

ingredient list

breakfast pastries

Apple Snacking Spice Cake: all-purpose flour¹, baking soda, salt, cinnamon, ground ginger, ground clove, butter⁶, sugar, eggs, apples, raisins⁶⁸, pecans, confectioners sugar⁴, pan spray⁶²

Banana Bread: all-purpose flour¹, baking soda, cinnamon, salt, sugar, eggs, vegetable oil blend⁵, banana, crème fraîche¹¹, vanilla extract¹⁷, walnuts, pan spray⁶²

Sour Cream Coffee Cake: cake flour³, baking powder⁴⁴, baking soda, salt, sugar, butter⁶, eggs, vanilla extract¹⁷, crème fraîche¹¹, brown sugar, pecans, cinnamon, ground ginger, ground clove, confectioners sugar⁴, water, pan spray⁶²

Parmesan Chive Scone: all-purpose flour¹, baking powder⁴⁴, salt, parmesan cheese⁴¹, butter⁶, chives, black pepper, creme fraiche¹¹, egg

Low Fat Scone: all-purpose flour¹, baking powder⁴⁴, baking soda, salt, cinnamon, golden raisins⁶⁸, raisins⁶⁸, dried cranberries⁵¹, dried apples⁵², dried apricots⁵³, crystallized ginger⁵⁴, blueberries, frozen cranberries, buttermilk¹⁰, yogurt¹⁵, eggs, vegetable oil blend⁵ glaze: confectioners sugar⁴, water, orange juice, orange zest

Currant, Spelt & Oat Scone: all-purpose flour¹, white spelt flour, rolled oats, baking powder⁴⁴, baking soda, salt, sugar, butter⁶, buttermilk¹⁰, creme fraiche¹¹, eggs, dried currants⁵⁶

Lemon Ginger Scone: all-purpose flour¹, baking powder⁴⁴, baking soda, salt, sugar, ground ginger, crystallized ginger⁵⁴, lemon zest, butter⁶, buttermilk¹⁰, heavy cream⁸, eggs, fresh ginger, lemon juice, confectioners sugar⁴

Blueberry Muffin: all-purpose flour¹, baking soda, baking powder⁴⁴, salt, sugar, butter⁶, eggs, milk⁷, crème fraîche¹¹, vanilla extract¹⁷, blueberries, pan spray⁶²

Croissant: all-purpose flour¹, cake flour³, salt, sugar, yeast, butter⁶, milk⁷, ascorbic acid powder, egg, pan spray⁶²

Butter Breton Cakes: high gluten flour², yeast, salt, butter⁶, sugar, pan spray⁶²

Almond Croissant : all-purpose flour¹, cake flour³, salt, sugar, yeast, butter⁶, milk⁷, ascorbic acid powder, egg, almond extract¹⁶, almond flour, almonds, confectioners sugar, pan spray⁶²

Twice Baked Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, almond extract¹⁶, almond flour, almonds, confectioners sugar⁴, pan spray⁶²

Chocolate Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, semisweet chocolate¹⁸, milk⁷, vanilla beans, pan spray⁶²

Pain aux Raisin: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, milk⁷, vanilla beans, golden raisins⁶⁸, confectioners sugar⁴, pan spray⁶²

Sticky Bun: all-purpose flour¹, high gluten flour², yeast, sugar, salt, egg, butter⁶, brown sugar, honey, heavy cream⁸, pecans, cinnamon, pan spray⁶²

Sugar Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, vanilla sugar²⁵, salt, eggs, butter⁶, pan spray⁶²

Brioche au Suc: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, pan spray⁶²

Cinnamon Cream Brioche: all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, crème fraîche¹¹, milk⁷, vanilla beans, cinnamon, pan spray⁶²

Pop Tarts: all-purpose flour¹, sugar, salt, butter⁶, egg yolks, milk⁷, raspberry jam⁴³, confectioners sugar⁴, pan spray⁶²

