

BREAKFAST PASTRIES

WHOLEflour apple spice snacking cake: wheat flour, baking soda, salt, cinnamon, ground ginger, ground clove, butter (cream, natural flavorings), sugar, eggs, apples, raisins (raisins, soybean oil, cotteseed oil), pecans, confectioners sugar (sugar, cornstarch), pan spray (soybean oil, soy lecithin, propellant)

Banana Bread: all-purpose flour¹, baking soda, cinnamon, salt, sugar, eggs, vegetable oil blend⁵, banana, crème fraîche¹¹, vanilla extract¹⁷, walnuts, pan spray⁶²

Sour Cream Coffee Cake: cake flour³, baking powder⁴⁴, baking soda, salt, sugar, butter⁶, eggs, vanilla extract¹⁷, crème fraîche¹¹, brown sugar, pecans, cinnamon, ground ginger, ground clove, confectioners sugar⁴, water, pan spray⁶²

Parmesan Chive Scone: all-purpose flour¹, baking powder⁴⁴, salt, parmesan cheese⁴¹, butter⁶, chives, black pepper, creme fraiche¹¹, egg

Low Fat Scone: all-purpose flour¹, baking powder⁴⁴, baking soda, salt, cinnamon, golden raisins⁶⁸, raisins⁶⁸, dried cranberries⁵¹, dried apples⁵², dried apricots⁵³, crystallized ginger⁵⁴, blueberries, cranberries, buttermilk¹⁰, yogurt¹⁵, eggs, vegetable oil blend⁵ *glaze:* confectioners sugar⁴, water, orange juice, orange zest

Currant, Spelt & Oat Scone: all-purpose flour¹, white spelt flour, rolled oats, baking powder⁴⁴, baking soda, salt, sugar, butter⁶, buttermilk¹⁰, creme fraiche¹¹, eggs, dried currants⁵⁶

Lemon Ginger Scone: all-purpose flour¹, baking powder⁴⁴, baking soda, salt, sugar, ground ginger, crystallized ginger⁵⁴, lemon zest, butter⁶, buttermilk¹⁰, heavy cream⁸, eggs, fresh ginger, lemon juice, confectioners sugar⁴

Vanilla Scone: all-purpose flour¹, baking powder⁴⁴, baking soda, salt, vanilla sugar²⁵, butter⁶, buttermilk¹⁰, creme fraiche¹¹, eggs, vanilla bean, vanilla extract¹⁷

Strawberry Jam: frozen strawberries, granulated sugar, apple pectin (dextrose, citric acid (assists gel) fruit pectin), citric acid, lemon juice.

Rhubarb Strawberry Jam: rhubarb, strawberries, vanilla sugar²⁵, lemon juice, salt, vanilla bean, pectin (dextrose, citric acid (assists gel) fruit pectin)

Ricotta Cherry Scone: all-purpose flour¹, baking powder⁴⁴, baking soda, salt, sugar, butter⁶, buttermilk¹⁰, creme fraiche¹¹, ricotta⁷⁴, lemon zest, vanilla extract¹⁷, eggs, cherries, dried cherries⁵⁵

Chocolate Ginger Scone: all-purpose flour¹, baking powder⁴⁴, baking soda, salt, vanilla sugar²⁵, butter⁶, buttermilk¹⁰, ground ginger, candied ginger⁵⁴, fruity drops¹⁹, heavy cream⁸, eggs, fresh ginger

Whole Wheat Apple Walnut Scone: walnuts, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, brown sugar, dried apples, butter (cream, natural flavorings), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), yolks, granny smith apple, pan spray (soybean oil, soy lecithin, propellant)

Whole Wheat Blueberry Apricot Scone: all-purpose flour unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from

non-genetically modified corn), baking soda, salt, sugar, butter (cream, natural flavorings), creme fraiche, (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, dried apricots (apricots, sulfur dioxide), blueberries, blackberries, lemon zest

Oatmeal maple scone: all-purpose flour unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), rolled oats, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, pecans, golden raisins (raisins, soybean oil, cottonseed oil), butter (cream, natural flavorings), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), maple syrup, eggs

Irish soda bread: rye flour, baking powder (Monocalcium Phosphate, Bicarbonate Of Soda, Cornstarch), baking soda, salt, sugar, butter (cream, natural flavorings), buttermilk, crème fraîche (creme fraiche (heavy cream: cream, carrageenan, mono and diglycerides, polysorbate 80, buttermilk: grade A cultured pasteurized fat free milk, salt, sodium citrate), eggs, caraway seeds, raisins, dried currants (currants, vegetable oil)

Blueberry Muffin: all-purpose flour¹, baking soda, baking powder⁴⁴, salt, sugar, butter⁶, eggs, milk⁷, crème fraîche¹¹, vanilla extract¹⁷, blueberries, pan spray⁶²

Raspberry Rhubarb Muffin: all-purpose flour¹, baking soda, baking powder⁴⁴, salt, sugar, butter⁶, eggs, milk⁷, crème fraîche¹¹, vanilla extract¹⁷, raspberries, rhubarb, confectioner's sugar⁴, pan spray⁶²

Bran Muffin: bran, creme fraiche¹¹, milk⁷, eggs, molasses, all-purpose flour¹, baking powder⁴⁴, baking soda, salt, brown sugar, pan spray⁶²

Orange Marmalade: oranges, lemon zest, lemon juice, water, sugar, vanilla beans

Corn Muffin: cornmeal, all-purpose flour¹, brown sugar, baking powder⁴⁴, salt, baking soda, creme fraiche¹¹, milk⁷, eggs, oil⁵, butter⁶, corn, pan spray⁶²

Red Pepper Jelly: red bell pepper, jalapeno, white vinegar, pectin, sugar, salt

Ginger Muffin (with fruit): all-purpose flour¹, baking soda, baking powder⁴⁴, salt, sugar, butter⁶, eggs, milk⁷, creme fraiche¹¹, vanilla extract¹⁷, ground ginger, candied ginger⁵⁴, pan spray⁶² **(Plus fresh fruit!)**

Gingerbread Muffin with Coffee Glaze: *cake:* butter (cream, natural flavorings), brown sugar, fresh ginger, eggs, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, clove, cinnamon, ground ginger, ground pepper, molasses, water, baking soda. *glaze:* water, coffee, espresso powder, confectioner's sugar (sugar, cornstarch), candied ginger, candied ginger (ginger, cane sugar, sulfur dioxide, citric acid), pan spray (soybean oil, soy lecithin, propellant)

Maple cranberry pecan muffin: all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin (a B vitamin), reduced iron thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid (a B vitamin), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from nongenetically modified corn), baking soda, salt, eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), butter (cream, natural flavorings), sugar, cranberries, pecans, maple syrup. *glaze:* maple syrup, water, confectioners sugar, pan spray (soybean oil, soy lecithin, propellant)

Pumpkin Muffin with Candied Pepitas: butter (cream, natural flavorings), molasses, sugar, eggs, orange

juice, pumpkin puree, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, cinnamon, clove, pepitas, pan spray (soybean oil, soy lecithin, propellant))

Gluten Free Chocolate Chip Coconut: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), shredded coconut (coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor), pan spray (soybean oil, soy lecithin, propellant))

Gluten Free Lemon Coconut Pineapple Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk (whole milk, vitamin D), coconut milk (coconut extract, water, citric acid, sodium metabisulfite), crème fraîche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), coconut (Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), lemon zest, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), lemon juice, confectioners sugar (sugar, cornstarch), crushed pineapple, pan spray (soybean oil, soy lecithin, propellant))

