecithin, propellant)

Oatmeal Cream Pie: all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), oats, salt, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, cinnamon, nutmeg, butter⁶, sugar, brown sugar, molasses, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), milk⁷, confectioners sugar⁴

CUPCAKES

Chocolate Cupcake: sugar, unsweetened chocolate (100% cocoa mass), butter (cream, natural flavorings), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cocoa powder (high fat cocoa processed with alkali), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, milk (whole milk, vitamin D), eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), pan spray (soybean oil, soy lecithin, propellant)

Crispy Magic Frosting: egg whites, sugar, butter (cream, natural flavorings), vanilla extract (organic

alcohol, organic vanilla bean extractives), salt, milk (whole milk, vitamin D), confectioners sugar (sugar, cornstarch)

Vanilla Bean Cupcake: sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, butter⁶, vanilla beans, vegetable oil blend⁵, vanilla extract (organic alcohol, organic vanilla bean extractives), egg, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), pan spray (soybean oil, soy lecithin, propellant)

Chocolate Crispy Magic Frosting: egg whites, sugar, butter⁶, vanilla extract (organic alcohol, organic vanilla bean extractives), salt, milk⁷, confectioners sugar⁴, semisweet chocolate¹⁸

Coconut Cupcake: cake flour³, sugar, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, vegetable oil blend⁵ butter⁶, egg, coconut milk⁵⁰, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), coconut⁴⁹, pan spray (soybean oil, soy lecithin, propellant)

Crispy Magic Frosting: egg whites, sugar, butter⁶, vanilla extract (organic alcohol, organic vanilla bean extractives), salt, milk⁷, confectioners sugar⁴

Lemon Strawberry Cupcake: sugar, cake flour³, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, butter⁶, lemon zest, vegetable oil blend⁵, vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), milk⁷, confectioner's sugar (sugar, cornstarch), strawberry puree, pan spray (soybean oil, soy lecithin, propellant)

Lemon Meringue Cupcake: sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), soda, salt, butter⁶, lemon zest, vegetable oil blend⁵, vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate)

Hummingbird Cupcake: all-purpose flour¹, baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), cinnamon, salt, sugar, eggs, vegetable oil blend⁵, banana, creme fraiche¹¹, vanilla extract (organic alcohol, organic vanilla bean extractives), toasted pecans, pineapple

Magic Sally Frosting: cream cheese¹³, butter⁶, confectioners sugar (sugar, cornstarch), salt, sugar, egg whites, vanilla extract (organic alcohol, organic vanilla bean extractives)

Carrot Cake: eggs, brown sugar, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), all-purpose flour¹, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, ground ginger, carrots, raisins (raisins, soybean oil, cottensed oil), walnuts. **Magic Sally Frosting:** cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant). Full size cake decorated with semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor) grade A cultured pasteurized fat free milk, salt, sodium citrate

Stout + Bailey's Cupcake: Guinness (barley, roast malt extract, hops, and brewer's yeast), butter (cream, natural flavorings), cocoa powder (high fat cocoa processed with alkali), sugar, eggs, vanilla extract (organic alcohol (35%), organic vanilla bean extractives), creme fraiche (cream, carrageenan, mono and

diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), salt, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking soda, whiskey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pistoles (unsweetened chocolate, sugar, cocoa butter, soy lecithin (emulsifier), natural vanilla flavor), milk chocolate, Bailey's Irish Cream (aged Irish whiskey, Irish dairy cream, cocoa and vanilla), mascarpone (pasteurized milk and cream, citric acid)

Trick or Treat Cupcake: sugar, unsweetened chocolate (100% cocoa mass), butter (cream, natural flavorings), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cocoa powder (high fat cocoa processed with alkali), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, milk (whole milk, vitamin D), eggs, vanilla extract (organic alcohol (35%), organic vanilla bean extractives), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pan spray (soybean oil, soy lecithin, propellant), confectioners sugar (sugar, cornstarch), pistoles (unsweetened chocolate, sugar, cocoa butter, soy lecithin (emulsifier), natural vanilla flavor), peanuts

Nutmeg Spice Cupcake: sugar, vanilla (organic alcohol (35%), organic vanilla bean extractives), eggs, oil (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, nutmeg, cinnamon, ground ginger, clove, salt, pan spray (soybean oil, soy lecithin, propellant)

Magic Sally Frosting: cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), butter (cream, natural flavorings), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), salt, sugar, egg whites, vanilla extract (organic alcohol (35%), organic vanilla bean extractives)