Vanilla Cream Donuts: all-purpose flour¹, salt, sugar, eggs, milk⁷, yeast, butter⁶, vanilla sugar²⁵, heavy cream⁸, egg yolks, cake flour³, vanilla beans, pan spray⁶² (fried in soy bean oil)

Raspberry Donuts: all-purpose flour¹, salt, sugar, eggs, milk⁷, yeast, butter⁶, vanilla sugar²⁵, raspberry jam⁴³, pan spray⁶² (fried in soy bean oil)

cookies and bars

Almond Macaroon: sugar, almonds, egg whites, almond extract¹⁶, salt, pan spray⁶²

Mixed Nut Biscotti: eggs, honey, vanilla extract¹⁷, all-purpose flour¹, almond flour, ground anise, salt, baking powder⁴⁴, whole almonds, walnuts, pistachios

Brownies: unsweetened chocolate²⁴, semisweet chocolate¹⁸, butter⁶, sugar, salt, eggs, all-purpose flour¹, baking powder⁴⁴, pan spray⁶²

Ginger Molasses Cookie: butter⁶, brown sugar, molasses, eggs, all-purpose flour¹, baking soda, ground cloves, ground ginger, cinnamon, salt, fresh ginger, vanilla sugar²⁵

Macaroon: eggs, sugar, salt, coconut⁴⁹, milk⁷, vanilla beans, sugar, cake flour³, pan spray⁶²

Chocolate Chip Macaroons: eggs, sugar, salt, coconut⁴⁹, milk⁷, vanilla beans, cake flour³, unsweetened chocolate²⁴, pan spray⁶²

Almond Meringue: egg whites, sugar, confectioners sugar⁴, salt, sliced almonds

Raspberry Meringue: vanilla sugar²⁵, frozen raspberries, granulated sugar, egg whites, confectioner's sugar⁴, salt

Raspberry Crumb Bar: butter⁶, sugar, confectioners sugar⁴, vanilla extract¹⁷, all-purpose flour¹, egg yolks, baking powder⁴⁴, salt, raspberry jam⁴³

Chocolate Chip Cookie: butter⁶, sugar, brown sugar, eggs, vanilla extract¹⁷, baking soda, all-purpose flour¹, high gluten flour², milk chocolate²¹, dark chocolate¹⁹

Double Chocolate Cookie: eggs, sugar, all-purpose flour¹, espresso powder, cream of tartar, salt, baking soda, unsweetened chocolate²⁴, dark chocolate¹⁹, walnuts, butter⁶

Oatmeal Raisin Cookie: butter⁶, sugar, brown sugar, eggs, vanilla extract¹⁷, oats, all-purpose flour¹, raisins⁶⁸, salt, baking soda, cinnamon, ground nutmeg

Low Sugar Oatmeal Cranberry Raisin: walnuts, butter⁶, sugar, eggs, vanilla extract¹⁷, all-purpose flour¹, rolled oats, baking soda, salt, grated nutmeg, cinnamon, raisin⁶⁸, cranberries⁵¹

Peanut Butter Cookie: butter⁶, sugar, brown sugar, peanut butter⁴⁸, eggs, all-purpose flour¹, salt, maldon salt, baking soda, crushed peanuts

Chunky Lola: butter⁶, sugar, brown sugar, eggs, vanilla extract¹⁷, oats, pecans, coconut⁴⁹, dark chocolate¹⁹, all-purpose flour¹, baking soda, salt

Milk Chocolate Hazelnut Cookie: butter⁶, sugar, brown sugar, eggs, vanilla extract¹⁷, all-purpose flour¹, high gluten flour², hazelnut flour, hazelnuts, milk chocolate²¹, baking soda, salt

Oreo: butter⁶, sugar, cocoa powder⁵⁷, eggs, semisweet chocolate¹⁸, all-purpose flour¹, salt, baking soda, vanilla extract¹⁷ Filling: confectioners sugar⁴, vanilla extract¹⁷, milk⁷, butter⁶