Gluten Free Lemon Blueberry: cup for cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder⁴⁴, salt, sugar, butter⁶, eggs, milk⁷, creme fraiche¹¹, vanilla extract¹⁷, lemon zest, lemon juice, blueberries, pan spray⁶²

Gluten Free Peach Raspberry Muffin: cup for cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder⁴⁴, salt, sugar, butter⁶, eggs, milk⁷, creme fraiche¹¹, vanilla extract¹⁷, peaches, raspberries, pan spray⁶²

Gluten Free Lemon Blackberry Chia: cup for cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder⁴⁴, salt, sugar, butter⁶, eggs, milk⁷, crème fraîche¹¹, vanilla extract¹⁷, lemon zest, chia seeds, blackberry

Gluten Free Olive Oil with Grapes: greek yogurt⁷⁸, olive oil, eggs, lemon juice, lemon zest, almond extract¹⁶, sugar, cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) almond flour, baking powder⁴⁴, salt, green grapes, pan spray⁶²

Gluten Free Ginger Pear: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, sugar, butter (cream, natural flavorings), eggs, milk, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), vanilla extract (organic alcohol, organic vanilla bean extractives), ground ginger, candied ginger, ginger, cane sugar, sulfur dioxide, citric acid, pan spray (soybean oil, soy lecithin, propellant))

Gluten Free Blueberry Maple Muffin: butter⁶, sugar, eggs, vanilla extract¹⁷, Cup4Cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum,) baking soda, baking powder⁴⁴, salt, buttermilk¹⁰, maple syrup, confectioners sugar⁴, pan spray⁶² cup

Gluten Free Apple Streusel Muffin: cup4cup (cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum), baking soda, baking powder⁴⁴, salt, sugar, butter⁶, eggs, egg yolks, milk⁷, creme fraiche¹¹, vanilla extract¹⁷, granny smith apples, pan spray⁶²

Good Morning Muffin: eggs, brown sugar, vegetable oil (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vanilla extract (organic alcohol, organic vanilla bean extractives), whole wheat flour, rolled oats, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, cinnamon, zucchini, raisins (raisins, soybean oil, cottonseedoil), pecans, coconut, granny smith apples, pan spray (soybean oil, soy lecithin, propellant)

Vegan Banana & Chocolate Muffin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, soy milk (Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor), vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vinegar, vanilla extract (organic alcohol, organic vanilla bean extractives), banana, semisweet chocolate (unsweetened chocolate, sugar, cocoa butter, soy lecithin, natural vanilla flavor), pan spray (soybean oil, soy lecithin, propellant)

Vegan Vanilla Bean Muffin: all-purpose flour¹, baking soda, salt, sugar, soy milk¹², vegetable oil blend⁵, vinegar, vanilla bean, vanilla extract¹⁷, pan spray⁶²

Vegan Apple Cinnamon Muffin: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking soda, salt, sugar, soy milk (Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor), vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), vinegar, cinnamon, apples, pan spray (soybean oil, soy lecithin, propellant)

Vegan Blueberry Corn Muffin: flax seed meal, water, soy milk¹², vinegar, maple syrup, vegetable oil blend⁵, unsweetened apple sauce (apples, water, erythorbic acid), blueberries, baking soda, sugar, salt, almond flour, cornmeal, all purpose flour¹, pay spray⁶²

Vegan Jalapeno Corn Muffin w/ Red Pepper Jelly: flax seed meal, water, soy milk¹², vinegar, maple syrup, vegetable oil blend⁵, unsweetened apple sauce (apples, water, erythorbic acid), jalapeno, baking soda, sugar, salt, almond flour, cornmeal, all purpose flour¹, pay spray⁶²

Vegan Cranberry Orange: all-purpose flour¹, baking soda, salt, sugar, soy milk¹², vegetable oil blend⁵, vinegar, orange zest, vanilla extract¹⁷, fresh cranberries, pan spray⁶²

Lowfat Vegan Chocolate Cake: all-purpose flour¹, sugar, cocoa powder⁵⁷, espresso powder, baking soda, salt, semisweet chocolate¹⁸, vegetable oil blend⁵, vanilla extract¹⁷, molasses, confectioners sugar⁴, pan spray⁶². *** full size cake glaze: semisweet chocolate¹⁸, soy milk¹²

WHOLEFLOUR Vegan Carrot Ginger Muffin: khorasan wheat flour, baking soda, salt, cinnamon, ground ginger, sugar, crystallized ginger⁵⁴, soy milk¹², vegetable oil blend⁵, vinegar, golden raisins⁶⁸, walnuts, carrots, pan spray⁶²

Vegan Chai Muffin: all-purpose flour¹, baking soda, salt, sugar, cinnamon, cardamom, ginger, chai tea, soy milk¹², vegetable oil blend⁵, vinegar, bosc pears, ginger, crystalized ginger⁵⁴, vanilla sugar, pan spray⁶²

Good Morning Muffin: eggs, brown sugar, vegetable oil blend⁵, vanilla extract¹⁷, whole wheat flour, oats, baking powder⁴⁴, salt, cinnamon, zucchini, raisins⁶⁸, pecans, coconut⁴⁹, apple, pan spray⁶²

Croissant: all-purpose flour¹, cake flour³, salt, sugar, yeast, butter⁶, milk⁷, ascorbic acid powder, egg, pan

spray⁶²

Ham and cheese croissant: all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, sugar, yeast, butter (cream, natural flavorings), milk (whole milk, vitamin D) ascorbic acid powder, egg, pan spray (soybean oil, soy lecithin, propellant), ham (ham, salt, corn syrup, sugar, sodium phosphate, dextrose, sodium erythorbate, sodium nitrite), cheese (fresh pasteurized milk, cheese cultures, salt, enzymes), black and white sesame seeds

Butter Breton Cakes: high gluten flour², yeast, salt, butter⁶, suga, all-purpose flour¹, pan spray⁶²

Almond Croissant : all-purpose flour¹, cake flour³, salt, sugar, yeast, butter⁶, milk⁷, ascorbic acid powder, egg, almond extract¹⁶, almond flour, almonds, confectioners sugar⁴, pan spray⁶²

Twice Baked Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, almond extract¹⁶, almond flour, almonds, confectioners sugar⁴, pan spray⁶²

Chocolate Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, semisweet chocolate¹⁸, milk⁷, vanilla beans, pan spray⁶²

Pain aux Raisin: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, milk⁷, vanilla beans, golden raisins⁶⁸, confectioners sugar⁴, pan spray⁶²

Sticky Bun: all-purpose flour(unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour(bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, egg, butter (cream, natural flavoring), brown sugar, honey, heavy cream(cream, carrageenan, mono and diglycerides, polysorbate 80), pecans, cinnamon, pan spray(soybean oil, soy lecithin, propellant)

Brioche Loaves, Sugar Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, pan spray⁶²

Brioche au Sucre: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, pan spray⁶²

Cinnamon Cream Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, crème fraîche¹¹, milk⁷, vanilla beans, cinnamon, pan spray⁶²

Pop Tarts (raspberry): all-purpose flour¹, sugar, salt, butter⁶, egg yolks, milk⁷, raspberry jam⁴³, confectioners sugar⁴, pan spray⁶²

Baked French Toast: all-purpose flour¹, high gluten flour², yeast, vegetable oil blend⁵, salt, vanilla sugar²⁵, whole milk⁷, heavy cream⁸, nutmeg, cinnamon, eggs, confectioners sugar⁴, butter⁶