PIES

Blueberry Pie: blueberries, cornstarch, vanilla sugar²⁵, salt, lemon zest. *crust:* all-purpose flour¹, sugar, salt, butter⁶, eggs, milk⁷ *crust:* all-purpose flour¹, sugar, salt, butter⁶, eggs, milk⁷

Double Crust Apple Pie: macintosh apples, granny smith apples, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), brown sugar, sugar, cinnamon, salt. *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavorings) eggs, milk (whole milk, vitamin D)

Pumpkin Pie: pumpkin puree, brown sugar, ginger, cinnamon, nutmeg, clove, salt, condensed milk⁶⁶, evaporated milk⁶⁵, eggs, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives). *crust:* all-purpose flour¹, sugar, salt, butter⁶, eggs, milk⁷

Pecan Pie: sugar, corn syrup (light corn syrup, salt, vanilla), eggs, salt, butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives), lemon juice, pecans. *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavorings), milk (whole milk, vitamin D), egg yolks

Banana Cream Pie: bananas, lemon juice, orange juice, salted caramel (sugar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), salt), pastry cream (milk⁷, vanilla beans, sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, eggs), confectioner's sugar (sugar,

cornstarch), cornstarch. crust: butter, sugar, salt, all purpose flour¹, yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla)

Cherry Crumb Pie: cherries, sugar, cornstarch, salt, vanilla extract (organic alcohol, organic vanilla bean extractives), butter⁶, sugar, salt, all purpose flour¹, yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), brown sugar, cinnamon, ginger

Whole Pies/Sliced Pies Crust: butter⁶, sugar, salt, all purpose flour¹, yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate)

- **Chocolate Cream:** heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), half and half⁹, egg yolks, dark chocolate¹⁹, vanilla sugar²⁵, vanilla extract (organic alcohol, organic vanilla bean extractives), salt, confectioner's sugar (sugar, cornstarch), cornstarch, milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans)

- **Coconut Cream:** coconut milk (coconut extract, water, citric acid, sodium metabisulfite), milk (milk, vitamin D), sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, salt, vanilla, toasted coconut (coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), confectioner's sugar (sugar, cornstarch), cornstarch, white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla)

- **Lemon Meringue:** heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), butter⁶, lemon juice, sugar, egg, salt, vanilla extract (organic alcohol, organic vanilla bean extractives), white chocolate (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla)

King Cake: butter⁶, sugar, almond flour, eggs, all-purpose flour¹, salt, vanilla extract (organic alcohol, organic vanilla bean extractives), almond extract¹⁶, orange zest

Lime Cream Pie: butter (cream, natural flavorings), eggs, sweetened condensed milk (milk, sugar), lime juice, lime zest, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), cornstarch, confectioners sugar (sugar, cornstarch), sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid)

Strawberry Rhubarb Pie (and slab): butter⁶, rhubarb, strawberries, cornstarch, orange juice, sugar, salt, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yolks, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate)

Blueberry Peach Cobbler: *Biscuit:* AP (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, egg, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), milk (milk, vitamin D3), butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives)

Filling: blueberries, peaches (erythorhic acid, citric acid, and malic acid), cornstarch, vanilla sugar (sugar, organic vanilla beans), salt, lemon zest

BREAD

Ciabatta: yeast, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

Rye Bread: high gluten flour², rye flour, whole wheat flour, cornmeal, cocoa powder⁵⁷, molasses, blended oil⁵, salt, fresh yeast, water, caraway seeds

Multigrain: whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

Country Bread: all-purpose flour¹, high gluten flour², yeast, sugar, salt, sponge, water, cornmeal

Raisin Pecan Bread: all-purpose flour¹, high gluten flour², yeast, salt, honey, pecans, golden raisins⁶⁸, cornmeal

Cranberry Pecan Bread: all-purpose flour¹, high gluten flour², yeast, salt, honey, pecans, dried cranberries⁵¹, fresh cranberries, cornmeal

Gluten Free Bread: yeast, eggs, sugar, salt, vegetable oil blend⁵, salt, pepper, extra virgin olive oil, cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum

Sesame Focaccia: yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant) extra virgin olive oil, sesame seeds, black pepper