Gluten Free Oreo: butter⁶, sugar, vanilla, semisweet chocolate¹⁸, eggs, cocoa powder⁵⁷, baking soda, salt, cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum

Chocolate Oreo Filling: confectioners sugar⁴, vanilla extract¹⁷, milk⁷, butter⁶, cocoa powder⁵⁷, milk chocolate²¹

Granola Bar: oats, all-purpose flour¹, brown sugar, honey, salt, butter⁶, coconut⁴⁹, walnuts, cinnamon, dried apples⁵², dried cranberries⁵¹, dried apricots⁵³, sugar, millet, sunflower seeds, flax seeds, lemon zest

Power Bar: cashews, gluten free rolled oats, cinnamon, salt, dates, maple syrup, cacao nibs, dried cherries⁵⁵, chia seeds, sunflower seeds

cakes

Boston Cream Pie: eggs, sugar, lemon juice, cake flour³, salt, sugar, heavy cream⁸, milk⁷, vanilla beans, semisweet chocolate¹⁸, coffee, pan spray⁶²

Triple Chocolate Mousse Cake: eggs, semisweet chocolate¹⁸, coffee, salt, sugar, heavy cream⁸, white chocolate²³, milk chocolate²¹ (Full size cake decorated with white chocolate²³ and fresh fruit)

Midnight Chocolate Cake: cocoa powder⁵⁷, unsweetened chocolate²⁴, vanilla extract¹⁷, cake flour³, salt, baking soda, brown sugar, butter⁶, vegetable oil blend⁵, crème fraîche¹¹, eggs, sugar, milk chocolate²¹, semisweet chocolate¹⁸, heavy cream⁸, coffee, pan spray⁶² (Decorated with white chocolate²³ and fresh fruit)

Lemon Raspberry Cake: cake flour³, sugar, butter⁶, heavy cream⁸, baking powder⁴⁴, salt, eggs, lemon zest, lemon juice, raspberries, vanilla extract¹⁷, vanilla beans, pan spray⁶² (Decorated with white chocolate²³ and fresh fruit)

Dacquoise: eggs, sugar, almond flour, hazelnut flour, confectioners sugar⁴, heavy cream⁸, semisweet chocolate¹⁸, butter⁶, espresso, espresso powder, vanilla extract¹⁷, almonds, hazelnuts, pan spray⁶²

Carrot Cake: eggs, brown sugar, vegetable oil blend⁵, buttermilk¹⁰, vanilla extract¹⁷, all-purpose flour¹, baking powder⁴⁴, baking soda, salt, cinnamon, ground ginger, carrots, raisins⁶⁸, walnuts, cream cheese¹³, butter⁶, confectioners sugar⁴, pan spray⁶² Full size cake decorated with semisweet chocolate¹⁸ and candied carrots [carrots and sugar])

Chocolate Cupcake: sugar, unsweetened chocolate²⁴, butter⁶, all-purpose flour¹, cocoa powder⁵⁷, baking powder⁴⁴, baking soda, salt, milk⁷, eggs, vanilla extract¹⁷, pan spray⁶²

Crispy Magic Frosting: egg whites, sugar, butter⁶, vanilla extract¹⁷, salt, milk⁷, confectioners sugar⁴

pies

Pie Crust: butter⁶, sugar, salt, all purpose flour¹, yolks, heavy cream⁸

Chocolate Cream: heavy cream⁸, half and half⁹, egg yolks, dark chocolate¹⁹, vanilla sugar²⁵, vanilla extract¹⁷, salt, confectioner's sugar⁴, cornstarch

Coconut Cream: coconut milk⁵⁰, milk⁷, sugar, cake flour³, eggs, salt, vanilla, toasted coconut⁴⁹, heavy cream, confectioner's sugar⁴, cornstarch