Mushroom Brioche: garlic, cremini mushroom, red onion, thyme, butter⁶, white wine vinegar, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), salt, pepper, parmesan cheese (raw cow's milk, salt, rennet), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, granulated sugar, eggs, fontina cheese⁷²

Brown butter cinnamon roll: high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, eggs, butter (cream, natural flavorings), vanilla bean, brown sugar, cinnamon. *Frosting:* cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), butter (cream, natural flavorings),

confectioners sugar (sugar, cornstarch), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate)

Vanilla Cream Donuts: all-purpose flour¹, salt, sugar, eggs, milk⁷, yeast, butter⁶, vanilla sugar²⁵, heavy cream⁸, egg yolks, cake flour³, vanilla beans (fried in soy bean oil), pan spray⁶²

Raspberry Donuts: all-purpose flour¹, salt, sugar, eggs, milk⁷, yeast, butter⁶, vanilla sugar²⁵, raspberry jam⁴³ (fried in soy bean oil), pan spray⁶²

Granola: oatmeal, wheat germ, shredded coconut⁴⁹, sesame seeds, sunflower seeds, walnuts, almonds, salt, cinnamon, oil⁵, honey, vanilla extract¹⁷, dried cranberries⁵¹, pan spray⁶²

WHOLEflour commuter mix: cashews, almonds, dried cherries (cherries, sugar, sunflower oil), pepitas, coconut (cane sugar, sulfur dioxide), organic white mulberries, goji berries, dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans)

WHOLEflour breakfast cookie: butter (cream, natural flavorings), granulated sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), maple syrup, banana, whole wheat flour, oats, baking soda, salt, nutmeg, cinnamon, dried cranberries (cranberries, sugar sunflower oil), toasted walnut, pepitas, dried cherries (cherries, sugar, sunflower oil), flake coconut, sunflower seed, flax seeds, millet

CASE ITEMS

Boston Cream Pie: eggs, sugar, lemon juice, cake flour³, salt, sugar, heavy cream⁸, milk⁷, vanilla beans, semisweet chocolate¹⁸, coffee, pan spray⁶²

Berry Bread Pudding: half and half⁹, eggs, sugar, vanilla sugar²⁵, salt, raspberries, blueberries, all-purpose flour¹, high gluten flour², yeast, vegetable oil blend⁵, cornmeal, pan spray⁶²

Sticky Bun Bread Pudding: half and half, eggs, sugar, vanilla beans, salt, pecans, goo (butter⁶, brown sugar, honey, heavy cream⁸, salt), sticky bun (all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, brown sugar, honey, heavy cream⁸, pecans, cinnamon) yeast, sugar, salt, all-purpose flour¹, high gluten flour² and/or whole wheat flour, vegetable oil blend⁵, cornmeal, honey, whole milk⁷, pan spray⁶²

Crème brulee: heavy cream⁸, half and half⁹, salt, sugar, vanilla beans, egg yolks

Tartlette Shells: butter⁶, sugar, salt, all-purpose flour¹, egg yolks, heavy cream⁸

- **Lemon Lust/Meringue:** heavy cream⁸, butter⁶, lemon juice, sugar, egg, salt, vanilla extract¹⁷

- **Fruit Tart:** fresh fruit, heavy cream⁸, eggs, cake flour³, vanilla beans, sugar, salt, milk⁷

- **Chocolate Cream:** heavy cream⁸, half and half⁹, egg yolks, dark chocolate¹⁹, vanilla sugar²⁵, vanilla extract¹⁷, salt, confectioner's sugar⁴, cornstarch

- **Coconut Cream:** coconut milk⁵⁰, milk⁷, sugar, cake flour³, eggs, salt, vanilla, toasted coconut⁴⁹, heavy cream, confectioner's sugar⁴, cornstarch

Tart Shells (Indiv, 5", 8", 10"): butter⁶, sugar, salt, all-purpose flour¹, egg yolks, heavy cream⁸, almond flour, vanilla extract¹⁷, Frangipane Cream⁶¹

- **Fruit Tart:** fresh fruit, heavy cream⁸, eggs, cake flour³, vanilla beans, sugar, salt, milk⁷

Triple Chocolate Mousse Cake: eggs, semisweet chocolate¹⁸, coffee, salt, sugar, heavy cream⁸, white chocolate²³, milk chocolate²¹ (Full size cake decorated with white chocolate²³ and fresh fruit)

Midnight Chocolate Cake: cocoa powder⁵⁷, unsweetened chocolate²⁴, vanilla extract¹⁷, cake flour³, salt, baking soda, brown sugar, butter⁶, vegetable oil blend⁵, crème fraîche¹¹, eggs, sugar, milk chocolate²¹,

semisweet chocolate¹⁸, heavy cream⁸, coffee, pan spray⁶² (Decorated with white chocolate²³ and fresh fruit)

Lemon Raspberry Cake: cake flour³, sugar, butter⁶, heavy cream⁸, baking powder⁴⁴, salt, eggs, lemon zest, lemon juice, raspberries, vanilla extract¹⁷, vanilla beans, pan spray⁶². (Decorated with white chocolate²³ and fresh fruit)

Dacquoise: eggs, sugar, almond flour, hazelnut flour, confectioners sugar⁴, heavy cream⁸, semisweet chocolate¹⁸, butter⁶, espresso, espresso powder, vanilla extract¹⁷, almonds, hazelnuts, pan spray⁶²

Carrot Cake: eggs, brown sugar, vegetable oil blend⁵, buttermilk¹⁰, vanilla extract¹⁷, all-purpose flour¹, baking powder⁴⁴, baking soda, salt, cinnamon, ground ginger, carrots, raisins⁶⁸, walnuts, cream cheese¹³, butter⁶, confectioners sugar⁴, pan spray⁶². Full size cake decorated with semisweet chocolate (unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor) grade A cultured pasteurized fat free milk, salt, sodium citrate chocolate¹⁸ and candied carrots [carrots and sugar])

St. Tropez: all-purpose flour¹, high gluten flour², sugar, salt, yeast, butter⁶, eggs, almond extract¹⁶, heavy cream⁸, milk⁷, vanilla beans, confectioners sugar⁴, pan spray⁶²

Birthday Cake: sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking power (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, butter (cream, natural flavorings), vanilla beans, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant), vanilla extract (organic alcohol, organic vanilla bean extractives), eggs, buttermilk (grade A cultured pasteurized fat free milk, salt, sodium citrate), pistoles (sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), confectioner's sugar (sugar, cornstarch), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans). Sprinkles: confectioners sugar (sugar, cornstarch), salt, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), food coloring (water, propylene glycol, FD&C colors (may contains one or more of the following: red #40, red #3, yellow #6, yellow #5, blue #1, blue #1), xanthan gum, glycerine, corn syrup, high fructose corn syrup, sugar, sorbitol, food starch-modified (corn), carrageenan, agar gum, sodium benzoate, potassium sorbate, citric acid, salt)

Oatmeal: steel cut oats, whole milk⁷, water, cinnamon, nutmeg, salt

WHOLEflour Chia Pudding: whole milk (milk, vitamin D3), chia seeds, maple syrup, salt, vanilla extract (organic alcohol, organic vanilla bean extractives)