SANDWICHES

Sweet Potato: roasted sweet potatoes, mustard greens, granny smith apple (water, lemon juice), walnut pesto (roasted walnuts, sundried tomatoes, garlic, parmesan cheese {unpasteurized cow's milk, salt, rennet}, extra virgin olive oil, lemon juice, salt, black pepper), blue cheese dressing (great hill blue cheese {unpasteurized cow's milk, salt, rennet}, mayonnaise, sour cream, red wine vinegar, salt, black pepper) raw cider vinaigrette (raw apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt] extra virgin olive oil, sugar, salt, pepper)

Hummus: hummus (chickpeas, garlic, cumin seeds, tahini [organic golden sesame seeds], lemon juice, salt, black pepper, extra virgin olive oil), pickled daikon (carrots, fresno chile, distilled vinegar, sugar, salt), vegan sriracha aioli (chickpeas, aquafaba⁸⁰, sriracha⁷⁹, {chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum}, vegetable oil blend⁵), cilantro, thai basil, mint, cucumber, served on focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal **Served on White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Smoked Turkey: smoked turkey breast [turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate], cheddar cheese [pasteurized milk, cheese cultures, salt, enzymes], mayonnaise [soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor], mixed greens, apple + dill slaw (cabbage, granny smith apples, dill, mayo {soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor}, grain mustard {water, mustard seeds, vinegar, salt}, celery seed, cider vinegar, honey, lemon juice), cranberry chutney (frozen cranberries, frozen cherries, ginger, orange juice, oranges, sugar, brown sugar, balsamic vinegar [wine vinegar, concentrated grape must, caramel, antioxidant. contains sulfites], salt, black pepper)

Mortadella: mortadella (pork, pork fat, water, salt, pistachios, garlic, black pepper, mace, coriander seed,

cinnamon, chili, dextrose, sodium nitrate, collagen casing) mozzarella (pasteurized milk, cream, vinegar, enzymes) tomato, arugula, pistachio arugula pesto (pistachio, arugula, basil, parmesan cheese [raw cow's milk, salt, rennet] lemon zest, lemon juice, garlic, extra virgin olive oil, salt, pepper) cherry pepper crema (pickled cherry peppers (hot peppers, water, vinegar, salt, calcium chloride, benzoate of soda, fd&c yellow #5) sour cream (cultured pasteurized light cream, non fat milk, enzymes) mayo (soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor) honey, garlic, salt, pepper

Cauliflower: Cauliflower (olive oil, red chili flake, garlic, salt) smoked poblano relish [poblano pepper, jalapeno, onion, garlic, white wine vinegar, lime, sugar, cumin, mustard powder, red pepper flake, lime juice, salt] Pumpkin seed butter [pepitas, roasted garlic, cilantro, lime juice, extra virgin olive oil, salt, pepper] Oaxaca cheese (pasteurized whole milk, salt, vinegar, titanium dioxide, hannilase) Focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour, vegetable oil blend, cornmeal, pan spray), or served on Multigrain bread (whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal)

Salmon: smoked salmon²⁷, herb cream cheese (cream cheese¹³, rosemary, thyme, parsley, lemon zest, capers⁴², salt, pepper), red onion, arugula. **On Multigrain Bread:** whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

BLT: applewood smoked bacon²⁸, tomato, mayonnaise³³, arugula, balsamic vinaigrette (balsamic vinegar⁸⁸, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt). **On White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Roasted Chicken: marinated achiote chicken (annatto seed, spices, vinegar, iodized salt, granulated garlic, cornmeal, FD&C red color #40, sodium benzoate, vegetable oil blend⁵), marinated jicama (jicama, honey, lime juice, lime zest), mashed avocado (avocado, chipotle peppers³⁵, lime juice, red onion, cilantro, salt). **Served on White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal.

Roast Beef: roast beef (beef, salt, black pepper), tomato, crispy onions (onions, all-purpose flour¹, soybean oil), horseradish mayonnaise (mayonnaise³³, horseradish³⁷, crème fraîche¹¹, grain and dijon mustard³⁴). **On Ciabatta:** yeast, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Roasted Lamb: ras el hanout⁸⁶, garlic, cucumber, raita (scallion, ginger, jalapeno, roasted garlic, ras el hanout⁸⁶, lemon juice, sherry vinegar, mint, greek yogurt⁷⁸, herbed tahini), (tahini⁸⁷, cilantro, parsley, garlic, cumin, ground sumac, lemon juice, salt), shaved fennel (mint, evoo, lemon juice, salt, pepper), **On White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Chicken + Broccoli Rabe Panini: marinated roasted chicken (thyme, salt, lemon juice, lemon zest, fennel seed, garlic, pepper, vegetable oil blend⁵), brie cheese³² (mixed with thyme), broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), roasted red peppers (fresh red peppers, parsley, sherry vinegar, salt, honey), arugula. **If on White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal **OR If on Multigrain:** whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