Lemon Meringue: heavy cream⁸, butter⁶, lemon juice, sugar, egg, salt, vanilla extract¹⁷

other treats

Berry Bread Pudding: half and half⁹, eggs, sugar, vanilla sugar²⁵, salt, raspberries, blueberries, all-purpose flour¹, high gluten flour², yeast, vegetable oil blend⁵, cornmeal, pan spray⁶²

Sticky Bun Bread Pudding: half and half, eggs, sugar, vanilla beans, salt, pecans, goo (butter⁶, brown sugar, honey, heavy cream⁸, salt), sticky bun (all-purpose flour¹, high gluten flour², yeast, sugar, salt, eggs, butter⁶, brown sugar, honey, heavy cream⁸, pecans, cinnamon) yeast, sugar, salt, all-purpose flour¹, high gluten flour² and/or whole wheat flour, vegetable oil blend⁵, cornmeal, honey, whole milk⁷, pan spray⁶²

Crème brulee: heavy cream⁸, half and half⁹, salt, sugar, vanilla beans, egg yolks

Chocolate Pudding Cup: heavy cream⁸, half and half⁹, egg yolks, dark chocolate¹⁹, vanilla sugar²⁵, vanilla extract¹⁷, salt, confectioners sugar⁴

Chia Seed Pudding: whole milk⁷, water, chia seeds, maple syrup, salt

Trifle: heavy cream⁸; confectioners sugar⁴; raspberries; may contain the following: cocoa powder⁵⁷, unsweetened chocolate²⁴, vanilla extract¹⁷, cake flour³, salt, baking soda, brown sugar, butter⁶, vegetable oil blend⁵, crème fraîche¹¹, eggs, egg yolks, sugar, semisweet chocolate¹⁸, coffee, white chocolate²³, milk chocolate²¹, lemon juice, milk⁷, vanilla beans

St. Tropez: all-purpose flour¹, high gluten flour², sugar, salt, yeast, butter⁶, eggs, almond extract¹⁶, heavy cream⁸, milk⁷, vanilla beans, confectioners sugar⁴, pan spray⁶²

Eton Mess: egg whites, sugar, confectioners sugar⁴, salt, sliced almonds, heavy cream⁸, raspberries

Rice Krispy Treat: butter⁶, marshmallow⁴⁶, vanilla bean, salt, rice krispies⁴⁵, pan spray⁶² (not Gluten Free because Rice Krispies are made in a factory which has gluten)

Trail Mix: almonds, cashews, dark chocolate²⁰, golden raisins⁶⁸, dried cranberries⁵¹, dried cherries⁵⁵

Lemon Polenta Cookie: all-purpose flour¹, butter⁶, confectioners sugar⁴, cornmeal, lemon zest, salt

Spiced Pecans: pecans, sugar, salt, cayenne pepper

Ossi di Morti: sugar, baking powder⁴⁴, salt, eggs, almond extract¹⁶, all-purpose flour¹, whole almonds, pan spray⁶²

Granola: oats, wheat germ, coconut⁴⁹, sesame seeds, sunflower seeds, walnuts, almonds, salt, cinnamon, vegetable oil blend⁵, honey, vanilla extract¹⁷, dried cranberries⁵¹, pan spray⁶²

bread

Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal, pan spray⁶²

Whole Wheat Sourdough: whole wheat flour, all-purpose flour¹, high gluten flour², salt, sugar, yeast, cornmeal

Multigrain: whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

Country Bread: all-purpose flour¹, high gluten flour², yeast, sugar, salt, sponge, water, cornmeal

Raisin Pecan Bread: all-purpose flour¹, high gluten flour², yeast, salt, honey, pecans, golden raisins, cornmeal