WHOLEflour yogurt granola parfait: labne (cultured pasteurized grade A milk, cream, skim milk, whey protein concentrate, pectin, salt), raspberries or blueberries, oats, wheat germ, coconut (sugar, water, propylene glycol (may contain milk, tree nuts, soy), sesame seeds, sunflower seeds, walnuts, almonds, cinnamon, vegetable oil blend (may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene), honey, vanilla extract (organic alcohol, organic vanilla bean extractives), dried cranberries (cranberries, sugar, sunflower oil)

COOKIES + BARS

Vegan Almond Macaroon: sugar, almonds, aquafaba⁸⁰, almond extract¹⁶, salt, pan spray⁶²

Mixed Nut Biscotti: eggs, honey, vanilla extract¹⁷, all-purpose flour¹, almond flour, ground anise, salt, baking powder⁴⁴, whole almonds, walnuts, pistachios

WHOLEflour Brownies: unsweetened chocolate²⁴, semisweet chocolate¹⁸, butter⁶, sugar, salt, eggs, spelt

flour, baking powder⁴⁴, pan spray⁶²

Ginger Molasses Cookie: butter⁶, brown sugar, molasses, eggs, all-purpose flour¹, baking soda, ground cloves, ground ginger, cinnamon, salt, fresh ginger, vanilla sugar²⁵

Macaroon: eggs, sugar, salt, coconut⁴⁹, milk⁷, vanilla beans, sugar, cake flour³, pan spray⁶²

Brown Sugar Almond Meringue: egg whites, brown sugar, sugar, almonds, salt, cinnamon

Raspberry Meringue Cloud: vanilla sugar²⁵, raspberries, granulated sugar, egg whites, confectioner's sugar⁴, salt, unsweetened chocolate (100% cocoa mass)

Raspberry Crumb Bar: butter⁶, sugar, confectioners sugar⁴, vanilla extract¹⁷, all-purpose flour¹, egg yolks, baking powder⁴⁴, salt, raspberry jam⁴³

Chocolate Chip Cookie: butter (cream, natural flavorings), sugar, brown sugar, eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), baking soda, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), milk chocolate (cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans), dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans)

WHOLEflour double chocolate cookie: eggs, sugar, rye flour, espresso powder, cream of tartar, salt, baking soda, unsweetened chocolate (100% cocoa mass), dark chocolate (cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans, cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans) walnuts, butter (cream, natural flavorings)

Oatmeal Raisin Cookie: butter⁶, sugar, brown sugar, eggs, vanilla extract¹⁷, oats, all-purpose flour¹, raisins⁶⁸, salt, baking soda, cinnamon, ground nutmeg

Low Sugar Oatmeal Cranberry Raisin: walnuts, butter⁶, sugar, eggs, vanilla extract¹⁷, all-purpose flour¹, rolled oats, baking soda, salt, grated nutmeg, cinnamon, raisin⁶⁸, cranberries⁵¹

Peanut Butter Cookie: butter⁶, sugar, brown sugar, peanut butter⁴⁸, eggs, all-purpose flour¹, salt, maldon salt, baking soda, crushed peanuts

Chunky Lola: butter⁶, sugar, brown sugar, eggs, vanilla extract¹⁷, oats, pecans, coconut⁴⁹, dark chocolate^{19, 20}, all-purpose flour¹, baking soda, salt

Milk Chocolate Hazelnut Cookie: butter⁶, sugar, brown sugar, eggs, vanilla extract¹⁷, all-purpose flour¹, high gluten flour², hazelnut flour, hazelnuts, milk chocolate²¹, baking soda, salt

Oreo: butter⁶, sugar, cocoa powder⁵⁷, eggs, semisweet chocolate¹⁸, all-purpose flour¹, salt, baking soda, vanilla extract¹⁷

Oreo Filling: confectioners sugar⁴, vanilla extract¹⁷, milk⁷, butter⁶

Gluten Free Oreo: butter⁶, sugar, vanilla, semisweet chocolate¹⁸, eggs, cocoa powder⁵⁷, baking soda, salt, cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum

Caramel Oreo Filling: sugar, confectioners sugar (sugar, cornstarch), salt, vanilla extract (organic alcohol, organic vanilla bean extractives), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate

80), butter (cream, natural flavorings)

Granola Bar: oats, all-purpose flour¹, brown sugar, honey, salt, butter⁶, coconut⁴⁹, walnuts, cinnamon, dried apples⁵², dried cranberries⁵¹, dried apricots⁵³, sugar, millet, sunflower seeds, flax seeds, lemon zest

Dog Biscuit: all-purpose flour¹, whole wheat flour, rye flour, cornmeal, bulgar, salt, yeast, chicken stock (chicken scrap, onion, celery, carrots, parsley, thyme), bacon fat, rolled oats

Power Bar: cashews, gluten free rolled oats, cinnamon, salt, dates, maple syrup, cacao nibs, dried cherries⁵⁵, chia seeds, sunflower seeds

Pecan Sandies: toasted pecans, all-purpose flour¹, butter⁶, confectioners sugar⁴, vanilla extract¹⁷, salt, baking powder⁴⁴

Rice Krispy Treat: butter⁶, marshmallow⁴⁶, vanilla bean, salt, rice krispies⁴⁵, pan spray⁶² (*NOT Gluten free!*)

Honey Nougat: sugar, confectioners sugar⁴, glucose syrup, honey, egg whites, salt, almonds, pistachios, dried cherries⁵⁵, cocoa butter (may contain milk), almond extract¹⁶, rice paper (rice flour, tapioca flour, salt, water), pan spray⁶²

Oatmeal Cream Pie: all purpose flour¹, oats, salt, baking powder⁴⁴, baking soda, cinnamon, nutmeg, butter⁶, sugar, brown sugar, molasses, eggs, vanilla extract¹⁷, milk⁷, confectioners sugar⁴

CUPCAKES

Chocolate Cupcake: sugar, unsweetened chocolate (100% cocoa mass), butter (cream, natural flavorings), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cocoa powder (high fat cocoa processed with alkali), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, salt, milk (whole milk, vitamin D), eggs, vanilla extract (organic alcohol, organic vanilla bean extractives), pan spray (soybean oil, soy lecithin, propellant)

Crispy Magic Frosting: egg whites, sugar, butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives), salt, milk (whole milk, vitamin D), confectioners sugar (sugar, cornstarch)

Vanilla Bean Cupcake: sugar, cake flour³, baking powder⁴⁴, baking soda, salt, butter⁶, vanilla beans, vegetable oil blend⁵, vanilla extract¹⁷, egg, buttermilk¹⁰, pan spray⁶²

Chocolate Crispy Magic Frosting: egg whites, sugar, butter⁶, vanilla extract¹⁷, salt, milk⁷, confectioners sugar⁴, semisweet chocolate¹⁸

Coconut Cupcake: cake flour³, sugar, baking powder⁴⁴, salt, butter⁶, egg, coconut milk⁵⁰, vanilla extract¹⁷, coconut⁴⁹, pan spray⁶²

Crispy Magic Frosting: egg whites, sugar, butter⁶, vanilla extract¹⁷, salt, milk⁷, confectioners sugar⁴

Lemon Strawberry Cupcake: sugar, cake flour³, baking powder⁴⁴, baking soda, salt, butter⁶, lemon zest, vegetable oil blend⁵, vanilla extract¹⁷, eggs, buttermilk¹⁰, milk⁷, confectioner's sugar⁴, strawberry puree, pan spray⁶²

Lemon Meringue Cupcake: sugar, cake flour³, baking powder⁴⁴, soda, salt, butter⁶, lemon zest, vegetable oil blend⁵, vanilla extract¹⁷, eggs, buttermilk¹⁰