Egg Sandwich: egg patty (eggs, half and half⁹, milk⁷, salt, black pepper), cheddar cheese¹⁴, dijonnaise (mayonnaise³³, thyme, dijon mustard³⁴), arugula, tomato, applewood smoked bacon²⁸ or ham²⁹ **On White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Strata: egg custard (eggs, milk, heavy cream, salt, black pepper), focaccia (yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal), cheddar cheese¹⁴, applewood smoked bacon²⁸ or ham²⁹ or italian sausage⁸¹, spinach, sage, thyme, garlic, onion, salt and pepper

SALADS + GRAIN BOWLS

Mustard Greens + Farro: mustard greens, romaine, carrots, giardiniera (sugar, distilled vinegar, red pepper flake, mustard seed, cauliflower, celery, red pepper) dried apricot (sulphur dioxide), dried cranberry (cranberries, sugar, sunflower oil) whole wheat farro, candied almonds (almonds, sugar, chili flake, salt, black pepper) parmesan vinaigrette (chickpeas, garlic, dijon mustard, lemon juice, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, parmesan cheese {cow's milk, salt, rennet}, salt, pepper), **multigrain croutons** (whole wheat flour, spelt flour, all-purpose flour, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal, extra virgin olive oil, onion powder, garlic powder)

Chopped Greek Salad: romaine, cucumber, kalamata olive⁶⁰, red onion, feta⁵⁸, tomato*, garbanzo beans, pickled banana peppers⁴⁰, marinated roasted chicken (thyme, salt, lemon juice, fennel seed, garlic, pepper, vegetable oil blend⁵), green goddess dressing (parsley, chives, tarragon, garlic, lemon juice, mayonnaise³³, salt, black pepper, white wine vinegar)

Mixed Grains + Chickpeas: mixed grains (brown rice, millet, black quinoa, onion, scallion, garlic, celery, coriander seed, mustard seed, extra virgin olive oil, white wine vinegar, salt, pepper), sweet potato, beet sauerkraut (beets, cabbage, salt), fennel slaw (mint, lemon juice, extra virgin olive oil, salt, pepper), marinated chickpeas (chickpeas, roasted garlic, shallots, mint, parsley, basil, chives, white wine vinegar, lemon juice, extra virgin olive oil, red pepper flake, salt, pepper) vegan hot sauce (chickpeas, garlic, dijon mustard, lemon juice, sriracha [chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum], blended oil [may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene]) raw cider vinaigrette (raw apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt], blended oil [may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene]) sugar, salt, pepper), egg, arugula

“Everything” Tuna Salad: tuna salad (orange zest, chives, extra virgin olive oil, dried onion, dried garlic, poppy seed, sesame seed, lemon juice, sherry vinegar, salt, pepper) orange, grapefruit, pomegranate seed, caperberry, tarragon, parsley, radicchio, red gem lettuce, lemon-tahini dressing (tahini, lemon juice, apple cider vinegar, dijon mustard³⁴, extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}) red pepper flake, sugar, salt, pepper) mixed seed brittle (corn syrup, sugar, pumpkin seeds, sunflower seeds, white sesame seeds, black sesame seeds, salt)

Simple Green Salad: mixed greens, balsamic vinaigrette (balsamic vinegar⁸⁸, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt), salt

Simple Green Salad with Veg: mixed greens, balsamic vinaigrette (balsamic vinegar⁸⁸, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt), salt, carrot, cucumber, tomato*

Raw Cider Vinaigrette (raw apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt] extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}) sugar, salt, pepper)

Lemon-Tahini Dressing (tahini, lemon juice, apple cider vinegar, dijon mustard³⁴, extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant) red pepper flake, sugar, salt,

pepper)

Balsamic Vinaigrette: (balsamic vinegar⁸⁸, pasteurized egg yolks, vegetable oil blend⁵, dijon mustard³⁴, black pepper, salt)

Grains: (brown rice, millet, black quinoa, wheatberry, onion, scallion, garlic, celery, coriander seed, mustard seed, extra virgin olive oil, white wine vinegar, salt, pepper)