Gluten Free Bread: yeast, eggs, sugar, salt, vegetable oil blend⁵, salt, pepper, extra virgin olive oil, cornstarch, white rice flour, brown rice flour, milk powder, tapioca flour, potato starch, xanthan gum

sandwiches

Tuna: tuna salad (tuna, yellow curry powder, red onion, granny smith apple, golden raisins⁶⁸, mayonnaise³³, lime juice), carrots, tomatoes, mixed greens. Served on Multigrain Bread: whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

Hummus: hummus (chickpeas, garlic, cumin seeds, tahini [organic golden sesame seeds], lemon juice, salt, black pepper, extra virgin olive oil), pickled daikon (carrots, fresno chile, distilled vinegar, sugar, salt), vegan sriracha aioli (chickpeas, aquafaba⁸⁰, sriracha⁷⁹, {chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum}), cilantro, cucumber, served on focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal Served on White Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Smoked Turkey: smoked turkey breast²⁶, cheddar cheese¹⁴, mayonnaise³³, arugula, zucchini relish (zucchini, red bell pepper, onions, sugar, basil, white wine vinegar, celery seed, crushed red pepper flake, dry mustard powder, salt, pepper) Served on Multigrain Bread: whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

BLT: applewood smoked bacon²⁸, tomato, mayonnaise³³, arugula, balsamic vinaigrette (balsamic vinegar, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt). On White Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Cauliflower: cauliflower (olive oil, red chili flake, garlic, salt), sweet pea + basil pesto (almonds, basil, english peas, olive oil, lemon zest, lemon juice, sherry vinegar, garlic, parmesan cheese), pickled shallots (distilled vinegar, sugar, salt), provolone⁸⁴, balsamic vinaigrette (balsamic vinegar, raw egg yolks, vegetable oil blend, dijon mustard, salt)
Served on Focaccia (yeast, sugar, salt, all-purpose flour, high gluten flour, vegetable oil blend, cornmeal, pan spray) or Served on Multigrain bread (whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal)

Ham: NEC Ham⁸², egg, pecorino⁸³, peperonata (yellow bell pepper, onions, garlic, white wine vinegar, extra virgin olive oil, crushed red chili flake, oregano, salt) special sauce (mayo, whole grain mustard, garlic, apple cider vinegar, lemon juice, honey, celery seed, salt, pepper) Served on Rye Bread: high gluten flour, rye flour, whole wheat flour, cornmeal, cocoa powder, molasses, blended oil, salt, fresh yeast, water, caraway seeds

Salmon: smoked salmon²⁷, herb cream cheese (cream cheese¹³, rosemary, thyme, parsley, lemon zest, capers⁴², salt, pepper), red onion, arugula. On Multigrain Bread: whole wheat flour, spelt flour, all-purpose flour¹, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal

Roasted Chicken: marinated achiote chicken (annatto seed, spices, vinegar, iodized salt, granulated garlic, cornmeal, FD&C red color #40, sodium benzoate, vegetable oil blend⁵), marinated jicama (jicama, honey, lime juice, lime zest), mashed avocado (avocado, chipotle peppers³⁵, lime juice, red onion, cilantro, salt). Served on White Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal.

Roast Beef: roast beef (beef, salt, black pepper), tomato, crispy onions (onions, all-purpose flour¹, soybean oil), horseradish mayonnaise (mayonnaise³³, horseradish³⁷, crème fraîche¹¹, grain and dijon mustard³⁴). On Ciabatta: yeast, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Roasted Lamb: roasted marinated lamb shoulder (lamb, garlic, rosemary, salt, black pepper, extra virgin olive oil), herb goat cheese (goat cheese⁵⁹, rosemary, thyme, parsley), tomato chutney (plum tomatoes, tomato puree, golden raisins⁶⁸, currants⁵⁶, white onions, red wine vinegar, sugar, salt, black pepper, parsley, vegetable oil blend⁵). On White Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