Hummingbird Cupcake: all-purpose flour¹, baking soda, baking powder⁴⁴, cinnamon, salt, sugar, eggs, vegetable oil blend⁵, banana, creme fraiche¹¹, vanilla extract¹⁷, toasted pecans, pineapple

Magic Sally Frosting: cream cheese¹³, butter⁶, confectioners sugar⁴, salt, sugar, egg whites, vanilla extract¹⁷

Carrot Cake: eggs, brown sugar, oil, buttermilk¹⁰, vanilla extract¹⁷, all-purpose flour¹, baking powder⁴⁴ baking soda, salt, cinnamon, ginger, carrots, raisins⁶⁸, walnuts

Magic Sally Frosting: cream cheese¹³, butter⁶, confectioners sugar⁴, salt, sugar, egg whites, vanilla extract¹⁷

Stout + Bailey's Cupcake: Guinness (barley, roast malt extract, hops, and brewer's yeast), butter (cream, natural flavorings), cocoa powder (high fat cocoa processed with alkali), sugar, eggs, vanilla extract (organic alcohol (35%), organic vanilla bean extractives), creme fraiche (cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate), salt, all purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), whole wheat flour, baking soda, whiskey, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pistoles (unsweetened chocolate, sugar, cocoa butter, soy lecithin (emulsifier), natural vanilla flavor), milk chocolate, Bailey's Irish Cream (aged Irish whiskey, Irish dairy cream, cocoa and vanilla), mascarpone (pasteurized milk and cream, citric acid)

Trick or Treat Cupcake: sugar, unsweetened chocolate (100% cocoa mass), butter (cream, natural flavorings), all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), cocoa powder (high fat cocoa processed with alkali), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)), baking soda, salt, milk (whole milk, vitamin D), eggs, vanilla extract (organic alcohol (35%), organic vanilla bean extractives), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), pan spray (soybean oil, soy lecithin, propellant), confectioners sugar (sugar, cornstarch), pistoles (unsweetened chocolate, sugar, cocoa butter, soy lecithin (emulsifier), natural vanilla flavor), peanuts

Nutmeg Spice Cupcake: sugar, vanilla (organic alcohol (35%), organic vanilla bean extractives), eggs, oil (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene), buttermilk, all purpose flour all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), baking soda, nutmeg, cinnamon, ground ginger, clove, salt, pan spray (soybean oil, soy lecithin, propellant)

Magic Sally Frosting: cream cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums), butter (cream, natural flavorings), butter (cream, natural flavorings), confectioners sugar (sugar, cornstarch), salt, sugar, egg whites, vanilla extract (organic alcohol (35%), organic vanilla bean extractives)

PIES

Blueberry Pie: blueberries, cornstarch, vanilla sugar²⁵, salt, lemon zest. *crust:* all-purpose flour¹, sugar, salt, butter⁶, eggs, milk⁷ *crust:* all-purpose flour¹, sugar, salt, butter⁶, eggs, milk⁷

Double Crust Apple Pie: macintosh apples, granny smith apples, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), brown sugar, sugar, cinnamon, salt. *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, salt, butter (cream, natural flavorings) eggs, milk (whole milk, vitamin D)

Pumpkin Pie: pumpkin puree, brown sugar, ginger, cinnamon, nutmeg, clove, salt, condensed milk⁶⁶, evaporated milk⁶⁵, eggs, heavy cream⁸, vanilla extract. *crust:* all-purpose flour¹, sugar, salt, butter⁶, eggs, milk⁷

Pecan Pie: sugar, corn syrup (light corn syrup, salt, vanilla), eggs, salt, butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives), lemon juice, pecans. *crust:* all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar,

salt, butter (cream, natural flavorings), milk (whole milk, vitamin D), egg yolks

Banana Cream Pie: bananas, lemon juice, orange juice, salted caramel (sugar, heavy cream⁸, salt), pastry cream (milk⁷, vanilla beans, sugar, cake flour³, salt, eggs), confectioner's sugar⁴, cornstarch. crust: butter, sugar, salt, all purpose flour¹, yolks, heavy cream⁸

Cherry Crumb Pie: cherries, sugar, cornstarch, salt, vanilla extract¹⁷, butter⁶, sugar, salt, all purpose flour¹, yolks, heavy cream⁸, cake flour, brown sugar, cinnamon, ginger

Whole Pies/Sliced Pies Crust: butter⁶, sugar, salt, all purpose flour¹, yolks, heavy cream⁸

- **Chocolate Cream:** heavy cream⁸, half and half⁹, egg yolks, dark chocolate¹⁹, vanilla sugar²⁵, vanilla extract¹⁷, salt, confectioner's sugar⁴, cornstarch

- **Coconut Cream:** coconut milk (coconut extract, water, citric acid, sodium metabisulfite), milk (milk, vitamin D), sugar, cake flour (bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, salt, vanilla, toasted coconut (coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy), heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), confectioner's sugar, cornstarch

- **Lemon Meringue:** heavy cream⁸, butter⁶, lemon juice, sugar, egg, salt, vanilla extract¹⁷

King Cake: butter⁶, sugar, almond flour, eggs, all-purpose flour¹, salt, vanilla extract¹⁷, almond extract¹⁶, orange zest

Lime Cream Pie: butter (cream, natural flavorings), eggs, sweetened condensed milk (milk, sugar), lime juice, lime zest, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), cornstarch, confectioners sugar (sugar, cornstarch), sugar, salt, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid)

Strawberry Rhubarb Pie (and slab): butter⁶, rhubarb, strawberries, cornstarch, orange juice, sugar, salt, all purpose flour¹, yolks, heavy cream⁸

Blueberry Peach Cobbler: *Biscuit:* AP (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), sugar, baking powder (monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn), salt, egg, heavy cream (cream, carrageenan, mono and diglycerides, polysorbate 80), milk (milk, vitamin D3), butter (cream, natural flavorings), vanilla extract (organic alcohol, organic vanilla bean extractives)

Filling: blueberries, peaches (erythorhic acid, citric acid, and malic acid), cornstarch, vanilla sugar (sugar, organic vanilla beans), salt, lemon zest

BREAD

Ciabatta: yeast, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal, pan spray⁶²

Rye Bread: high gluten flour², rye flour, whole wheat flour, cornmeal, cocoa powder⁵⁷, molasses, blended oil⁵, salt, fresh yeast, water, caraway seeds

Multigrain: whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

Country Bread: all-purpose flour¹, high gluten flour², yeast, sugar, salt, sponge, water, cornmeal

Raisin Pecan Bread: all-purpose flour¹, high gluten flour², yeast, salt, honey, pecans, golden raisins⁶⁸, cornmeal

Cranberry Pecan Bread: all-purpose flour¹, high gluten flour², yeast, salt, honey, pecans, dried cranberries⁵¹, fresh cranberries, cornmeal

Gluten Free Bread: yeast, eggs, sugar, salt, vegetable oil blend⁵, salt, pepper, extra virgin olive oil, cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum

Sesame Focaccia: yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant) extra virgin olive oil, sesame seeds, black pepper

SANDWICHES

Tofu: tofu (water, organic soybeans, calcium sulfate) taro root, soybean oil, marinated zucchini (ginger, garlic, rice wine vinegar, white wine vinegar, sugar, blended oil, salt) miso marinade (miso paste [water, soybeans, rice, salt] tamari (water, soybeans, salt, alcohol), garlic, ginger, rice wine vinegar, honey, lime juice, mayo (soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor) korean chili flake, focaccia :yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