Parmesan Vinaigrette chickpeas, garlic, dijon mustard, lemon juice, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, parmesan cheese {cow's milk, salt, rennet}, salt, pepper

SAVORY CATERING

QUICHE

ham, roasted tomato, broccoli rabe, cheddar ham (pork, salt, corn syrup, sugar, sodium phosphate, dextrose, sodium erythorbate, sodium nitrite), tomato, extra virgin olive oil, broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), cheddar cheese (fresh pasteurized milk, cheese cultures, salt, enzymes) pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg)

bacon, caramelized onions, herbed goat cheese bacon (pork, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite), onions, extra virgin olive oil, broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), goat cheese (pasteurized goat milk, cheese culture, vegetable rennet, salt) parsley, rosemary, thyme, pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg)

spinach, feta, roasted red pepper baby spinach, feta cheese (cultured pasteurized milk, salt, enzymes) roasted red pepper (red peppers, parsley, sherry vinegar, salt, honey), extra virgin olive oil, pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg)

CATERING MINI STUFFED BREAD

sweet potato, spinach, cheddar, tomato sweet potato, baby spinach, tomato, extra virgin olive oil, cheddar cheese (fresh pasteurized milk, cheese cultures, salt, enzymes) focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

smoked turkey, caramelized onions, mozzarella smoked turkey [turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate], onions, extra virgin olive oil, mozzarella cheese (pasteurized milk, cheese cultures, salt, enzymes, cellulose) focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

chicken, broccoli rabe, fontina, red pepper marinated roasted chicken (thyme, salt, lemon juice, lemon zest, fennel seed, garlic, pepper, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}), broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), fontina cheese [pasteurized milk, cheese cultures, salt, enzymes] focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

CHEESE BALL

goat cheese (pasteurized goat milk, cheese culture, vegetable rennet, salt) everything spice (dried garlic, dried onion, white sesame seed, poppy seed) honey, chives, black pepper, pistachios, mixed greens, crisps (all-purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid], high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, sponge, water, cornmeal) extra virgin olive oil, salt

HUMMUS PLATTER

baby rainbow carrots, cucumbers, candied striped beets, watermelon radish, bibb lettuce, cauliflower, cauliflower, hummus (chickpeas, garlic, cumin seed, tahini [organic golden sesame seeds], lemon juice, salt, black pepper, extra virgin olive oil)

SOUPS

curried lentil, chickpea + coconut: chickpeas, red lentils, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), crushed tomatoes, vegetable stock (carrots, celery, onion) carrots, onions, curry powder, garlic, ginger, cumin, parsley, sherry vinegar, lemon juice, extra virgin olive oil, salt, pepper

sausage, kale + white bean: white beans, italian sausage, onions, carrots, celery, parmesan (raw cow's milk, salt, rennet), olive oil, garlic, salt, red pepper flake, chicken stock (carrots, celery, onion, chicken bones), rosemary, lemon juice, kale.

roasted fennel + tomato: tomatoes, fennel, onions, garlic, butter (cream, natural flavorings), extra virgin olive oil, tarragon, salt, pepper

beef + black bean chili: ground beef, onions, carrots, garlic, cumin, dark chili powder, roasted jalapeno, ancho chili paste, roasted red peppers, chicken stock, chipotle, lime juice, brown sugar, oregano, dry black beans, salt, pepper

creamy tomato + parmesan: crushed tomatoes, onions, garlic, honey, heavy cream, pecorino, parmesan stock (parmesan rinds (raw cow's milk, salt, rennet), celery, onion, bay leaf), extra virgin olive oil, red pepper flake, salt, pepper

farro, escarole + potato: carrots, celery, onion, garlic, farro, tomatoes, russet potatoes, escarole, parsley, parmesan broth (raw cow's milk, salt, rennet) pecorino (pasteurized sheep's milk, cultures, enzymes, salt) sherry vinegar, lemon juice, extra virgin olive oil, red pepper flake, salt

smoked chicken pozole: chicken thighs, onions, garlic, hominy (white corn, water, salt, sodium bisulfite), black beans, chicken stock (chicken bones, carrots, celery, onion) guajillo chili, ancho chili, lime juice, cilantro, oregano, chicken fat, tomato paste, coriander, cumin, extra virgin olive oil, salt

creamy potato + leek: yukon potatoes, vegetable stock (carrots, celery, onion, herbs) garlic, leeks, whole milk, butter, salt, pepper