Grilled Chicken: marinated roasted chicken (thyme, salt, lemon juice, lemon zest, garlic, pepper, vegetable oil blend⁵), brie cheese³² (mixed with rosemary and thyme), caramelized onions (onions, vegetable oil blend⁵, balsamic vinegar), roasted red peppers (fresh red peppers, parsley, sherry vinegar, salt, honey), arugula. If on White Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal OR If on Whole Wheat Sourdough: whole wheat flour, all-purpose flour¹, high gluten flour², salt, sugar, yeast, cornmeal

Egg Sandwich: egg patty (eggs, half and half⁹, milk⁷, salt, black pepper, thyme), cheddar cheese¹⁴, dijonaise (mayonnaise³³, dijon mustard³⁴), arugula, tomato, applewood smoked bacon²⁸ or ham²⁹ On White Focaccia: yeast, sugar, salt, all-purpose flour¹, high gluten flour², vegetable oil blend⁵, cornmeal

salads

Organic Buckwheat + Soba: Soba noodle (organic buckwheat), fresno chile, celery, spinach, kabocha squash (maple syrup, blended oil, salt, pepper), tofu, sesame-nori vinaigrette (sesame oil, nori {dried seaweed}, blended oil⁵, sherry vinegar, lime juice, gluten free tamari³⁸, maple syrup, salt, pepper), sesame seeds, shredded nori

Arugula + Farro: arugula, romaine lettuce, whole wheat farro, zucchini, summer squash, red wine vinaigrette (red wine vinegar, shallots, extra virgin olive oil, thyme, sugar, salt, dijon mustard³⁴), pickled radish (distilled vinegar, sugar, salt), parmesan-garlic vinaigrette (chickpea, garlic, lemon juice, dijon mustard³⁴, blended oil⁵, extra virgin olive oil, salt, pepper, parmesan cheese⁴¹, multigrain croutons (whole wheat flour, spelt flour, all-purpose flour, yeast, honey, salt, millet, sunflower seeds, flax seeds, cornmeal, extra virgin olive oil, onion powder, garlic powder)

Chopped Greek Salad: romaine, cucumber, kalamata olive⁶⁰, red onion, feta⁵⁸, tomato*, garbanzo beans, pickled banana peppers⁴⁰, marinated roasted chicken (thyme, salt, lemon juice, lemon zest, garlic, pepper, vegetable oil blend⁵), green goddess dressing (parsley, chives, tarragon, garlic, lemon juice, mayonnaise³³, salt, black pepper, white wine vinegar)

Simple Green Salad: mixed greens, balsamic vinaigrette (balsamic vinegar, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt), salt

Simple Green Salad with Veg: mixed greens, balsamic vinaigrette (balsamic vinegar, raw egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt), salt, carrot, cucumber, tomato

Red Wine Vinaigrette: (red wine vinegar, shallots, extra virgin olive oil, thyme, sugar, salt, dijon mustard³⁴)

Balsamic Vinaigrette: (balsamic vinegar, pasteurized egg yolks, vegetable oil blend⁵, dijon mustard³⁴, salt)