Hummus: hummus (chickpeas, garlic, cumin seeds, tahini [organic golden sesame seeds], lemon juice, salt, black pepper, extra virgin olive oil), pickled daikon (carrots, fresno chile, distilled vinegar, sugar, salt), vegan sriracha aioli (chickpeas, aquafaba⁸⁰, sriracha⁷⁹, {chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum}, vegetable oil blend⁵), cilantro, thai basil, mint, cucumber, served on focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal **Served on White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Smoked Turkey: smoked turkey breast [turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate], pickles (cucumbers, sugar, salt, distilled vinegar, red pepper flake, coriander seed, fennel seed, mustard seed, bay leaf) swiss cheese [pasteurized milk, cheese cultures, salt, enzymes], 1000 island (mayonnaise [soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor]), ketchup (tomato concentrate, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder), sambal chili (chili, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum) salt, black pepper, whole wheat flour, spelt flour, all-purpose flour, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal Muligrain: whole wheat flour, spelt flour, all-purpose flour (unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid), yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

Mortadella: mortadella (pork, pork fat, water, salt, pistachios, garlic, black pepper, mace, coriander seed, cinnamon, chili, dextrose, sodium nitrate, collagen casing) mozzarella (pasteurized milk, cream, vinegar, enzymes) tomato, baby watercress, pistachio pea pesto (pistachio, peas, basil, parmesan cheese [raw cow's milk, salt, rennet] lemon zest, lemon juice, garlic, extra virgin olive oil, salt, pepper) cherry pepper crema (pickled cherry peppers (hot peppers, water, vinegar, salt, calcium chloride, benzoate of soda, fd&c yellow #5) sour cream (cultured pasteurized light cream, non fat milk, enzymes) mayo (soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor) honey, garlic, salt, pepper Sesame Focaccia: yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant) extra virgin olive oil, sesame

seeds, black pepper

Cauliflower: Cauliflower (olive oil, red chili flake, garlic, salt) smoked poblano relish [poblano pepper, jalapeno, onion, garlic, white wine vinegar, lime, sugar, cumin, mustard powder, red pepper flake, lime juice, salt] Pumpkin seed butter [pepitas, roasted garlic, cilantro, lime juice, extra virgin olive oil, salt, pepper] Oaxaca cheese (pasteurized whole milk, salt, vinegar, titanium dioxide, hennelase) Focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour, vegetable oil blend, cornmeal, pan spray), or served on Multigrain bread (whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal)

Salmon: smoked salmon²⁷, herb cream cheese (cream cheese¹³, rosemary, thyme, parsley, lemon zest, capers⁴², salt, pepper), red onion, arugula. **On Multigrain Bread:** whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

BLT: applewood smoked bacon²⁸, tomato, mayonnaise³³, arugula, balsamic vinaigrette (balsamic vinegar⁸⁸, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt). **On White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Roasted Chicken: marinated achiote chicken (annatto seed, spices, vinegar, iodized salt, granulated garlic, cornmeal, FD&C red color #40, sodium benzoate, vegetable oil blend⁵), marinated jicama (jicama, honey, lime juice, lime zest), mashed avocado (avocado, chipotle peppers³⁵, lime juice, red onion, cilantro, salt). **Served on White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal.

Roast Beef: roast beef (beef, salt, black pepper), tomato, crispy onions (onions, all-purpose flour¹, soybean oil), horseradish mayonnaise (mayonnaise³³, horseradish³⁷, crème fraîche¹¹, grain and dijon mustard³⁴). **On Ciabatta:** yeast, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Roasted Lamb: ras el hanout⁸⁶, garlic, cucumber, raita (scallion, ginger, jalapeno, roasted garlic, ras el hanout⁸⁶, lemon juice, sherry vinegar, mint, greek yogurt⁷⁸, herbed tahini, (tahini⁸⁷, cilantro, parsley, garlic, cumin, ground sumac, lemon juice, salt), shaved fennel (mint, evoo, lemon juice, salt, pepper), **On White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Chicken + Broccoli Rabe Panini: marinated roasted chicken (thyme, salt, lemon juice, lemon zest, fennel seed, garlic, pepper, vegetable oil blend⁵), brie cheese³² (mixed with thyme), broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), roasted red peppers (fresh red peppers, parsley, sherry vinegar, salt, honey), arugula. **If on White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal **OR If on Multigrain:** whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

Egg Sandwich: egg patty (eggs, half and half⁹, milk⁷, salt, black pepper), cheddar cheese¹⁴, dijonnaise (mayonnaise³³, thyme, dijon mustard³⁴), arugula, tomato, applewood smoked bacon²⁸ or ham²⁹ **On White Focaccia:** yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Strata: egg custard (eggs, milk, heavy cream, salt, black pepper), focaccia (yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal), cheddar cheese¹⁴, applewood smoked bacon²⁸ or ham²⁹ or italian sausage⁸¹, spinach, sage, thyme, garlic, onion, salt and pepper

SALADS + GRAIN BOWLS

Watercress + Farro: baby watercress, farro, radish, romaine, pickled golden beets (sugar, salt, distilled vinegar) goat cheese (pasteurized goat milk, cheese culture, vegetable rennet, salt) raw cider vinaigrette (raw apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt] extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene} sugar, salt, pepper) candied pistachio (pistachio, sugar, water, cayenne pepper, salt) multigrain croutons (whole wheat flour, spelt flour, all-purpose flour, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal, extra virgin olive oil, onion powder, garlic powder)

Chopped Greek Salad: romaine, cucumber, kalamata olive⁶⁰, red onion, feta⁵⁸, tomato*, garbanzo beans, pickled banana peppers⁴⁰, marinated roasted chicken (thyme, salt, lemon juice, fennel seed, garlic, pepper, vegetable oil blend⁵), green goddess dressing (parsley, chives, tarragon, garlic, lemon juice, mayonnaise³³, salt, black pepper, white wine vinegar)

Mixed Grains + Chickpeas: grains (brown rice, millet, black quinoa, wheatberry, onion, scallion, garlic, celery, coriander seed, mustard seed, extra virgin olive oil, white wine vinegar, salt, pepper) pickled cabbage (water, vinegar, sugar, salt), pickled mushroom (water, vinegar, sugar, salt) marinated zucchini (zucchini, ginger, garlic, sugar, white wine vinegar, rice wine vinegar, pepper) marinated chickpeas (chickpeas, roasted garlic, shallots, mint, parsley, basil, chives, white wine vinegar, lemon juice, EVOO, red pepper flake, salt, pepper) raw cider vinaigrette (raw apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt] extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene} sugar, salt, pepper), egg, arugula

“Everything” Tuna Salad: tuna salad (orange zest, chives, extra virgin olive oil, dried onion, dried garlic, poppy seed, sesame seed, lemon juice, sherry vinegar, salt, pepper) orange, grapefruit, pomegranate seed, caperberry, tarragon, parsley, radicchio, red gem lettuce, lemon-tahini dressing (tahini, lemon juice, apple cider vinegar, dijon mustard³⁴, extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene} red pepper flake, sugar, salt, pepper) mixed seed brittle (corn syrup, sugar, pumpkin seeds, sunflower seeds, white sesame seeds, black sesame seeds, salt)