SUB INGREDIENTS

¹ **King Arthur All-Purpose Flour:** unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid

² **All Trumps High Gluten Flour:** bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid

³ **American Beauty High Ratio Cake Flour:** bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid

⁴ **Confectioner's Sugar:** sugar, cornstarch

⁵ **Vegetable Oil Blend:** (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene

⁶ **Cabot Unsalted Butter:** cream, natural flavorings

⁷ **Whole Milk:** milk, vitamin D3

⁸ **Heavy Cream:** cream, carrageenan, mono and diglycerides, polysorbate 80

⁹ **Half and Half:** milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate

¹⁰ **Buttermilk:** grade A cultured pasteurized fat free milk, salt, sodium citrate

¹¹ **Crème Fraîche:** cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate

¹² **Silk Unsweetened Soy Milk:** Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor

¹³ **Smithfield Cream Cheese:** pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums)

¹⁴ **Cheddar Cheese:** pasteurized milk, cheese cultures, salt, enzymes

¹⁵ **Whole Milk Plain Yogurt:** cultured pasteurized whole milk, pectin, vitamin D3

¹⁶ **Almond Extract:** water, alcohol, bitter almond oil

¹⁷ **Vanilla Extract:** organic alcohol, organic vanilla bean extractives

¹⁸ **Callebaut 815 Semisweet Chocolate:** unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor

¹⁹ **TCHO 68% Dark Couverture Chocolate:** cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans

²¹ **TCHO "Serious Milk" Chocolate:** cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans

²³ **Callebaut White Chocolate:** sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla

²⁴ **Callebaut Unsweetened Chocolate:** 100% cocoa mass

²⁵ **Vanilla Sugar:** sugar, organic vanilla beans

²⁶ **Smoked Turkey Breast:** turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate

²⁷ **Smoked Salmon:** atlantic salmon, salt, evaporated cane juice, spices, fruit wood and hardwood smoke

²⁸ **Applewood Smoked Bacon:** bacon, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite

²⁹ **Ham:** pork, water, sea salt, turbinado sugar, natural flavorings, maple syrup

³⁰ **Fresh Mozzarella:** pasteurized milk, starter, vegetable rennet

³¹ **Shredded Mozzarella:** pasteurized milk, cheese cultures, salt, enzymes, cellulose

- ³² **Brie Cheese:** pasteurized cultured milk and cream, salt, enzymes, sodium phosphate, milk protein concentrate, lactic acid, beta carotene, guar and/or carob bean gums
- ³³ **Mayonnaise:** soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor
- ³⁴ **Dijon Mustard:** water, mustard seeds, vinegar, salt
- ³⁵ **Chipotle Peppers:** chipotle peppers, water, tomato paste, onion, sugar, vinegar, sunflower oil, paprika, garlic, corn, salt
- ³⁶ **Curry Powder:** spices, turmeric, celery
- ³⁷ **Horseradish:** horseradish, vinegar, water, soybean oil, salt, artificial flavor
- ³⁸ **Gluten-free Tamari:** water, soybeans, salt, alcohol
- ³⁹ **Sriracha:** chili, sugar, salt, garlic, vinegar, potassium sorbate, sodium bisulfite, xanthan gum
- ⁴⁰ **Pickled Banana Peppers:** peppers, white vinegar, salt, calcium chloride, sodium benzoate, yellow #5, sodium bisulfite
- ⁴¹ **Parmesan Cheese:** raw cow's milk, salt, rennet
- ⁴² **Capers:** capers, salt, vinegar
- ⁴³ **Raspberry Jam:** sugar, raspberries, water, pectin, citric acid, sodium citrate
- ⁴⁴ **Baking Powder:** monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)
- ⁴⁵ **Rice Krispies Cereal:** rice, sugar, contains 2% or less of salt, malt flavor. BHT added to packaging for freshness. Vitamins and Minerals: Iron, vitamin C (ascorbic acid), vitamin E (alpha tocopherol acetate), niacinamide, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin B12, vitamin D.
- ⁴⁶ **Marshmallows:** corn syrup, sugar, dextrose, modified food starch (corn), water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate
- ⁴⁷ **Corn Syrup:** light corn syrup, salt, vanilla
- ⁴⁹ **Bountiful Harvest Shredded Coconut:** Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy)
- ⁵⁰ **Coconut Milk:** coconut extract, water, citric acid, sodium metabisulfite
- ⁵¹ **Dried Cranberries:** cranberries, sugar, sunflower oil
- ⁵² **Dried, Diced, Unsulphured Apples:** apples
- ⁵³ **Dried Apricots, #4 Turkish:** apricots, sulfur dioxide
- ⁵⁴ **Crystallized Thai Ginger:** ginger, cane sugar, sulfur dioxide, citric acid
- ⁵⁵ **Dried Tart Cherries:** cherries, sugar, sunflower oil
- ⁵⁶ **Dried Currants:** currants, vegetable oil
- ⁵⁷ **Cocoa Powder:** high fat cocoa processed with alkali
- ⁵⁸ **Feta:** cultured pasteurized milk, salt, enzymes
- ⁵⁹ **Goat Cheese:** pasteurized goat milk, cheese culture, vegetable rennet, salt
- ⁶⁰ **Kalamata Olives:** olives, water, salt, vinegar
- ⁶¹ **Frangipane Cream:** butter, sugar, almond flour, eggs, flour, salt, vanilla
- ⁶² **Pan Spray (Wesson Brand):** soybean oil, soy lecithin, propellant
- ⁶⁴ **Graham Crackers:** unbleached enriched flour (wheat Flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic

- acid), sugar, graham flour (whole grain wheat flour), soybean oil, high fructose corn syrup, partially hydrogenated cottonseed oil, honey, leavening (baking soda and/or calcium phosphate), salt, artificial flavor
- ⁶⁵ **Evaporated milk:** milk, dipotassium phosphate, carrageenan, vitamin D3
- ⁶⁶ **Condensed milk:** milk, sugar
- ⁶⁷ **Fat Free Vanilla Yogurt:** cultured pasteurized nonfat milk, sugar, whey protein concentrate, nonfat milk solids, whey, vanilla extract
- 68 golden raisins:** raisins, soybean oil, cottonseed oil
- 69 Great Hill Blue Cheese:** raw cows milk, salt, enzymes, cheese cultures, penicillium roqueforti
- 70 Sour Cream:** cultured pasteurized light cream, non fat milk, enzymes
- 71 Pectin:** dextrose, citric acid (assists gel) fruit pectin
- 72 Grilled Artichoke with Stem:** artichoke, sunflower seed oil, white wine vinegar, salt, citric acid, ascorbic acid
- 72 Fontina Cheese:** pasteurized cow's milk, salt, rennet, cheese cultures, preservatives, lysozyme (eggs)
- 73 Cherry Peppers:** hot peppers, water, vinegar, salt, calcium chloride, 1/10 of 1% benzoate of soda (a preservative), FD&C yellow #5
- 74 Ricotta Cheese:** sweet whey, whole milk, sweet cream, culture, vinegar, salt
- 75 Ricotta Salata:** pasteurized sheep's milk, salt
- 76 Aged Cheddar:** fresh pasteurized milk, cheese cultures, salt, enzymes
- 77 Mascarpone:** pasteurized milk and cream, citric acid
- 78 greek yogurt:** (pasteurized grade A cow's and goat's milk, skim milk, cream, active bacterial cultures {bifidobacterium lactis, L. acidophilus})
- 79 sriracha:** chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum
- 80 aquafaba:** chickpea cooking liquid, salt
- 80 Great Hill Blue Cheese:** raw cows milk, salt, enzymes, cheese cultures, penicillium roqueforti
- 81 Italian Sausage:** Pork, Water, Salt, Spices, Monosodium Glutamate, Sugar, Paprika, BHA, BHT, Citric Acid.
- 82 NEC Ham:** (pork shoulder, water, salt, dextrose, sodium erythorbate, sodium nitrite)
- 83 Pecorino** (pasteurized sheep's milk, cultures, enzymes, salt)
- 84 Provolone** (pasteurized cow's milk, rennet, salt)
- 85 Tofu** (water, organic soybeans, nigari {seed water extract} calcium sulfate)
- 86 Ras el Hanout:** (coriander, cumin, chili flake, cinnamon, paprika, cardamom, ginger, and turmeric)
- 87 Tahini:** toasted sesame seed puree
- 88 Balsamic Vinegar:** wine vinegar, concentrated grape must, caramel, antioxidant. contains sulfites
- 89 Pacific Oat Milk:** water, oats, organic canola oil, contains 1% or less of dipotassium phosphate, sea salt, sodium citrate, tricalcium phosphate.