- 1 King Arthur All-Purpose Flour: unbleached hard wheat enriched flour, malted barley flour, niacin, reduced iron thiamin mononitrate, riboflavin, folic acid
- 2 All Trumps High Gluten Flour: bleached wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid
- 3 American Beauty High Ratio Cake Flour: bleached enriched flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid
- 4 Confectioner's Sugar: sugar, cornstarch
- 5 Vegetable Oil Blend: (may contain one or more of the following: soybean, canola, corn, sunflower), pure olive oil, beta-carotene
- 6 Cabot Unsalted Butter: cream, natural flavorings
- 7 Whole Milk: milk, vitamin D3
- 8 Heavy Cream: cream, carrageenan, mono and diglycerides, polysorbate 80
- 9 Half and Half: milk, cream, contains less than 0.5% of the following: carrageenan, sodium citrate, disodium phosphate
- 10 Buttermilk: grade A cultured pasteurized fat free milk, salt, sodium citrate
- 11 Crème Fraîche: heavy cream⁸, buttermilk¹⁰
- 12 Silk Unsweetened Soy Milk: Organic Soymilk (filtered water, whole organic soybeans), Carrageenan, Sea Salt, Natural Flavor
- 13 Smithfield Cream Cheese: pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums)
- 14 Cheddar Cheese: pasteurized milk, cheese cultures, salt, enzymes
- 15 Whole Milk Plain Yogurt: cultured pasteurized whole milk, pectin, vitamin D3
- 16 Almond Extract: water, alcohol, bitter almond oil
- 17 Vanilla Extract: water, organic alcohol (35%), organic vanilla bean extractives
- 18 Callebaut 815 Semisweet Chocolate: unsweetened chocolate, sugar, cocoa butter, soy lecithin (emulsifier), natural vanilla flavor
- 19 TCHO 68% Dark Couverture Chocolate: cacao beans, cane sugar, cocoa butter, soy lecithin, vanilla beans
- 21 TCHO "Serious Milk" Chocolate: cane sugar, cacao beans, whole milk powder, cocoa butter, nonfat milk powder, soy lecithin, vanilla beans
- 23 Callebaut White Chocolate: sugar, cocoa butter, whole milk powder, soy lecithin (emulsifier), natural vanilla
- 24 Callebaut Unsweetened Chocolate: 100% cocoa mass
- 25 Vanilla Sugar: sugar, organic vanilla beans
- 26 Smoked Turkey Breast: turkey breast, water, salt, sodium lactate, brown sugar, sodium phosphate
- 27 Smoked Salmon: atlantic salmon, salt, evaporated cane juice, spices, fruit wood and hardwood smoke
- 28 Applewood Smoked Bacon: bacon, salt, maple syrup, sodium phosphate, dextrose, sodium erythorbate, brown sugar, sodium nitrite
- 29 Ham: ham, salt, corn syrup, sugar, sodium phosphate, dextrose, sodium erythorbate, sodium nitrite
- 30 Fresh Mozzarella: pasteurized milk, starter, vegetable rennet
- 31 Shredded Mozzarella: pasteurized milk, cheese cultures, salt, enzymes, cellulose
- 32 Brie Cheese: pasteurized cultured milk and cream, salt, enzymes, sodium phosphate, milk protein concentrate, lactic acid, beta

- 33 Mayonnaise: soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium edta, natural flavor
- 34 Dijon Mustard: water, mustard seeds, vinegar, salt
- 35 Chipotle Peppers: chipotle peppers, water, tomato paste, onion, sugar, vinegar, sunflower oil, paprika, garlic, corn, salt
- 36 Curry Powder: spices, turmeric, celery
- 37 Horseradish: horseradish, vinegar, water, soybean oil, salt, artificial flavor
- 38 Gluten-free Tamari: water, soybeans, salt, alcohol
- 39 Sriracha: chili, sugar, salt, garlic, vinegar, potassium sorbate, sodium bisulfite, xanthan gum
- 40 Pickled Banana Peppers: peppers, white vinegar, salt, calcium chloride, sodium benzoate, yellow #5, sodium bisulfite
- 41 Parmesan Cheese: raw cow's milk, salt, rennet
- 42 Capers: capers, salt, vinegar
- 43 Raspberry Jam: sugar, raspberries, water, pectin, citric acid, sodium citrate
- 44 Baking Powder: monocalcium phosphate, bicarbonate of soda, cornstarch (from non-genetically modified corn)
- 45 Rice Krispies Cereal: rice, sugar, contains 2% or less of salt, malt flavor. BHT added to packaging for freshness. Vitamins and Minerals: Iron, vitamin C (ascorbic acid), vitamin E (alpha tocopherol acetate), niacinamide, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin B12, vitamin D.
- 46 Marshmallows: corn syrup, sugar, dextrose, modified food starch (corn), water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate
- 47 Corn Syrup: light corn syrup, salt, vanilla
- 48 Teddie Peanut Butter: roasted peanuts and peanut oil, corn syrup, hydrogenated rapeseed and cottonseed oils, salt
- 49 Bountiful Harvest Shredded Coconut: Coconut, sugar, water, propylene glycol and salt (may contain milk, tree nuts, soy)
- 50 Coconut Milk: coconut extract, water, citric acid, sodium metabisulfite
- 51 Dried Cranberries: cranberries, sugar, sunflower oil
- 52 Dried, Diced, Unsulphured Apples: apples
- 53 Dried Apricots, #4 Turkish: apricots, sulfur dioxide
- 54 Crystallized Thai Ginger: ginger, cane sugar, sulfur dioxide, citric acid
- 55 Dried Tart Cherries: cherries, sugar, sunflower oil
- 56 Dried Currants: currants, vegetable oil
- 57 Cocoa Powder: high fat cocoa processed with alkali
- 58 Feta: cultured pasteurized milk, salt, enzymes
- 59 Goat Cheese: pasteurized goat milk, cheese culture, vegetable rennet, salt
- 60 Kalamata Olives: olives, water, salt, vinegar
- 61 Frangipane Cream: butter, sugar, almond flour, eggs, flour, salt, vanilla