Simple Green Salad: mixed greens, balsamic vinaigrette (balsamic vinegar⁸⁸, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt), salt

Simple Green Salad with Veg: mixed greens, balsamic vinaigrette (balsamic vinegar⁸⁸, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt), salt, carrot, cucumber, tomato*

Raw Cider Vinaigrette (raw apple cider vinegar, dijon mustard [water, mustard seeds, vinegar, salt] extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene} sugar, salt, pepper)

Lemon-Tahini Dressing (tahini, lemon juice, apple cider vinegar, dijon mustard³⁴, extra virgin olive oil, blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant) red pepper flake, sugar, salt, pepper)

Balsamic Vinaigrette: (balsamic vinegar⁸⁸, pasteurized egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt)

Grains: (brown rice, millet, black quinoa, wheatberry, onion, scallion, garlic, celery, coriander seed, mustard seed, extra virgin olive oil, white wine vinegar, salt, pepper)

SAVORY CATERING

QUICHE

ham, roasted tomato, broccoli rabe, cheddar ham (pork, salt, corn syrup, sugar, sodium phosphate, dextrose, sodium erythorbate, sodium nitrite), tomato, extra virgin olive oil, broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), cheddar cheese (fresh pasteurized milk, cheese cultures, salt, enzymes) pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg)

bacon, caramelized onions, herbed goat cheese bacon (pork, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite), onions, extra virgin olive oil, broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), goat cheese (pasteurized goat milk, cheese culture, vegetable rennet, salt) parsley, rosemary, thyme, pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg)

spinach, feta, roasted red pepper baby spinach, feta cheese (cultured pasteurized milk, salt, enzymes) roasted red pepper (red peppers, parsley, sherry vinegar, salt, honey), extra virgin olive oil, pate brisee (all purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid] sugar, butter [cream, natural flavorings], egg yolk, whole milk [milk, vitamin D3]) custard base (egg yolks, heavy cream [cream, carrageenan, mono and diglycerides, polysorbate 80], whole milk [milk, vitamin D3], salt, pepper, nutmeg)

CATERING MINI STUFFED BREAD

cremini, spinach, cheddar, tomato mushroom, baby spinach, tomato, extra virgin olive oil, cheddar cheese (fresh pasteurized milk, cheese cultures, salt, enzymes) focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

smoked turkey, caramelized onions, mozzarella smoked turkey [turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate], onions, extra virgin olive oil, mozzarella cheese (pasteurized milk, cheese cultures, salt, enzymes, cellulose) focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

chicken, broccoli rabe, swiss, red pepper marinated roasted chicken (thyme, salt, lemon juice, lemon zest, fennel seed, garlic, pepper, vegetable oil blend {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}), broccoli rabe (onions, extra virgin olive oil, garlic, lemon juice, red pepper flake, salt), swiss cheese [pasteurized milk, cheese cultures, salt, enzymes] focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), blended oil {may contain one or more of the following: soybean, canola, corn, sunflower, pure olive oil, beta-carotene}, cornmeal, pan spray (soybean oil, soy lecithin, propellant)

CHEESE BALL

goat cheese (pasteurized goat milk, cheese culture, vegetable rennet, salt) everything spice (dried garlic, dried onion, white sesame seed, poppy seed) honey, chives, black pepper, pistachios, mixed greens, crisps (all-purpose flour [unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic

acid], high gluten flour (bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), yeast, sugar, salt, sponge, water, cornmeal) extra virgin olive oil, salt

HUMMUS PLATTER

baby rainbow carrots, cucumbers, candied striped beets, watermelon radish, bibb lettuce, cauliflower, cauliflower, hummus (chickpeas, garlic, cumin seed, tahini [organic golden sesame seeds], lemon juice, salt, black pepper, extra virgin olive oil)

SOUPS

curried lentil, chickpea + coconut: chickpeas, red lentils, coconut milk (coconut extract, water, citric acid, sodium metabisulfite), crushed tomatoes, vegetable stock (carrots, celery, onion) carrots, onions, curry powder, garlic, ginger, cumin, parsley, sherry vinegar, lemon juice, extra virgin olive oil, salt, pepper

sausage, kale + white bean: white beans, italian sausage, onions, carrots, celery, parmesan (raw cow's milk, salt, rennet), olive oil, garlic, salt, red pepper flake, chicken stock (carrots, celery, onion, chicken bones), rosemary, lemon juice, kale.

roasted fennel + tomato: tomatoes, fennel, onions, garlic, butter (cream, natural flavorings), extra virgin olive oil, tarragon, salt, pepper

beef + black bean chili: ground beef, onions, carrots, garlic, cumin, dark chili powder, roasted jalapeno, ancho chili paste, roasted red peppers, chicken stock, chipotle, lime juice, brown sugar, oregano, dry black beans, salt, pepper

creamy tomato + parmesan: crushed tomatoes, onions, garlic, honey, heavy cream, pecorino, parmesan stock (parmesan rinds (raw cow's milk, salt, rennet), celery, onion, bay leaf), extra virgin olive oil, red pepper flake, salt, pepper

farro, escarole + potato: carrots, celery, onion, garlic, farro, tomatoes, russet potatoes, escarole, parsley, parmesan broth (raw cow's milk, salt, rennet) pecorino (pasteurized sheep's milk, cultures, enzymes, salt) sherry vinegar, lemon juice, extra virgin olive oil, red pepper flake, salt

smoked chicken pozole: chicken thighs, onions, garlic, hominy (white corn, water, salt, sodium bisulfite), black beans, chicken stock (chicken bones, carrots, celery, onion) guajillo chili, ancho chili, lime juice, cilantro, oregano, chicken fat, tomato paste, coriander, cumin, extra virgin olive oil, salt

creamy potato + leek: yukon potatoes, vegetable stock (carrots, celery, onion, herbs) garlic, leeks, whole milk, butter, salt, pepper

SUB INGREDIENTS

¹ **King Arthur All-Purpose Flour:** unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid

² **All Trumps High Gluten Flour:** bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid

³ **American Beauty High Ratio Cake Flour:** bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid

⁴ **Confectioner's Sugar:** sugar, cornstarch

- ⁵ **Vegetable Oil Blend:** (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene
- ⁶ **Cabot Unsalted Butter:** cream, natural flavorings
- ⁷ **Whole Milk:** milk, vitamin D3
- ⁸ **Heavy Cream:** cream, carrageenan, mono and diglycerides, polysorbate 80
- ⁹ **Half and Half:** milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate
- ¹⁰ **Buttermilk:** grade A cultured pasteurized fat free milk, salt, sodium citrate
- ¹¹ **Crème Fraîche:** cream, carrageenan, mono and diglycerides, polysorbate 80, grade A cultured pasteurized fat free milk, salt, sodium citrate
- ¹² **Silk Unsweetened Soy Milk:** Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor
- ¹³ **Smithfield Cream Cheese:** pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums)
- ¹⁴ **Cheddar Cheese:** pasteurized milk, cheese cultures, salt, enzymes
- ¹⁵ **Whole Milk Plain Yogurt:** cultured pasteurized whole milk, pectin, vitamin D3
- ¹⁶ **Almond Extract:** water, alcohol, bitter almond oil
- ¹⁷ **Vanilla Extract:** organic alcohol, organic vanilla bean extractives
- ¹⁸ **Callebaut 815 Semisweet Chocolate:** unsweetened chocolate, sugar, cocoa fat, soy lecithin, natural vanilla flavor
- ¹⁹ **TCHO 68% Dark Couverture Chocolate:** cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans
- ²¹ **TCHO "Serious Milk" Chocolate:** cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans
- ²³ **Callebaut White Chocolate:** sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla
- ²⁴ **Callebaut Unsweetened Chocolate:** 100% cocoa mass
- ²⁵ **Vanilla Sugar:** sugar, organic vanilla beans
- ²⁶ **Smoked Turkey Breast:** turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate
- ²⁷ **Smoked Salmon:** atlantic salmon, salt, evaporated cane juice, spices, fruit wood and hardwood smoke
- ²⁸ **Applewood Smoked Bacon:** bacon, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite
- ²⁹ **Ham:** pork, water, sea salt, turbinado sugar, natural flavorings, maple syrup
- ³⁰ **Fresh Mozzarella:** pasteurized milk, starter, vegetable rennet
- ³¹ **Shredded Mozzarella:** pasteurized milk, cheese cultures, salt, enzymes, cellulose
- ³² **Brie Cheese:** pasteurized cultured milk and cream, salt, enzymes, sodium phosphate, milk protein concentrate, lactic acid, beta carotene, guar and/or carob bean gums
- ³³ **Mayonnaise:** soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor
- ³⁴ **Dijon Mustard:** water, mustard seeds, vinegar, salt
- ³⁵ **Chipotle Peppers:** chipotle peppers, water, tomato paste, onion, sugar, vinegar, sunflower oil, paprika, garlic, corn, salt
- ³⁶ **Curry Powder:** spices, turmeric, celery
- ³⁷ **Horseradish:** horseradish, vinegar, water, soybean oil, salt, artificial flavor

- ³⁸ **Gluten-free Tamari:** water, soybeans, salt, alcohol
- ³⁹ **Sriracha:** chili, sugar, salt, garlic, vinegar, potassium sorbate, sodium bisulfite, xanthan gum
- ⁴⁰ **Pickled Banana Peppers:** peppers, white vinegar, salt, calcium chloride, sodium benzoate, yellow #5, sodium bisulfite
- ⁴¹ **Parmesan Cheese:** raw cow's milk, salt, rennet
- ⁴² **Capers:** capers, salt, vinegar
- ⁴³ **Raspberry Jam:** sugar, raspberries, water, pectin, citric acid, sodium citrate
- ⁴⁴ **Baking Powder:** monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)
- ⁴⁵ **Rice Krispies Cereal:** rice, sugar, contains 2% or less of salt, malt flavor. BHT added to packaging for freshness. Vitamins and Minerals: Iron, vitamin C (ascorbic acid), vitamin E (alpha tocopherol acetate), niacinamide, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin B12, vitamin D.
- ⁴⁶ **Marshmallows:** corn syrup, sugar, dextrose, modified food starch (corn), water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate
- ⁴⁷ **Corn Syrup:** light corn syrup, salt, vanilla
- ⁴⁸ **Teddie Peanut Butter:** roasted peanuts and peanut oil, corn syrup, hydrogenated rapeseed and cottonseed oils, salt
- ⁴⁹ **Bountiful Harvest Shredded Coconut:** Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy)
- ⁵⁰ **Coconut Milk:** coconut extract, water, citric acid, sodium metabisulfite
- ⁵¹ **Dried Cranberries:** cranberries, sugar, sunflower oil
- ⁵² **Dried, Diced, Unsulphured Apples:** apples
- ⁵³ **Dried Apricots, #4 Turkish:** apricots, sulfur dioxide
- ⁵⁴ **Crystallized Thai Ginger:** ginger, cane sugar, sulfur dioxide, citric acid
- ⁵⁵ **Dried Tart Cherries:** cherries, sugar, sunflower oil
- ⁵⁶ **Dried Currants:** currants, vegetable oil
- ⁵⁷ **Cocoa Powder:** high fat cocoa processed with alkali
- ⁵⁸ **Feta:** cultured pasteurized milk, salt, enzymes
- ⁵⁹ **Goat Cheese:** pasteurized goat milk, cheese culture, vegetable rennet, salt
- ⁶⁰ **Kalamata Olives:** olives, water, salt, vinegar
- ⁶¹ **Frangipane Cream:** butter, sugar, almond flour, eggs, flour, salt, vanilla
- ⁶² **Pan Spray (Wesson Brand):** soybean oil, soy lecithin, propellant
- ⁶⁴ **Graham Crackers:** unbleached enriched flour (wheat Flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), sugar, graham flour (whole grain wheat flour), soybean oil, high fructose corn syrup, partially hydrogenated cottonseed oil, honey, leavening (baking soda and/or calcium phosphate), salt, artificial flavor
- ⁶⁵ **Evaporated milk:** milk, dipotassium phosphate, carrageenan, vitamin D3
- ⁶⁶ **Condensed milk:** milk, sugar
- ⁶⁷ **Fat Free Vanilla Yogurt:** cultured pasteurized nonfat milk, sugar, whey protein concentrate, nonfat milk solids, whey, vanilla extract
- ⁶⁸ **golden raisins:** raisins, soybean oil, cottonseed oil

- 69 **Great Hill Blue Cheese:** raw cows milk, salt, enzymes, cheese cultures, penicillium roqueforti
- 70 **Sour Cream:** cultured pasteurized light cream, non fat milk, enzymes
- 71 **Pectin:** dextrose, citric acid (assists gel) fruit pectin
- 72 **Grilled Artichoke with Stem:** artichoke, sunflower seed oil, white wine vinegar, salt, citric acid, ascorbic acid
- 72 **Fontina Cheese:** pasteurized cow's milk, salt, rennet, cheese cultures, preservatives, lysozyme (eggs)
- 73 **Cherry Peppers:** hot peppers, water, vinegar, salt, calcium chloride, 1/10 of 1% benzoate of soda (a preservative), FD&C yellow #5
- 74 **Ricotta Cheese:** sweet whey, whole milk, sweet cream, culture, vinegar, salt
- 75 **Ricotta Salata:** pasteurized sheep's milk, salt
- 76 **Aged Cheddar:** fresh pasteurized milk, cheese cultures, salt, enzymes
- 77 **Mascarpone:** pasteurized milk and cream, citric acid
- 78 **greek yogurt:** (pasteurized grade A cow's and goat's milk, skim milk, cream, active bacterial cultures {bifidobacterium lactis, L. acidophilus})
- 79 **sriracha:** chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum
- 80 **aquafaba:** chickpea cooking liquid, salt
- 80 **Great Hill Blue Cheese:** raw cows milk, salt, enzymes, cheese cultures, penicillium roqueforti
- 81 **Italian Sausage:** Pork, Water, Salt, Spices, Monosodium Glutamate, Sugar, Paprika, BHA, BHT, Citric Acid.
- 82 **NEC Ham:** (pork shoulder, water, salt, dextrose, sodium erythorbate, sodium nitrite)
- 83 **Pecorino** (pasteurized sheep's milk, cultures, enzymes, salt)
- 84 **Provolone** (pasteurized cow's milk, rennet, salt)
- 85 **Tofu** (water, organic soybeans, nigari {seed water extract} calcium sulfate)
- 86 **Ras el Hanout:** (coriander, cumin, chili flake, cinnamon, paprika, cardamom, ginger, and turmeric)
- 87 **Tahini:** toasted sesame seed puree
- 88 **Balsamic Vinegar:** wine vinegar, concentrated grape must, caramel, antioxidant. contains sulfites