62 Pan Spray (Wesson Brand): soybean oil, soy lecithin, propellant

64 Graham Crackers: unbleached enriched flour (wheat Flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), sugar, graham flour (whole grain wheat flour), soybean oil, high fructose corn syrup, partially hydrogenated cottonseed oil, honey, leavening (baking soda and/or calcium phosphate), salt, artificial flavor

65 Evaporated milk: milk, dipotassium phosphate, carrageenan, vitamin D3

66 Condensed milk: milk, sugar

67 Fat Free Vanilla Yogurt: cultured pasteurized nonfat milk, sugar, whey protein concentrate, nonfat milk solids, whey, vanilla extract

68 golden raisins: raisins, soybean oil, cottonseed oil

69 Great Hill Blue Cheese: raw cows milk, salt, enzymes, cheese cultures, penicillium roqueforti

70 Sour Cream: cultured pasteurized light cream, non fat milk, enzymes

71 Pectin: dextrose, citric acid (assists gel) fruit pectin

72 Grilled Artichoke with Stem: artichoke, sunflower seed oil, white wine vinegar, salt, citric acid, ascorbic acid

72 Fontina Cheese: pasteurized cow's milk, salt, rennet, cheese cultures, preservatives, lysozyme (eggs)

73 Cherry Peppers: hot peppers, water, vinegar, salt, calcium chloride, 1/10 of 1% benzoate of soda (a preservative), FD&C yellow #5

74 Ricotta Cheese: sweet whey, whole milk, sweet cream, culture, vinegar, salt

75 Ricotta Salata: pasteurized sheep's milk, salt

76 Aged Cheddar: fresh pasteurized milk, cheese cultures, salt, enzymes

77 Mascarpone: pasteurized milk and cream, citric acid

78 Cabot Greek Yogurt: pasteurized milk, cream, whey protein concentrate, milk protein concentrate, live active yogurt cultures (acidophilus, bifidus, L. bulgaricus and S. thermophilus,) vitamins, A,C,D,E.

79 Sriracha: chile, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite, xanthan gum

80 Aquafaba: chickpea cooking liquid, salt

80 Great Hill Blue Cheese: raw cows milk, salt, enzymes, cheese cultures, penicillium roqueforti

81 Italian Sausage: Pork, Water, Salt, Spices, Monosodium Glutamate, Sugar, Paprika, BHA, BHT, Citric Acid.

82 NEC Ham: (pork shoulder, water, salt, dextrose, sodium erythorbate, sodium nitrite)

83 Pecorino (pasteurized sheep's milk, cultures, enzymes, salt)

84 Provolone (pasteurized cow's milk, rennet, salt)